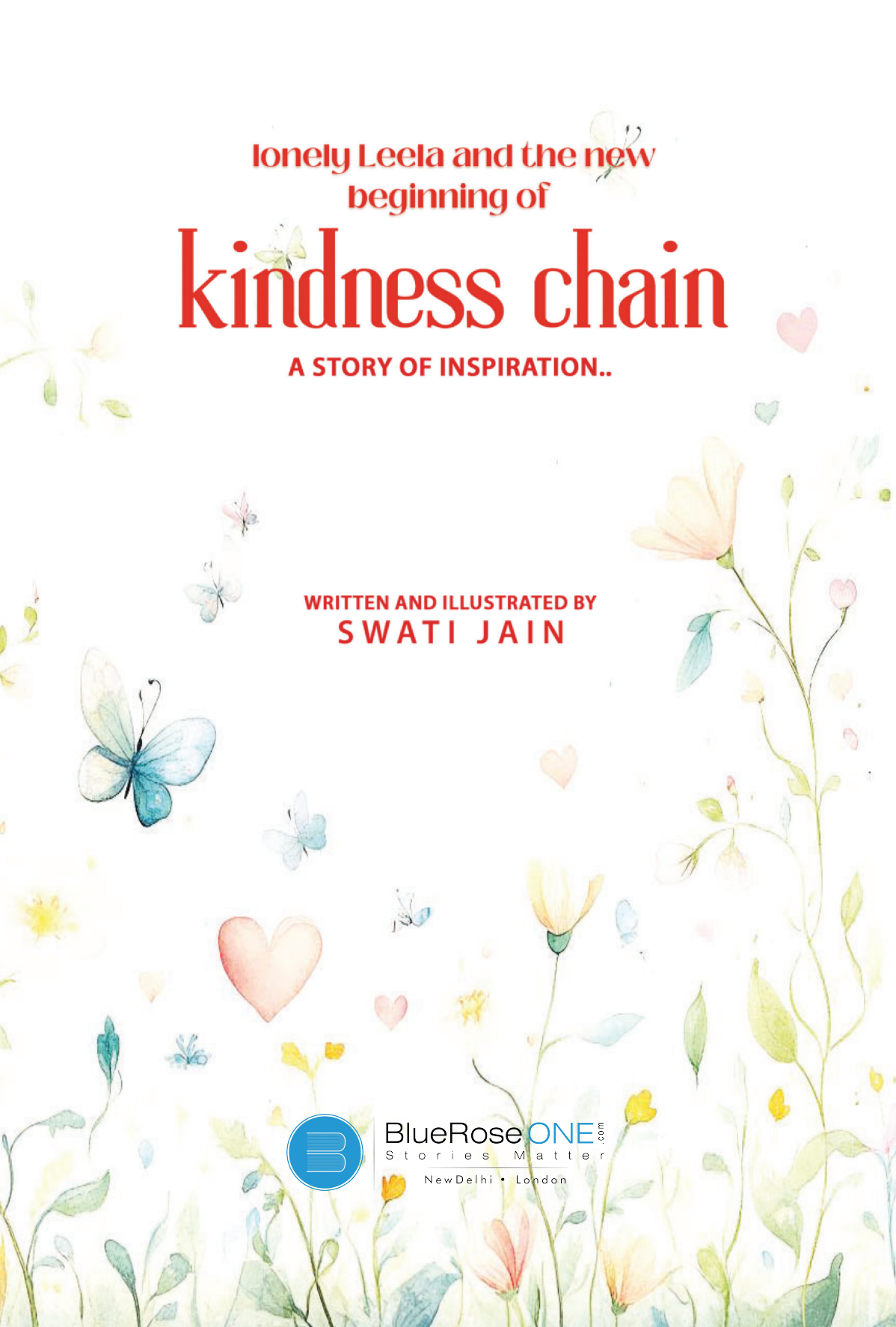


The background of the cover is a soft watercolor illustration of a garden. It features various flowers in shades of yellow, orange, and pink, along with green leaves and stems. Several butterflies in blue, yellow, and pink are scattered throughout the scene. There are also several heart shapes in soft colors like pink and orange. The overall style is gentle and inspiring.

lonely Leela and the new
beginning of

kindness chain

A STORY OF INSPIRATION..

WRITTEN AND ILLUSTRATED BY
SWATI JAIN



BlueRoseONE.com
Stories Matter
New Delhi • London

BLUEROSE PUBLISHERS

India | U.K.

Copyright © Swati Jain 2025

All rights reserved by author. No part of this publication may be reproduced, stored in a retrieval system or transmitted in any form or by any means, electronic, mechanical, photocopying, recording or otherwise, without the prior permission of the author. Although every precaution has been taken to verify the accuracy of the information contained herein, the publisher assumes no responsibility for any errors or omissions. No liability is assumed for damages that may result from the use of information contained within.

BlueRose Publishers takes no responsibility for any damages, losses, or liabilities that may arise from the use or misuse of the information, products, or services provided in this publication.



BlueRose ONE
Stories Matter
New Delhi • London

For permissions, requests or inquiries regarding this publication,
please contact:

BLUEROSE PUBLISHERS
www.BlueRoseONE.com
info@bluerosepublishers.com

+91 8882 898 898
+4407342408967

ISBN: 978-93-7139-962-3

Cover Design: Swati Jain
Typesetting: Sagar

First Edition: June 2025

Introduction

Swati is a Fashion designer, Author and Artist

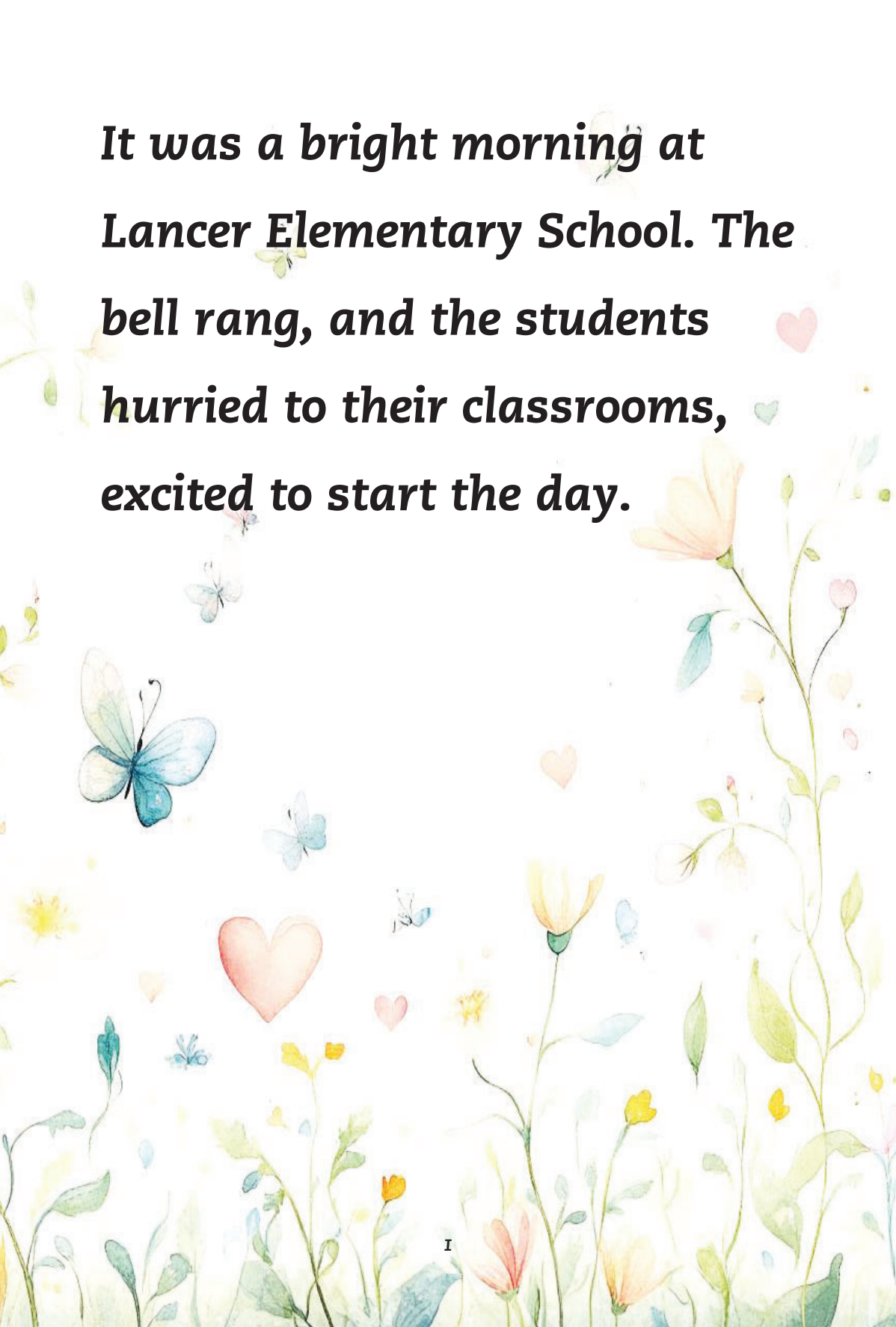
Studied in National Institute of Fashion Technology (NIFT Delhi) India. She is based in Pune, India. She used to write stories in her holidays and she try to create something new related to sustainability to support NGOs, poor schools and Orphanage.

This book is Dedicated to my kids Vian and Valentina with best wishes and the big dreams inspired by all those bedtime stories we read together, when you were small.

My heartfelt thanks to my husband and family for encouraging me and BlueRose publishers for publishing my book of kindness.

Thanks

**It was a bright morning at
Lancer Elementary School. The
bell rang, and the students
hurried to their classrooms,
excited to start the day.**





**Among them was Leela, a
quiet, thoughtful girl who
always sat in the back row.**

**Leela always had a smile on
her face even when no one
noticed her.**



**She loved reading, drawing,
and helping others. She was
close to her classmates. Leela
shared lunch and laugh at
silly jokes with friends, but
overtime, things changed.**

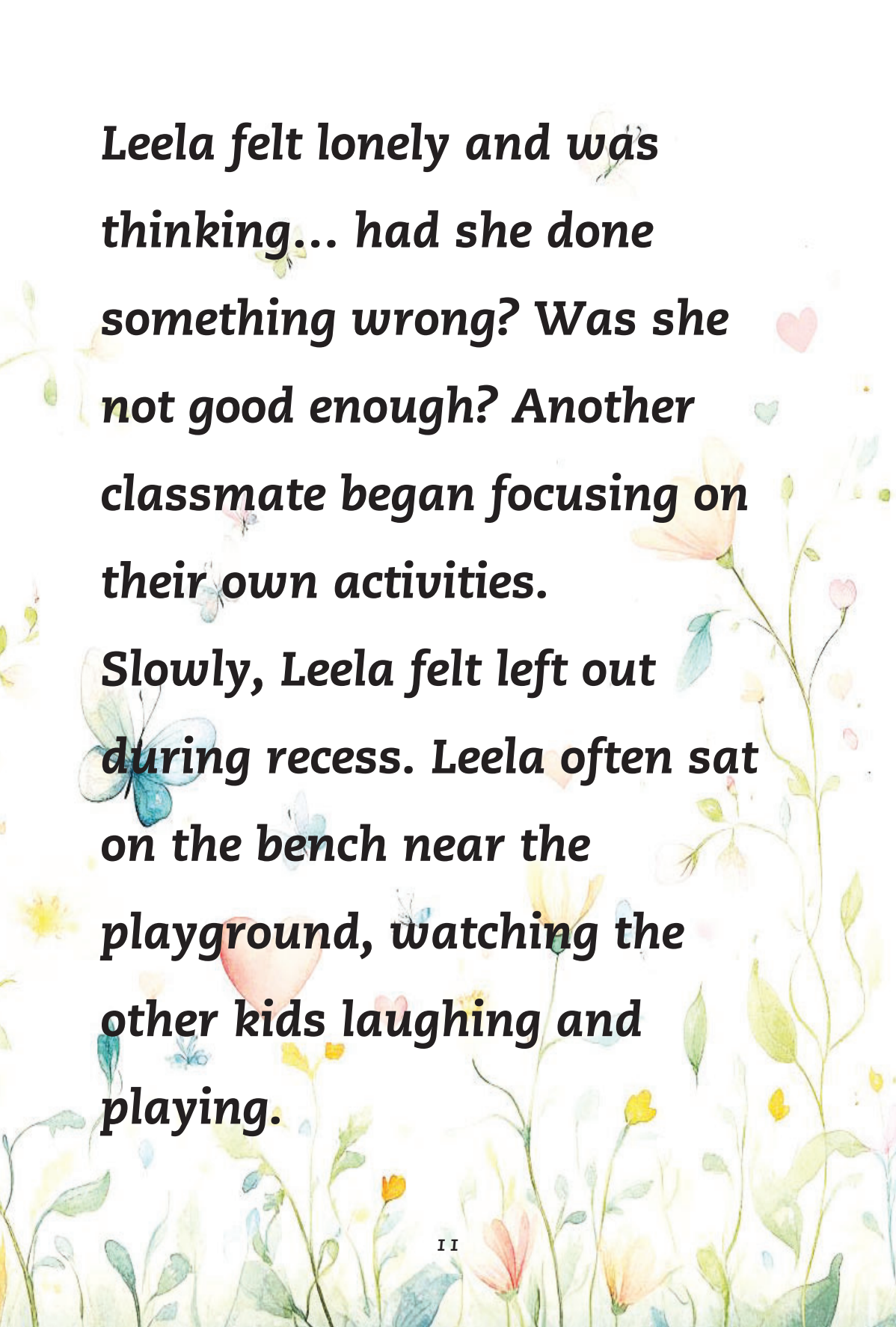


Her best friend Sam joined a new group of friends. At first, Leela didn't mind. She thought that Sam was making new connections, but soon she noticed the distance growing.



**Sam no longer holds a seat for
Leela at lunch. Their inside
jokes became old memories,
and the worst of all was when
Leela needed to talk but
unfortunately , Sam was
always too busy.**

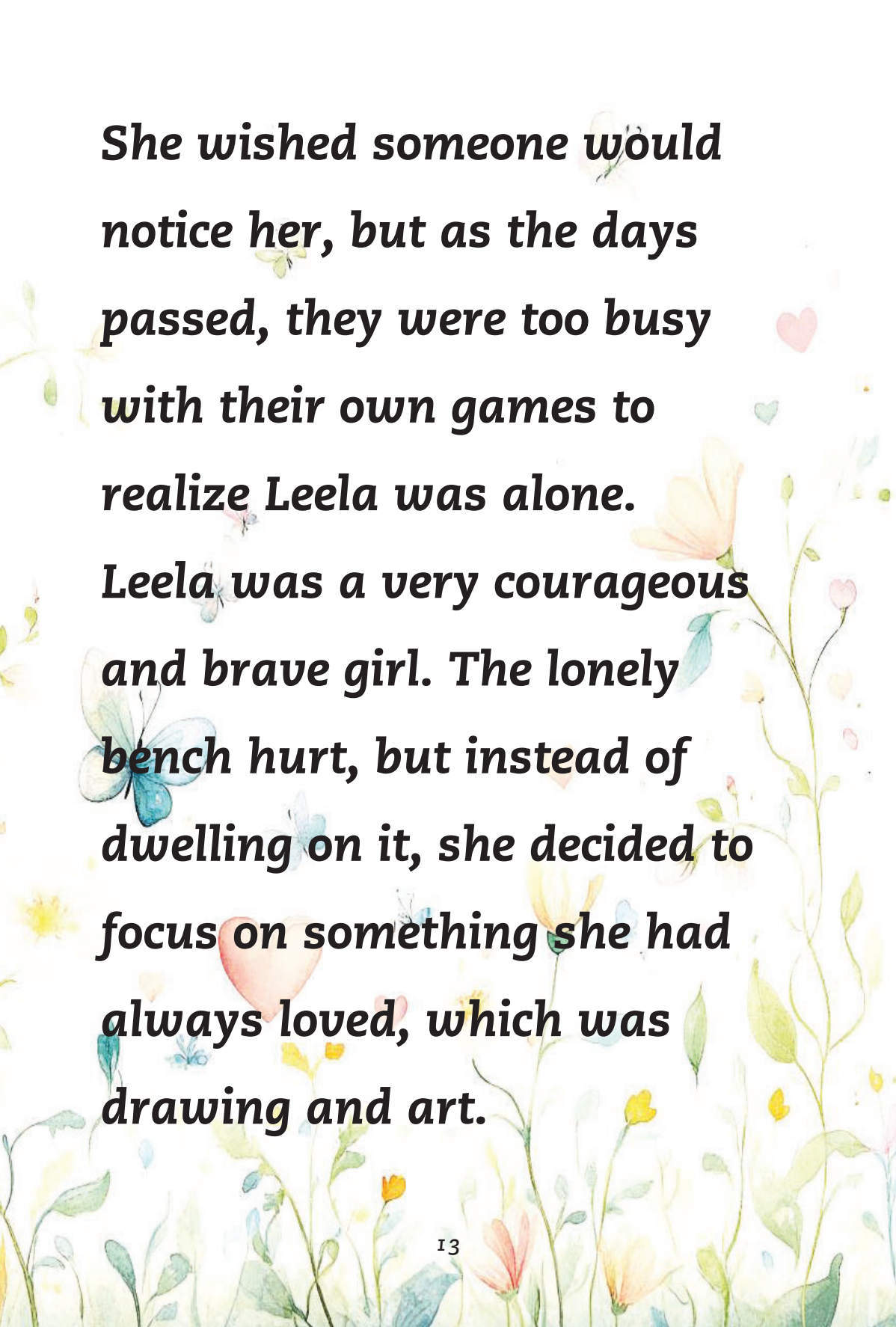




Leela felt lonely and was thinking... had she done something wrong? Was she not good enough? Another classmate began focusing on their own activities.

Slowly, Leela felt left out during recess. Leela often sat on the bench near the playground, watching the other kids laughing and playing.





She wished someone would notice her, but as the days passed, they were too busy with their own games to realize Leela was alone. Leela was a very courageous and brave girl. The lonely bench hurt, but instead of dwelling on it, she decided to focus on something she had always loved, which was drawing and art.



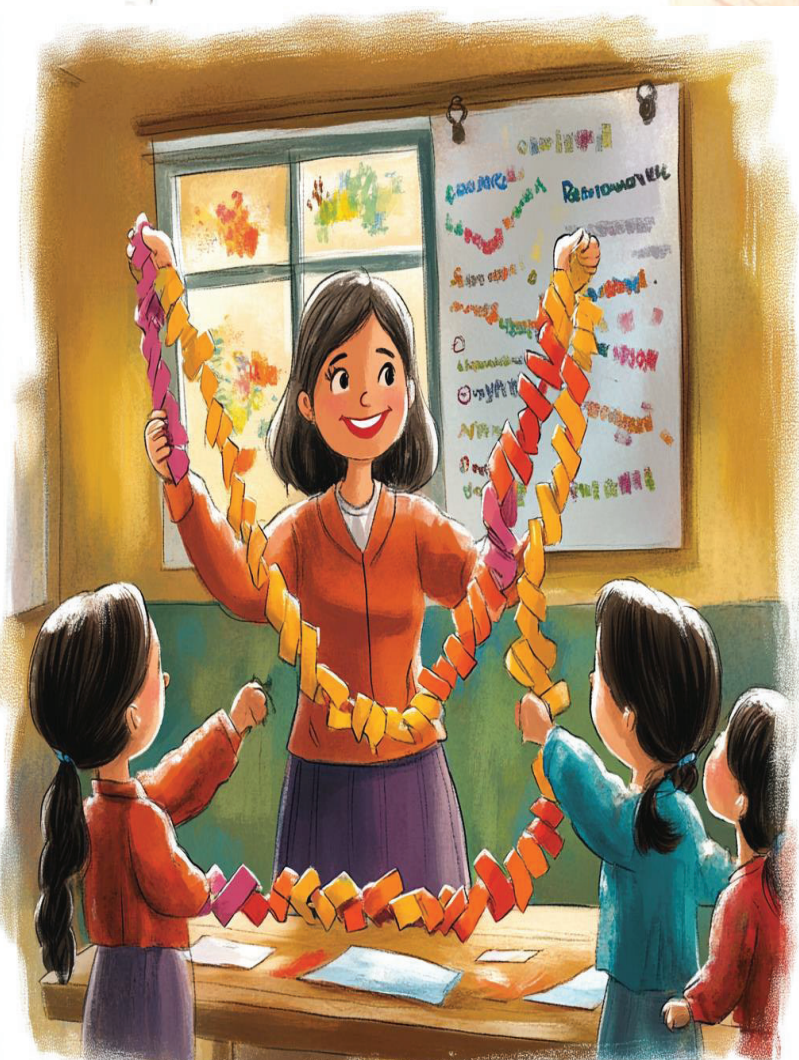
At first, it was just a way to pass the time, but later, as days turned into weeks, she realized something... that drawing was not just a distraction. It was her escape, her peace, and most of all, her strength. She poured her emotions into her art.



**In her society drawing
competition, she also won a
first prize.**



One day, the class received a special project. The teacher, Mrs. Bakshi asked them to create a “kindness chain”. It was a group project.



**Kids need to write and paint
about the kindness chain
project. Leela, Kelvin, and
Sam, the most popular kids in
class, were in the same group.**



**Kelvin and Sam whispered
about Leela that she never
talks.**



**As they started the project,
Leela hesitated at first.**

**Unsure of what to write and
paint but then later Leela
surprised them.**



She had amazing ideas, her drawings were incredible and she even helped her group to solve a problem they were stuck on.

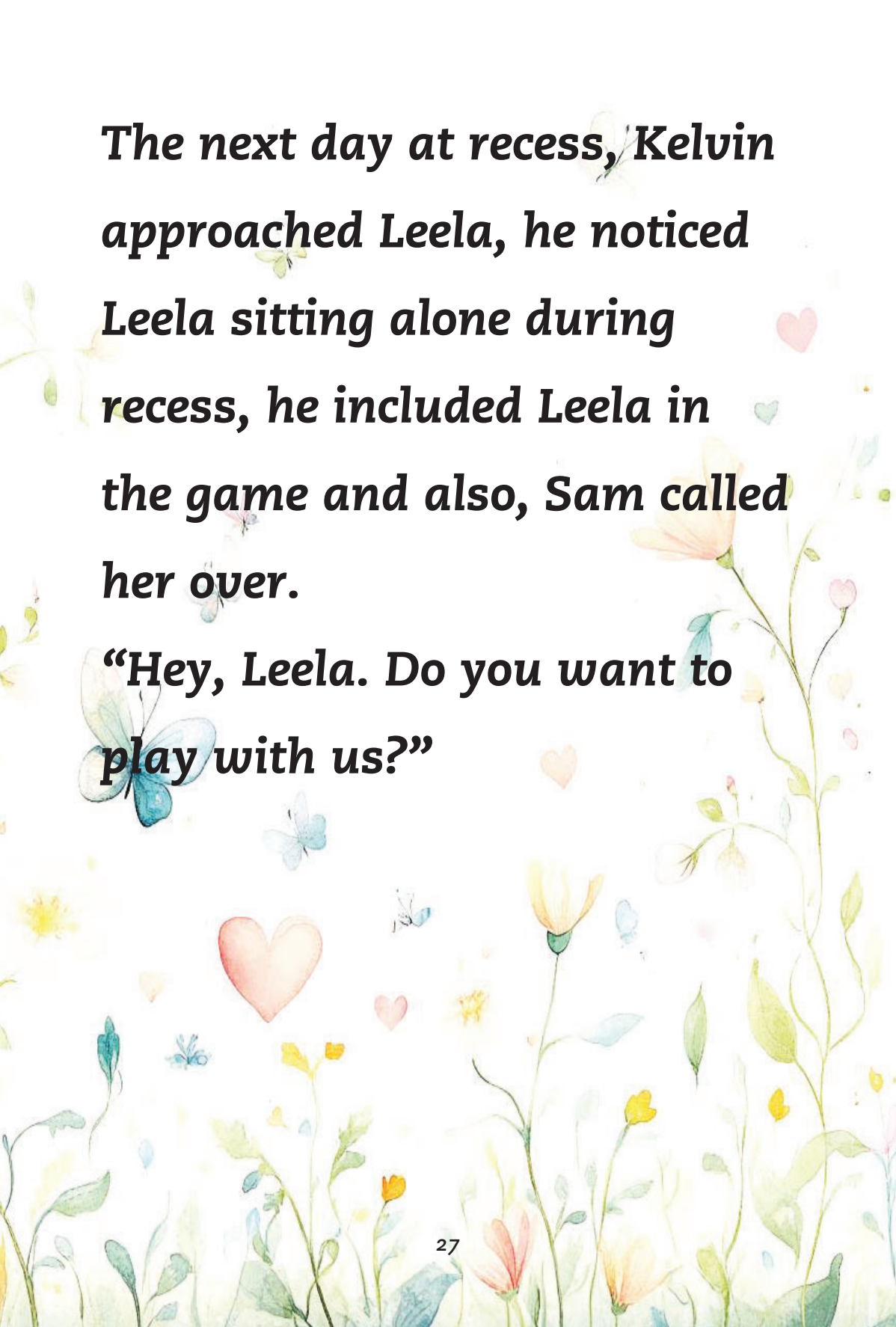


All groups started working on an act of kindness chain.

Later, kids saw Leela was really smart at her work.

Everyone admitted and appreciated her for her amazing drawings. Leela smiled and said, “Thanks” to everyone.



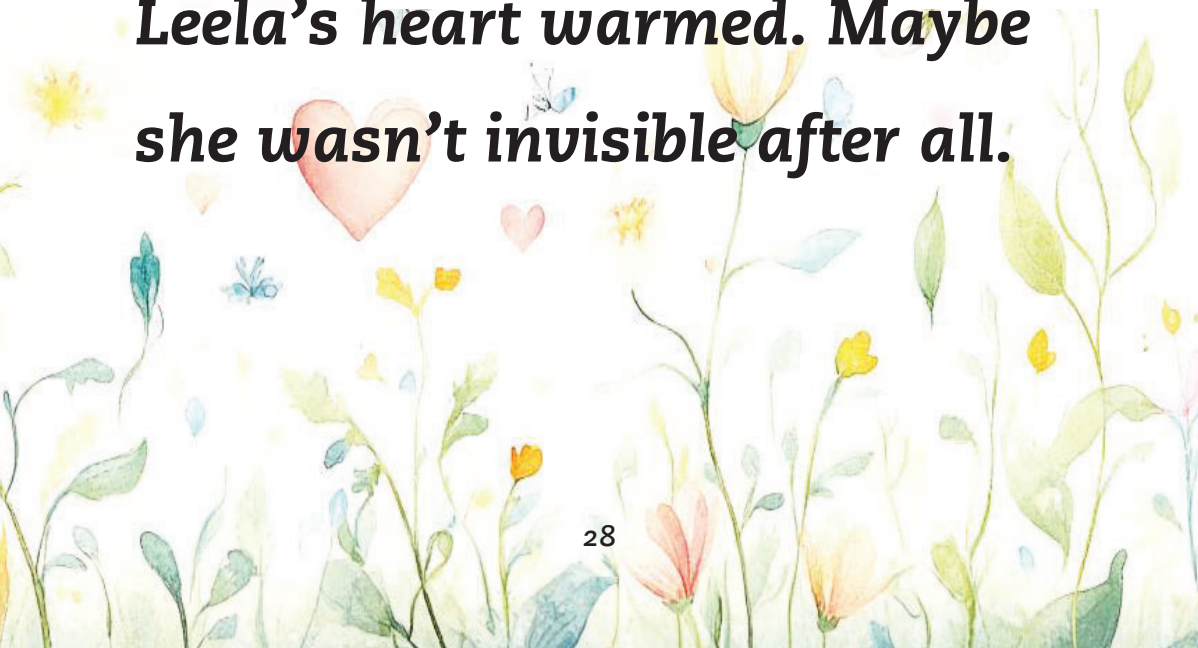


The next day at recess, Kelvin approached Leela, he noticed Leela sitting alone during recess, he included Leela in the game and also, Sam called her over.

“Hey, Leela. Do you want to play with us?”



Leela's heart warmed. Maybe she wasn't invisible after all.



The next day, Kelvin asked Leela again during recess, “Hey, Leela,” he said. “There is a new girl Eva who wants to join us in an act of kindness. Can we include her.” This shows how dedicatedly and honestly Leela’s group is working on the kindness chain.



Leela's face lit up with joy.

"Really??? I would love to!" As

they played, other classmates

**began to notice how fun and
friendly Leela was.**

They realized they had been

so focused on their own lives

that they forgot to look

around and care for everyone

in their class.



Kids decided to do something kind; like at lunch time, Sam dropped her crayons all over the floor. Kelvin helped her to pick them up.



Sam said thanks to Kelvin for help. Other students in the class also started helping each other and spreading kindness. Kelvin, feeling extra cheerful, decided to keep the kindness going.



**From that day on, Leela's
lonely bench became a
gathering spot, where no one
sat alone for long.**

**A small action of kindness can
inspire others and make the
whole world a better place.**

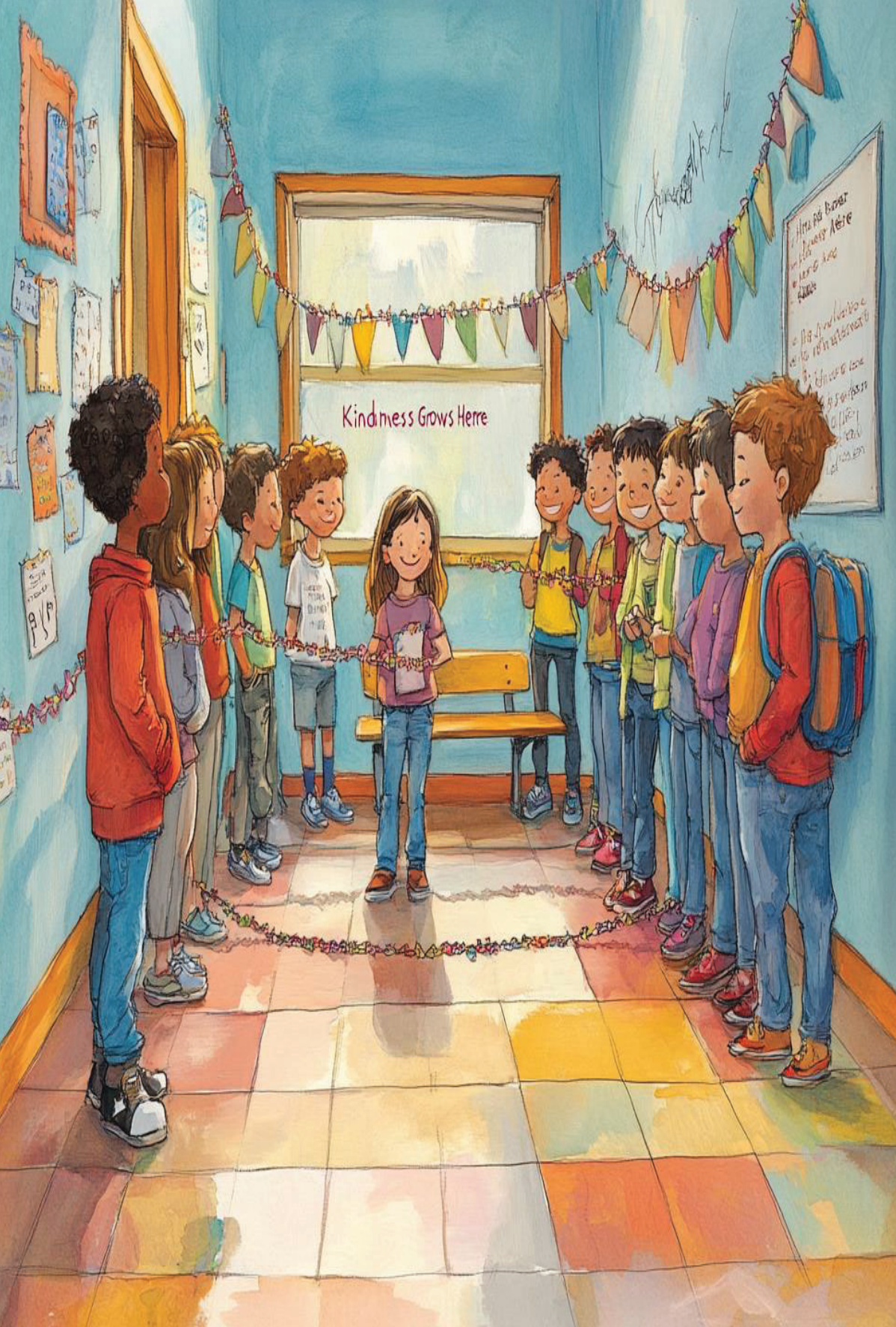


The class learned an important lesson: friends might see Leela no longer sit alone and the kindness chain grew longer, each Link a reminder of how small acts of care could make a big difference.



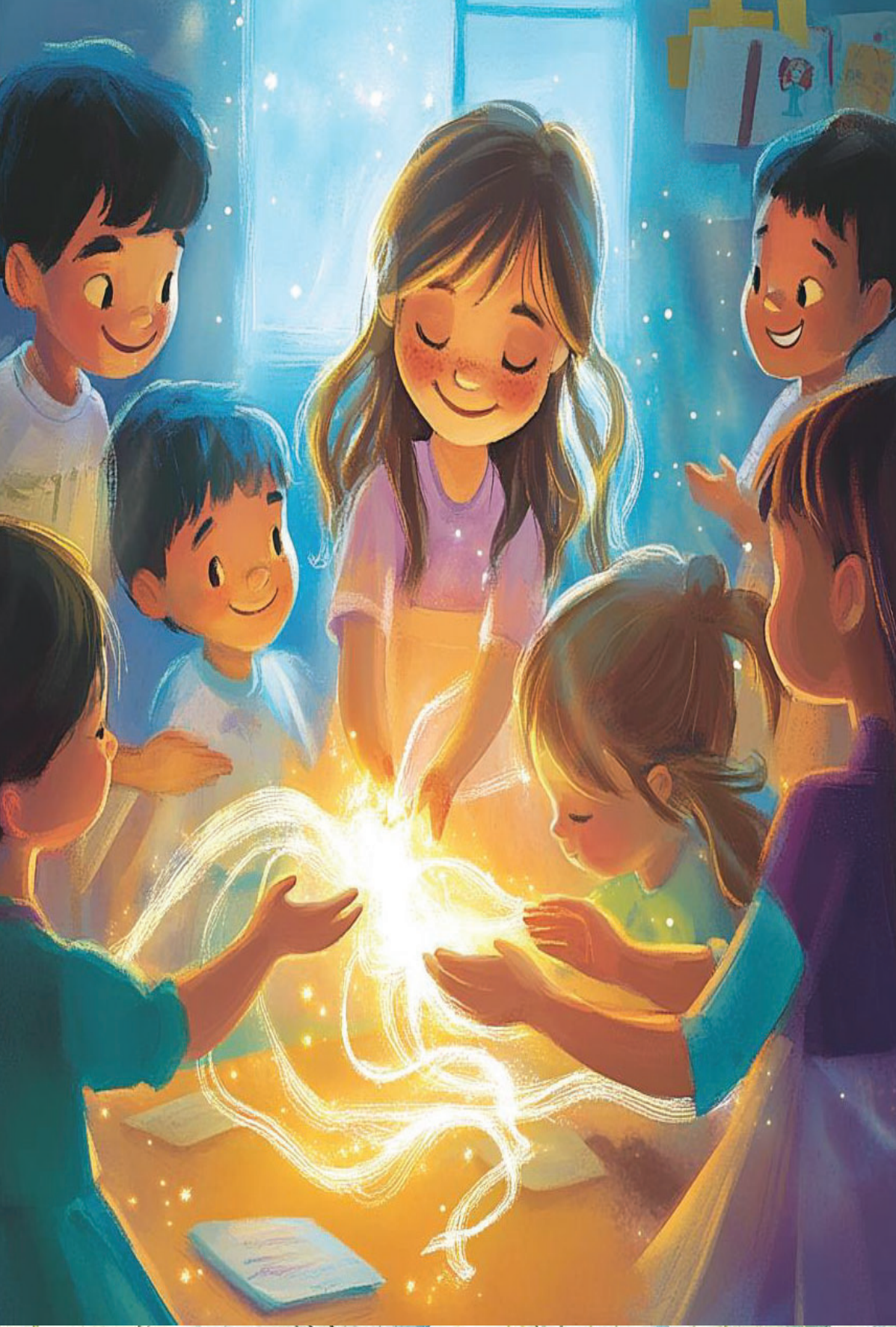
**Moral of the story is just
because someone is quiet
doesn't mean they should be
ignored. Everyone deserves to
be seen.**

**Everyone should take the first
step to include all.**



**The small act of kindness
could brighten someone's day.**

**Kindness is giving hope to
those who think they are
alone in this world...**



Activity

Date	Act of Kindness	Tick mark

Write and share your "kindness acts to win surprise gift drop email at
(Swati.fashion.7@gmail.com)