

SAPTATANTRA

7

The Seven Dimensions
of Existence

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Table of Contents

Seven Celestial Influences.....	2
Seven Days of the Week.....	3
Seven Seasons	4
Seven Yugas	5
Seven Nearest Stars	6
Seven Constellation	7
Seven Galaxy System	8
Seven Type of Neutron Star.....	9
Seven Types of Supernovae.....	10
Seven Crystal System.....	11
Seven Basic Shapes	12
Seven Basic Geometry.....	13
Seven Types of Angles.....	14
Seven Elements of Art.....	15
Seven Gems	16
Seven Antiquity Metal.....	17
Seven Major Alloy	18
Seven Nobel Gas	19
Seven Diatomic Elements	20
Seven Energy Levels of Atoms	21
Seven Elementary Bosons	23
Seven Types of Decay	24

Seven Fundamental Forces	25
Seven Mechanical Energy.....	26
Seven Types of Magnetism.....	27
Seven Metric Units.....	28
Seven Common Greek Alphabets	29
Seven Steps to Create.....	31
Seven Major Forces	32
Seven Biomes.....	33
Seven Layers of Atmosphere.....	34
Seven Major Tectonic Plates.....	35
Seven Major Continents	36
Seven Seas.....	37
Seven Mountains.....	38
Seven Natural Wonders	39
Seven Layers of Ocean	40
Seven Layer of Soil	41
Seven Taxonomic Rank	42
Seven Endocrine Glands.....	43
Seven Acid Strength	44
Seven Blood Groups	45
Seven Bacterial Cell Shape.....	46
Seven Transformation Fermentation	47
Seven Method of DNA Repair	48
Seven Layer of Skin	49
Seven Fundamental Nutrients	50
Seven Preservation Methods.....	51

Seven Major Art	52
Seven Elements of Music	53
Seven Dance Steps.....	54
Seven Senses	55
Seven Colors	56
Seven Notes of Sound	57
Seven Major Fragrance	58
Seven Fundamental Taste	59
Seven Types of Touch	60
Seven Upper Dimensions	61
Seven Lower Dimensions.....	62
Seven Stage of Evolution.....	63
Seven Geographical Timeline	64
Seven Ecological Succession	65
Seven Fundamental Emotions.....	66
Seven Major Sins	67
Seven Major Virtues	68
Seven Stages of Human.....	69
Seven Type of People	70
Seven Old Civilization	71
Seven Major Rays	72
Seven Major Religions.....	73
Seven Methods of Politics	74
Seven Subjects of Schooling.....	75
Seven Steps of Self-Control	76
Seven Energy Body	77

Seven Methods of Yoga	78
Seven Major Chakras	79
Seven Ways to Attain	80
Seven Rishis	81
Seven Ways to Worship	82
Seven Parts of Temple	83
Seven Children of Shiva and Shakti.....	84

Life in this universe moves in cycles, transforms, reproduces and evolves to develop and sustain in this creation. The Life forces of creation can be grouped into two nonphysical masculine force and five physical feminine force to make the duality in the nature. These forces would dance in harmony to form the seven dimensions interacting with each other thus bringing the microcosm and macrocosm together in a grand unification. All atom in this universe is in unison, quantumly connected with one and other as a single body that's playing the symphony of Birth, Life and Death. Our universe is governed by the limits and constants programed into these seven dimensions of duality. The Seven Grouping System discovered by humanity was learnt by close observation of how nature operates all the life in the universe. This system of understating also works well due to our nature of learning fits well at the package of 7



Seven Members of the Family

Father
Mother
Spouse
Daughter
Son
Brother
Sister





Seven Celestial Influences

Sun

Moon

Mercury

Venus

Mars

Jupiter

Saturn





Seven Days of the Week

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday





Seven Seasons

Summer

Winter

Spring

Autumn

Rainy

Windy

Snowy





Seven Yugas

(Galactic Seasons)

Satya Yuga - 2

Treta Yuga - 1

Dwapara Yuga - 1

Kali Yuga

Dwapara Yuga - 2

Treta Yuga - 2

Satya Yuga - 1





Seven Nearest Stars

Proxima Centauri Star
Alpha Centauri A & B Stars
Barnard's Star
Wolf Star
Lalande Star
Sirius A & B Stars
Luyten Star





Seven Constellation

Ursa Major

Orion

Scorpion

Taurus

Leo

Crux

Cassiopeia





Seven Galaxy System

Sagittarius Dwarf

Draco Dwarf

Canis Major Dwarf

Ursa Minor Dwarf

Small Magellanic Cloud

Large Magellanic Cloud

Milky Way (Core)





Seven Type of Neutron Star

Pulsar

Magnetar

Anti-Magnetar

X-Ray Binary

Rotational Radio Transient

Central Compact Object

Isolated Neutron Star





Seven Types of Supernovae

Type - 1a

Type - 1b

Type - 1c

Type - 2P

Type - 2L

Type - 2N

Type - 2B





Seven Crystal System

Cube

Tetragonal

Orthorhombic

Hexagonal

Trigonal

Monoclinic

Triclinic





Seven Basic Shapes

Dot

Line

Plane

Circle

Sphere

Cylinder

Cone





Seven Basic Geometry

Point

Line

Triangle

Quadrilateral

Pentagon

Hexagon

Heptagon





Seven Types of Angles

Equilateral

Isosceles

Scalene

Acute

Right

Obtuse

Oblique





Seven Elements of Art

Line

Shape

Form

Space

Texture

Value

Color





Seven Gems

Coral

Pearl

Dimond

Ruby

Emerald

Sapphire

Jade





Seven Antiquity Metal

Gold

Silver

Copper

Tin

Lead

Iron

Mercury





Seven Major Alloy

Steel

Brass

Bronze

Aluminum

Solder

Electrum

Copper-Nickel





Seven Nobel Gas

Helium (He)

Neon (Ne)

Argon (Ar)

Krypton (Kr)

Xenon (Xe)

Radon (Rn)

Oganesson (Og)





Seven Diatomic Elements

Hydrogen - H_2

Nitrogen - N_2

Oxygen - O_2

Fluorine - F_2

Chlorine - Cl_2

Bromine - Br_2

Iodine - I_2





Seven Energy Levels of Atoms

K - Shell

L - Shell

M - Shell

N - shell

O - Shell

P - Shell

Q - Shell





Seven Type of Radiation

(EMR)

Radio Waves

Micro Waves

Infrared Waves

Visible Light

Ultraviolet Rays

X - Rays

Gama Rays





Seven Elementary Bosons

Photon

Gluon

W^+ Bosons

W^- Bosons

Z Bosons

Higgs

Gravitons





Seven Types of Decay

Alpha Decay

Beta- Decay

Beta+ Decay

Gamma Decay

Electron Decay

Neutron Emission

Spontaneous Fission





Seven Fundamental Forces

Strong Nuclear Force

Weak Nuclear Force

Electric Force

Magnetic Force

Gravitational Force

Dark Matter

Dark Energy





Seven Mechanical Energy

Kinetic Energy

Potential Energy

Gravitational Energy

Thermal Energy

Chemical Energy

Nuclear Energy

Electrical Energy





Seven Types of Magnetism

Dia-Magnetism

Para-Magnetism

Super-Para-Magnetism

Ferro-Magnetism

Anti-Ferro-Magnetism

Ferri-Magnetism

Meta-Magnetism





Seven Metric Units

Meter

Kilogram

Seconds

Joule

Kelvin

Mole

Candela





Seven Common Greek Alphabets

Alpha

Beta

Gamma

Delta

Sigma

Theta

Omega





Seven Sigma

(DMAIDVC)

Define

Measure

Analyze

Improve

Design

Verify

Control





Seven Steps to Create

Observe

Learn

Work

Think

Experiment

Recreate

Create





Seven Major Forces

Land
Water
Air
Fire
Space
Time
Gravity





Seven Biomes

Tropical Rain Forest

Desert

Savana

Temperate Forest

Grassland

Taiga

Tundra





Seven Layers of Atmosphere

Troposphere
Stratosphere
Mesosphere
Thermosphere
Exosphere
Ionosphere
Magnetosphere





Seven Major Tectonic Plates

Antarctic Plate

North American Plate

South American Plate

Pacific Plate

Indo Australian Plate

African Plate

Eurasian Plate





Seven Major Continents

North America

South America

Africa

Asia

Australia

Arctic

Antarctic





Seven Seas

Arctic Ocean (North)

North Atlantic Ocean

South Atlantic Ocean

Indian Ocean

North Pacific Ocean

South Pacific Ocean

Antarctic Ocean (South)





Seven Mountains

Everest

Aconcagua

Denali

Kilimanjaro

Elbrus

Vision

Carstensen

Kosciuszko





Seven Natural Wonders

Aurora Borealis
Grand Canyon
Great Barrier Reef
Harbor of Rio de Janeiro
Mount Everest
Paricutin Volcano
Victoria Falls





Seven Layers of Ocean

Epipelagic

Mesopelagic

Bathypelagic

Abyssopelagic

Hadopelagic Zone

Thermocline Zone

Halocline Zone





Seven Layer of Soil

O – Organic Layer

A – Topsoil

E – Eluviated Layer

B – Subsoil

C – Parent Material

R – Bedrock

W – Water





Seven Taxonomic Rank

Kingdom

Phylum

Class

Order

Family

Genus

Species





Seven Endocrine Glands

Pituitary

Pineal

Thyroid

Parathyroid

Adrenal

Pancreas

Gonads





Seven Acid Strength

Super Acid
Strong Acid
Moderate Acid
Weak Acid
Very Weak Acid
Amphoteric
Basic





Seven Blood Groups

O+

A+

A-

B+

AB-

AB+

O-





Seven Bacterial Cell Shape

Coccus

Bacillus

Vibrio

Spirillum

Spirochete

Coccobacillus

Filamentous





Seven Transformation Fermentation

Oxidation to Aldehyde

Oxidation to Ketone

Oxidation to Acid

Dehydration to Alkene

Substitution to Halide

Esterification

Ether Formation





Seven Method of DNA Repair

Direct Reversal

Base Excision

Nucleotide Excision

Mismatch Repair

Homogenous Recombination

Non-Homogenous End Joining

Trans Lesion Synthesis





Seven Layer of Skin

Epidermis

Papillary Dermis

Upper Reticular Dermis

Mid Reticular Dermis

Deep Reticular Dermis

Subcutaneous Fat

Muscle/Fascia





Seven Fundamental Nutrients

Carbohydrates

Proteins

Vitamin

Minerals

Fiber

Fat

Water





Seven Preservation Methods

Canning

Freezing

Drying

Salting

Smoking

Pickling

Fermentation





Seven Major Art

Music
Singing
Dancing
Games
Poetry
Painting
Carving





Seven Elements of Music

Drums

Cymbal

Air Instrument

String Instrument

Harmonium/Piano

Natures Sound

Human Voice





Seven Dance Steps

To Bend
To Stretch
To Jump
To Turn
To Glide
To Dart
To Rise





Seven Senses

Sight

Sound

Smell

Taste

Touch

Space

Time





Seven Colors

Violet

Indigo

Blue

Green

Yellow

Orange

Red





Seven Notes of Sound

Shadja (Sa) - C
Rishabha (Re) - D
Gandhara (Ga) - E
Madhyama (Ma) - F
Panchama (Pa) - G
Dhaivata (Dha) - A
Nishabda (Ni) - B





Seven Major Fragrance

Fresh

Pungent

Citric

Sweet

Mint

Woody

Burnt





Seven Fundamental Taste

Sweet

Sour

Salty

Spicy

Savory

Tangy

Bitter





Seven Types of Touch

Contact

No-Contact

Hot

Cold

Pain

Comfort

Tickle





Seven Upper Dimensions

I (Self)

Human

Biotic Life

Earth

Solar System

Milky Way

Nothingness





Seven Lower Dimensions

I (Body)

Organs

Tissues (cells)

Molecules

Atom

Energy

Nothingness





Seven Stage of Evolution

Ameba

Fish

Frog

Lizard

Mammals

Humans Beings

Cosmic Beings





Seven Geological Timeline

Cambrian

Ordovician

Silurian

Devonian

Carboniferous

Permian

Neo-Protozoic





Seven Ecological Succession

Pioneer

Intermediate

Climax

Deflected

Cyclic

Micro Succession

Seasonal Succession





Seven Fundamental Emotions

Anger

Hate

Fear

Confusion

Empathy

Inclusion

Love





Seven Major Sins

Pride
Greed
Lust
Envy
Gluttony
Wrath
Sloth





Seven Major Virtues

Chastity
Temperance
Charity
Diligence
Kindness
Patience
Humility





Seven Stages of Human

Children

Youth

Lover

Seeker

Wise

Leader

Master





Seven Type of People

Dependence

Labor

Worker

Thinker

Defender

Ruler

Sage





Seven Old Civilization

Atlantis

Indus

Xia

Mesopotamia

Egypt

Mayan

Etruscan





Seven Major Rays

Indian
Chinese
Russian
European
African
Arabian
American





Seven Major Religions

Hinduism

Buddhism

Judaism

Christianity

Islam

Taoism

Atheism





Seven Methods of Politics

Religion – Guru & Disciple

Monarchy – King & Family

Military – Commander & General

Dictator – President & Board

Republic – Chief & Party

Democracy – Prime Minister & Cabinet

Hybrid – Training & Posting





Seven Subjects of Schooling

Yoga
Ayurveda
Mantra
Tantra
Yantra
Rajya
Samsara





Sven Steps of Self-Control

Breath

Sleep

Hunger

Sex

Talk

Anger

Want





Seven Energy Body

Etheric Body

Emotional Body

Mental Body

Physical Body

Casual Body

Astral Body

Celestial Body





Seven Methods of Yoga

Upa

Tula

Asanas

Pranayama

Mudra, Mantra, Bandha

Dharana, Dhyana, Samadhi

Nirvana





Seven Major Chakras

Base - Muladhara

Sex - Swadishthana

Naval - Manipuraka

Heart - Anahata

Throat - Vishuddha

Forehead - Ajna

Cosmic - Sahasrara





Seven Ways to Attain

Bhakti

Gyan

Kriya

Karma

Prakruthi

Jagrath

Nirvana





Seven Rishis

Agastya

Atri

Bhrigu

Gautama

Kashyapa

Vasishtha

Vishvamitra





Seven Ways to Worship

(Pooja)

Bhoomi - Holy Mud

Thirtam - Holy Water

Deepam - Holy Fire

Samarani - Holy Smoke

Mani - Holy Sound

Pushpam - Holy Smell

Aum - Holy Words





Seven Parts of Temple

Lingam – Ellipsoid

Trisulam – Trident

Mani – Bell

Gopuram – Tower

Kundam – Pond

Nandi – Bull

Nagam – Snake





Seven Children of Shiva and Shakti

Murugan

Sundari

Jyoti

Saraswathi

Lakshmi

Kali

Ganeshan





Humanity is a seven headed snake trying to comprehend their existence in Seven different ways. The seven stages of human life with the twelve-year solar cycle gives eighty-four years for humans to complete a full life span which again is debatable like the grouping system mentioned in this Book



