

See the Sea



Deepa Abraham



See 🗨️ the Sea!!

First Edition

Author

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INSC International Publishers

Title of the Book: See  the Sea

Edition: First-2022

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ISBN:

MRP:

PUBLISHER & PRINTER: INSC International Publishers

Pushpagiri Complex, Beside SBI

Housing Board, K.M. Road

Chikkamagaluru, Karnataka

Tel.: +91-8861518868

E-mail: publish@iiponline.org

IMPRINT: I I P



Book Review_2021

‘See the Sea’ is a beautiful book that enhanced my perception of life by widening my outlook and enabling me to see any challenge or demand as an opportunity that is waiting to be pursued. As Deepa rightly says in the book, phenomenal growth comes from fine tuning the rhythm of life.

Well done Deepa. Good writing.....!!



Ambily Mareena Cheriyan
Architect, Adobe,
Bangalore, South India

Acknowledgement

From reading this book, it is evident that Deepa is a gifted communicator. I can see that the writing is not simply from intellectual accent but from life experiences. Throughout the book, you will come across interesting analogies, anecdotal stories, a plethora of illustrations and scripture references.

At the close of each chapter, she puts out a question that makes this a perfect resource to ponder personally and discuss with friends or family and, if applied carefully, can help turn your crisis to crossroads.

Thank you, Deepa, for your thought-provoking examples especially referring to God as the centre and anchor of life and the need to perfectly align human lives to his will to receive clarity and purpose. I am excited to recommend this book to you and consider it a great privilege to write a review.

I wish Deepa success in all her future endeavours!

Dr. Susan Varghese
Acute Physician United Kingdom

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THE PEOPLE WHO ARE
VISIONARY ENOUGH TO
RECOGNIZE THE ENORMOUS
OPPORTUNITIES WE'VE BEEN
GIVEN IN THIS NEW DIGITAL
AGE, AND WHO ARE BRAVE
ENOUGH TO DEMAND AND
SEEK OUT HAPPINESS NOT
ONLY IN THEIR LIFE BUT ALSO
IN THEIR WORK.

***“Between B & D –
See the ‘C’s”***

“Between B & D – See the ‘C’s”

Preface

Life could be a very interesting piece of puzzle but it could be very difficult to ‘see’ the ‘sea’ of opportunities when stricken by ‘crisis’.

What could be the real reason behind not being able to focus on the ‘C’s that would enhance the vitality of life ?

It could be a kind of ‘myopia’ that leads to a ‘short-sight’, in being able to ‘see’ the ‘sea’ of opportunities!!

Chapter 1

Let’s delve deeper & explore the options hidden within the 7 C’s or the ‘Seven Seas’ of possibilities.

In ancient civilizations ‘*Septem Maria*’ is a figurative manner of speech and a phrase that refers to the ‘Seven Seas’ which is apparently denoting all the water bodies or seas. As a matter of fact it denotes a combination of all the lagoons separated from the open sea near Venice. Now it could include the Indian Ocean, Black Sea, Caspian Sea, Adriatic Sea, Persian Gulf, Mediterranean Sea & the Red Sea.

Geographers probably have a different way of listing the water bodies by suggesting that the seven seas represent the Atlantic, Pacific, Arctic & Indian Oceans as well as the Mediterranean Sea, the Caribbean Sea & the Gulf of Mexico.

But in this context the 7 C’s being depicted shows the depth and substance in the 7 critical components that can be considered to be the ‘cutting edge’ factors perhaps which can turn a ‘Crisis’ into a ‘Cross-road’ that brings us into a ‘Tryst with Destiny’.

Chapter 2

a) Let's start with Charisma

Apparently it is so intriguing to note that the Greek word *‘kharisma’* means *‘favor’* or *‘grace’* which is a gift and it implies that which is *‘simply supernatural’*. Now there could be conflict situations which may be dealt with congenially but the gesture being exhibited should reinforce passion, selfless commitment and a genuine feeling of camaraderie!!

b) After a glimpse into a magical attribute like charisma which is perhaps just the icing of the cake, let's have a good look at Clarity.

I have never come across a term more beautiful than ‘clarity’ simply because of the pristine appeal and the precision behind demonstrating something so chaste and pure like ‘childlike simplicity’ & ‘innocence’.

There are so many exponential expressions that outline the essence of the term **‘Clarity’**.

I would like to turn our focus to expressions like the clarity of water and fresh air but there is more intrinsic worth and value in the clarity enhancement techniques used on a carbonated state of matter such as ‘diamond’ in its ultimate state of evolution.

Is it not amazing to see how mere Carbon evolves into a crystal clear piece of diamond. What more the

“Between B & D – See the ‘C’s”

clarity enhancement techniques used for precious gems like diamonds cannot be compared to any other gem. This involves methodologies like deep boiling and this procedure simply removes the traces of the black compound in the inclusion cavity depending on the carat & content of the diamond and replaces it with a translucent white inclusion.

The beauty of such a process lies in the fact that the Universe can be likened to a giant wheel and the potter is the creator who works his way through our lives and holds the strings at his will. Deeply intense strokes of perfection could be a very painful process but the pruning experience proves to be productive as the worthless characteristics is chopped off and the fissures or crevices within our personality is gently filled in with a uniquely translucent ‘aura’ like none other. Can we then call it beauty for ashes??

c) Choice – Between the B & D do we see that ‘Life’ is a matter of “Choice”?

When Life gives us the liberty to choose between the fruit of life eternal do we dare to give up our souls for all the profit in the world? Can a richman see through the benefits & luxury? Is there not a vacuum that we can call quest and can we not attribute this to the longing of an unfulfilled soul ?? Can a camel pass through the eye of a needle? Is it possible for a man to be born afresh with a renewed state of mind ? Can we choose to be a rising, resurrecting Phoenix??

It is possible to strike a balance called the ‘golden mean’ by not compromising on our hard core beliefs and values when lured by all the wealth in the world?? Is it

“Between B & D – See the ‘C’s”

not the eight wonder of the world that we forget the momentary nature of our lives that can be likened to the grass in the field which is here today and gone with the wind the next day.

Chapter 3

d) Control

Control and Conduct have a very deep connection factor, because the way we behave is well connected with the way we perceive things. We see a power struggle, when we feel that control is the by word, for feeling powerful and important. In relationships it could also mean that it is imperative be able to govern ones' own affairs with discretion and have the autonomy to do so. It is also synonymous with the need to fulfill a sense of belongingness that every individual craves for deep within and so it is important to be able to earn respect and carve out a niche for yourself.

e) Contentment

Moving on we can see that **contentment** is yet another term that signifies that it is **possible** to feel comfortable and experience joy even with the **‘simple things of life’**. After all what is the secret to contentment? Can we correlate between providence & destiny and try to understand that God in His Sovereign power orchestrated the creation and restoration of the Universe through a proven principle of restitution & redemption.

The creation and the path of restitution clearly demonstrates the depth of the ardent love of God and His steadfast faithfulness. So the Psalmist in the sacred scriptures mentions and accurately depicts his hearts cry as he prays with a *broken & contrite spirit*. In fact the joy

“Between B & D – See the ‘C’s”

of Gods salvation is the essence of Godliness and it is foolishness to those who are perishing but life eternal for those who believe in the truth of Gods written word.

Chapter 4

f) Character

It is the ultimate mark of strength both emotional and intellectual and is an integral component in building our lives. There are many characters in world history and biblical history and there is no greater test of character than being able to withstand the test of time with an audacity of hope & tranquility amidst severe crisis and hard struggles and the notion is “**In God we Trust**” ! But the honest question is: “Do we”?? Can we cross all conventional boundaries like a maverick and live up to a simple question “Is it really Us & We” at the end of the day ?? Be it personal lives or professional lives! Does selfless commitment and zero expectancies work miracles?? Then United we STAND.

g) Cupids Arrow

This cupid's arrow is not simply symbolic of a statement ‘*I Love You*’ but rather it is a sacred love triangle that completes the culmination of deep connections with God at the center. In totality love is the best known expression of respect and a symbol of not just being human but also divine at the same time. So the sacredness of a concept that we hear much too often must not be undermined or devalued by mere physical attractions and erotic ecstasy or even just infatuations. The ardent expression of love is better expressed in being able to go strong regardless of the situation and even when the going gets tough!!

Chapter 5

Conclusion

To conclude on the in-depth evaluation of the ‘C’s , may I conclude, with a note on the **love triangle** . This is to re-define a culture that sets its focus back on God, as a love triangle that does not involve God in the center of its being, is likely to lose its significance and become a lack – luster relationship , simply because of the dearth in vital elements or components such a *truth & sincerity*. The epitome of an ultimate relationship is not just physical involvements , neither is it the benefits that come from a contractual relationship but it is unconditional in nature and most certainly a *once in a life-time experience!*

***“It’s a Different Bowl
Game!!”***

It's a Different Bowl Game!

Dedication

This E Book is dedicated to my father who died 13 years back on the 27th of June owing to a fatal heart attack.

In this E Book I have tried to explain my view points in a coherent manner and I have been inspired by a great work , that my father used to tell me as a child and that was the story related to the ants called 'Learn from the Ants'.

However I have put in efforts to learn from a "Bowl" and a "Shaft" based on 'relativity' and 'connectivity' from the everyday experiences of LIFE.

Chapter 1

What do we understand by the term 'bowl'?

Yes it is a very simple question but can we compare a 'bowl' to a 'laver'? Well a normal bowl is what we use for our day to day activities in the kitchen but a 'laver' is a large Jewish ceremonial basin and it denotes something like a jar used for the purpose of cleansing or to wash.

I am amazed by the depth and contrast of words and wisdom that adds a totally new dimension which is what I am referring to as 'a different bowl game'!!

The reason why a bowl is a matter of interest to me is the following:

- I can see LIFE through a Bowl
- I can feel LIFE through the features of a Bowl
- I can hear LIFE resonating through the interiors of a Bowl

'A Bowl', is generally a round, deep, dish or basin used for retaining substance! However there are umpteen or several synonyms to characterize the features of 'A Bowl' and they are:

- Hollowness
- Indentation
- Oddness
- Concavity &
- Archness in terms of its structure.

It's a Different Bowl Game!

The intriguing aspect of the 'bowl' is the fact that the indentation or the dips to me means the dips and the tips of Life. It also means that valleys and mountain top experiences have a deep correlation, which may not be rocket science but it does point to a way of interconnecting, interweaving and interlocking certain facets or integral components without which LIFE is incomplete.

A deeper and closer look shows us that the inherent ability to retain and contain substance adds to the quality & depth of life. It is natural that LIFE has its up's and downs, but the recess of the 'bowl', can now be compared to the 'heart and the mind'!

There are many branches of Hindu Philosophies also that spreads light on the nine different domains or core components of the universe such as:

- Earth
- Water
- Air
- Fire
- Ether or Akasha (in Sanskrit meaning 'Sky')
- Time
- Space
- Soul &
- Mind.

What is of great interest to me is the fine line distinction between the 'soul' and the 'spirit'. While the bowl paves way to understand the structure and is being characterized to have

It's a Different Bowl Game!

a deeper look at the core components for human existence, it is also unveiling the roots to productive and fruitful existence. ***The word 'Akasha' in Sanskrit is derived from its root 'kas' meaning 'to be visible'. What more it seems to be a masculine noun in Vedic Sanskrit with a generic meaning "open, space or vacuity"!!***

Look universal principles and simple laws in mathematics like the methods of exponents the place values , the operations that involve a simple subtraction or a multiplication with the minuend and the subtrahend or the multiplicand with the multiplier it does mean that in order to acquire a positive result, we have to follow certain rules in LIFE. These cardinal rules are important to safeguard the sanctity and sustainability of our existence.

Life takes a hollow turn and it could be too shallow and therefore pretty much existential in nature but that is not the end of the story. Just like how we shape our body, our thoughts shape our future and destiny. These themes are being spun around into a single cable that enables us to connect and relate better. The Body , Soul and Spirit is the intrinsic aspect of our Bowl that signifies LIFE itself with all the twists and turns that makes it a meaningful experience all together. What more the visibility of having to set the right priorities regardless of how you feel makes it all the more important to be able to see and perceive!

More often culture and strategy are very deeply connected and here I have taken the 'Bowl' and the 'Shaft' as symbolic pieces of information but it is in order to weave a picture of a heavenly culture and the right mindset to propel the ship of LIFE towards the light of HOPE.

Chapter 2

The word ‘**Shaft**’ is derived from the *Latin term ‘Scapus’, ‘Stem’ or Greek ‘Skeptron’ meaning ‘Staff’ or ‘Scepter’ meaning “Beam or Ray of Light” like the phrase a “A Shaft of Sunlight”!!*

Technically it also means an oscillating bar for transmitting motion and usually supported by bearings and gears like the propeller shaft of a ship.

Alternatively, a bowler in a game of cricket propels the ball with a straight arm towards the batsman, typically in such a way that the ball bounces.

This reminds me of the term ‘Relativity’ which is correctly defined as the *“state of being dependent for existence on or, determined in nature, value, or quality by relation to something else”* and it holds true in Physics too particularly in a Theory formulated by Albert Einstein which states that *“all motion must be defined to a frame of reference and that ‘Space’ and ‘Time’ are ‘relative’, rather than absolute concepts.*

So the “Shaft” and the “Raft” share a mutual connection, as a ship being propelled in the right direction will obviously enjoy the advantage of smooth sailing with no dearth in buoyancy which is in essence the **“spark of life”!**

Chapter 3

We have all heard of the famous old adage “*A Stitch in Time Saves Nine*” *and* it simply means that the prompt action taken towards patching up or sewing up a small hole or tear, in a piece of material will save the need for more stitching at a later point of time when the hole or in *this case the vacuum becomes bigger and the damage due to ravages of time becomes irreparable!*

These expressions and idiomatic phrases, serves the purpose of striking certain key notes in our brain with clinking of syllables that add a meaning and vitality to a given situation. Although this phrase is similar in nature to the Anglo Saxon work ethics, it simply means that it is definitely superior to put in efforts and take immediate action than to procrastinate and put off things for a later date because what if tomorrow never comes ?

So in order to weave a ‘heavenly culture’ and to nurture the right mindset it would be appropriate to take stringent and ruthless measures to carve out a mindset that would incorporate the following vital elements:

- Values
- Priorities
- Behaviors
- Standards
- Morality
- Relationships and
- Social Norms

It's a Different Bowl Game!

In Hebrews Chapter 4 Verse 12 in the New Testament we see that ***“The Word of God (Life) is quick and powerful and sharper than any two-edged sword piercing even to the narrow divisions of the soul and spirit and of the joints and marrow and is a discerner of the thoughts and intents of the heart”***.

Apparently it is interesting to note that the three fold nature of man's intrinsic being is illustrated in different ways and Dr. Clarence Larkin uses three circles to depict the same. The outer circle stands for the body, the middle circle stands for the soul (imperishable) component and the inner circle for the spirit.

It is also worthwhile to note that the outer circle of the Body is depicted as touching the material (perishable) world through the five senses of ‘Sight’ , ‘Smell’ , ‘Hearing’ , ‘Taste’ and ‘Touch’.

The Gates of the Soul component however points to the hidden recess of the heart and mind and involves ‘Imagination’, ‘Conscience’ , ‘Memory’ , ‘Reason’ and ‘Affection’....!!!

The Spirit however receives clear impressions of outward and material things through the ‘Soul’ factor and the two are distinct and separable but interconnected and so the spiritual faculties of the Spirit are ‘Faith’ , ‘Hope’, ‘Reverence’ , ‘Prayer’ and ‘Worship’.

Chapter 4

Conclusion

In conclusion I have to say that the being perfectly aligned to the Creator God without giving too much of an impetus or onus on the material aspects of life would mean harnessing the ability to get a camel to go through the eye of a needle!

Needless to say the right combinations and perfect alignment to the greater purpose in Life will add more meaning and value to the things that money cannot buy and as result it is an eye-opener to the fact that direction of our Life and the ups and downs can be rectified by setting the right priorities and with the right connections which will 'Add Life to Life'....!!!

***“The Empress of
Dirt”***

Dedication

In this E-Book, I have tried to base my observations in an analogous manner as I have been an avid listener to a couple of motivational series, that I have subscribed to on 'Valuetainment' in Youtube.

I was intrigued by Pat, a half Armenian American who run's hundred's of videos on motivational subjects and owns his own PR Agency in the USA. In his book 'Doing the Impossible' he delves deeper into three main aspects that would enable individuals to attempt to do the 'IMPOSSIBLE'.

Off course 'IMPOSSIBLE' by itself means 'I AM POSSIBLE' and not just 'PLAUSIBLE' or 'PROBABLE'!

Chapter 1

‘Advice’, is probably the cheapest commodity because it is available in plenty but it is different when what you are offering is not just advice but rather ‘Experience’!

Pat, is also one among the millions of fortunate individuals who learned it the hard way as the saying goes ‘When the going gets tough the tough get going’! Having shared his experiences about how bad it felt in hitting rock bottom, I was able to sense and relate to the pain and agony **‘Behind the Potter’s Wheel’!**

In an Age of Digital Revolution, succeeding the fourth industrial revolution after globalization, it is important to understand that attempting to do the impossible is a great attribute and to nurture the right perspective is a great asset.

This reminds me of the story of Ulysses and his struggles, conquests, toils, and tears before he could finally reach his beloved homeland. The storms and the ravages of time and the atrocities that he was having to face reminds me of the word F.E.A.R, which can also be expanded as FACE EVERYTHING AND RISE. ‘The Sprig of a Moly plant or a Greek magical herb’, is what defended Ulysses from the bewitching spell of the enchantress but the story does not end there because the brave Ulysses was able to restore his men from their disastrous plight!

Chapter 2

Directing our focus back to doing the impossible also means focusing and following the good examples of those who had a tryst with destiny and proved instrumental in shaping the course of history.

v **Recreating yourself by investing in your own identity means unlocking your hidden potentials.** While trying to twist and turn the ‘KEY’ into a doorknob allows the door to ‘UNLOCK’. Similarly, self-awareness and confidence in building a better version of yourself and having the will and the willingness to do so mean unlocking the hidden potentials of greatness.

v **Identifying the root causes or limiting beliefs and barriers allows a change in attitude that determines the ‘altitude’.** What more elevating the thoughts and trying to build confidence by focusing on the bigger picture enables you to be whom you want to be and you have a higher calling!

v **By setting targets to achieve impossible goals and getting into the habit of being a habitual performer raises the sailing bar for superior performance.** Thomas Edison is a well-known name as he made history by inventing a workable solution to generate electricity and spread light to the world at large. But if he had a limiting belief he could not have obtained a record-breaking success in the history of mankind.

Chapter 3

What more how about turning our focus to the 'LOTUS'!

A Lotus (Scientific Name: 'Nelumbo Nucifera'), symbolizes purity, chastity, beauty, grace, charm, richness in terms of its profoundness and serenity. The beauty of the lotus is symbolic of the fact that although it stands upright in murky, dirty and shallow waters of a pond, the roots are firmly based in the mud and the petals of the flower are always naturally raised above the water- surface.

So it signifies that by opening our mind and attempting to do the impossible by simply challenging our limiting factors we are in a better position to adorn the beauty of profoundness and wear it gracefully. It doesn't matter from where we come from or and it is not in the looks alone but the quality of the 'content' which shows in our 'character' and our 'value' based 'belief systems'!

Chapter 4

Conclusion

So, being pruned by the Potter means the painful experiences of hitting rock-bottom paves the way for leaving a trail where a path never existed. This reminds me of the well-known story of the Wizard of Oz and what is striking is the reality of the ‘Wizard’ who actually resonates the tone of something magnanimous but proves to be a very simple person who created a heart for the TINMAN and brains for the SCARECROW!

“My Rice Barn”

Preface

“Jack and Jill went up the hill to fetch a pail of water and Jack fell down and broke his crown and Jill came tumbling after.....”

Lets look at LIFE from the lens of two familiar protagonists Jack and Jill and I personally love them a lot and their initiatives in taking baby- steps in delving deeper into gaining some insight! At the outset there is so much of simplicity and beauty behind the ‘simple things of LIFE’ as Jack and Jill, set out to both explore and exploit the fascinating dimensions of a Rice – Barn and the implications of the “Rice – Barns” in our lives...!!

Chapter 1

Although a typical rice-barn could be hypothetically a very intimate and internal structure of an old home. It is not in the sturdiness of a structure but the intrinsic value that it adds to the home that matters.

Our lives could be metaphorically compared to a home that gives us a comfort level where we feel at ease but the minute we are forced out of our comfort zones we feel the pinch of harsh reality and find it hard to seek a remedial course of action.

‘Jack and Jill’ have not left any stone unturned in exploring an adventurous path and utilize every moment to add value through their experiences and today in the 21st century we term it as ‘Experiential Learning’.

Capturing a moment in life was more than just an exquisite display of knowledge but rather wisdom and insight playing into each other at a pace that adds value to experiential learning.

Chapter 2

Jack and Jill were trying to climb up a hill and this seemed like an experience of life-time. In an effort to pull up their sleeves and climb up their hills and mountains of difficulties, they find their dreams and visions totally shattered and scattered by a fatal slip in the lap of destiny.

How do they overcome their limiting beliefs and inhibitions in their journey and ‘River of Life’....?? Is the broken crown or injury his Rice Barn?? = □ Going back to my childhood days I have always been in an awe of my rice barn as I have seen my granny and grandpa storing grains and rice produces from the rice crops into a wooden rice-barn which was more than just a sturdy structure that had no aesthetical significance.

There was nothing that could be done to extract it and nothing that could be done to fix it □ =. It was an integral part of our old ancestral home which could only be refurbished with it and no amount of re-engineering process could help renovate it, having extracted it.

Afterall it was never a good idea to re-invent the wheels, even if it were to be a process!!

Chapter 3

Jack would have loved to wear different hats and put on his thinking caps and exchange places with a design engineer or consultant. While engineers play a pivotal role in building the nations infrastructure, we as individuals are the building blocks of society depending on what our intrinsic worth is and the five fingers of a palm together holds things in its place.

Engineers probably have a thought process and a pattern of thought by which they can provide technical solutions but it may not be possible to exploit a treasure trove of infinite wisdom, that can be applied to a specific situation or scenario by having to gain from sheer experiences no matter how brutal it maybe.

Jacks injury like any other individual could be a good example of not just physical mishaps but it could be way too deep in terms of being able to probe into the propensity or predisposition of having to understand the length, height, breadth and depth of his emotional injury or wound.

Jack and Jill seemed to have fallen amidst their careers or something important to them and seem to be struggling with a well founded recovery syndrome.

Chapter 4

Their inhibitions, hurts and failures could be stepping stones and pivotal moments that could change their sorrows to joy ONLY if their able to overcome their limiting beliefs and perceptions that could be termed as Rice- Barns!!

Although they can build on their mishaps by simply looking at a given scenario from a different angle of thought, there is a natural inclination to feel depressed , hurt and disappointed due to inhibitions and addictions that prove to be a slight form of dysfunctionality but yet there is nothing that can stop anyone from adding to their unique value.

Curbing one’s propensities and inclinations towards indulgences, inhibitions and limiting beliefs by simply changing one’s mindset is the way to overcome limiting beliefs like a slum-dog millionaire!!

The prominent question however is this my Rice-Barn?? Is this your Rice- Barn?? Can we change it into a treasure trove of not just memories and sheer memoirs but rather something that would really add intrinsic value to our lives.

Chapter 5

Will my ‘River of Life’ be dominated by mishaps and hurts from the past that would inhibit me from propelling towards an enviable destiny??

We may not be in a position to play the role of a design engineer or design consultant or have a basic conceptual understanding of the design engineering process which is supposedly a methodical series of steps that normally engineers resort to in creating simplified and generalized models with detailed conceptual designs and design communications.

But I would rather give more credit to a scaffolding technician who exercises due diligence in building the frame of his LIFE from the lens of Jack & Jill. If Scaffolding can be technically compared to the structure of ‘My Rice-Barn’, I would rather consider it to be an advantage than an acute disadvantage even if its like the autistic syndrome or tendencies of trail-blazers like Albert Einstein and people of great creative genius who were mindful of contributing to the development and sustenance of mankind.

Chapter 6

Conclusion

My ending notes would be to incite more thoughts on the intrinsic value of a Cantilever Scaffolding main frame that has the innate ability to overcome obstacles and hurdles and mitigate the risk that prevents a scaffolding tower from being erected by reducing the probability or chances of anything that could possibly cause irreparable damage or permanent harm.

The dawn of realization lies in the fact that you can change your script because there is an eternal dimension to LIFE as well. Its just a matter of time, space and distance but not limited to or by the known dimensions of the human mind.

***‘Shark Tank’ is a
‘Jigsaw Puzzle’– I
Will Tell You Why!!***

Preface

In this little piece of vignette, I have ventured into using some allegorical expressions and running themes in order to do a review of a popular 'Reality Show' exclusively for budding entrepreneurs having the ability to scale new heights.

'Shark Tank' is one of its kind in bringing together talent and tenacity and has the ability to help people to bring their ideas to fruition . I am taking this opportunity to thank my mentors who have unknowingly contributed in putting this brief piece of literary work together.

In this particular review I am looking at the 'Sharks' who are obviously business magnets, who dared to 'hitch their wagons to the stars' and the caricature in depicting the same is by looking at it from the eyes of a 'Kohinoor Diamond'!

Chapter 1

“Every act of creation is first an act of destruction” – Picasso

The Koh-i-noor Diamond is obviously one of the most famous and oldest diamonds in the world and it is a Persian name which actually means: “Mountain of Light”. The Darya-i-nur Diamond is also a Persian crown jewel and weighs about 186 carat and means “Sea of Light”, “River of Light” or “Ocean of Light”.

The Diamond meets some of its ‘Colonial Cousins’ and they are the “Sharks” featuring in the “Shark Tank”. It is very intriguing to develop a deep understanding and look at objects and people from a different angle and that is what the ‘Kohinoor Diamond’ is trying to depict.

First of all, “*our*” precious diamond (a true gem to the core), meets the ‘Musgravite’. Apparently this is a precious stone and hails from the family of the ‘Taaffeite’ and it was first discovered in 1967 in the Musgrave Ranges of Southern Australia. It is an incredibly rare and hard stone and ranges from a colorless grayish white to a purple. The beauty of the grayish white colorless translucent stone is that it represents a handsome shark who could also be a Casanova at heart. But white here symbolizes childlike simplicity, aggressiveness, wholeness, completeness, perfection and purity. He is the notorious billionaire and the owner of “Dallas Mavericks”!!

Secondly, “*she*” meets the ‘Pink Star’ formerly known as the Steinmetz **Pink** diamond, weighs 59.6 Carat, which is

'Shark Tank' is a 'Jigsaw Puzzle' – I Will Tell You Why!!

incredibly rare and had been sold by Sotheby's for record 83 Million USD\$ deal. This lovely fancy vivid pink color also characterizes unconditional love and nurturing kind of care and authentic concern and it is none other than the 'Shark' who is the owner of his own creative brand FUBU. A multi-billionaire it maybe a story of rags to riches but truly an unprecedented one.

Thirdly, "*our dear Kohinoor*" proceeds to meet 'Red Beryl' stone which is also known as a 'Scarlet Emerald' and is only found in Utah & New Mexico in the only commercial mines found in the Wah Wah mountains of Utah. Apparently 'Red Beryl' has been described to be 1000 times more valuable than pure gold. She is none other than the Queen of QBC and a self-made multi-millionaire herself. It is also beautiful to note that 'red' is a vibrant color and 'give me red' is a slogan that quite denotes passion, vigor and vitality with a strong dose of sensuality, ambition and fervent determination that ignites the spark of life.....!!

Chapter 2

Fourthly, it is time to meet the basking chalky blue 'Benitoite'. It is an electric blue to purple gemstone first discovered in 1907 and very specimens is known to be found in Arkansas & Japan. But the only commercial mine is in San Benito County, California and is said to be the official state gem of the State of California. He is none other than the ravishing and very handsome , technology Moghul who is an immigrant himself and found his way through his cyber security business which has earned him a fortune.

Fifthly, "*the Kohinoor meets*", her very lovely rival cousin the "Jadeite" . It is informally known as 'Jade' and it is a semi precious stone which is also incredibly valuable and has a lovely deep green translucent color. It is found very rarely in limited quantities in Myanmar and a Jadeite necklace, has been known to be sold at Christie's auction house for nearly 10 Million USD\$. Green is color of balance and growth and it can also mean self-reliance as a positive trait and possessiveness as a negative.

Chapter 3

The last one “she” meets is Mr Wonderful. He can be described to be the “Alexandrite” which is an extremely rare and valuable gem which has the ability to for rare color changes as it is a variety of mineral ‘Chrysoberyl’ and is said to be the ‘emerald by day’ & ‘ruby by night’ but has a natural bright yellow color. The color yellow depicts the attribute of the mind and intellect and is very optimistic and cheerful in nature. Mr Wonderful is a multi-millionaire as he is a venture capitalist and a very astute business tycoon.

The beauty in seeing objects and people from a different lens is a streak of ingenuity wherein there is a lot of scope for connectivity and collaboration. The Shark Tank has a lot of attributes that endears itself to millions of people and one such trait is credibility and professionalism. So many people who visit the Shark Tank are able to fix the broken pieces of their life together like a jigsaw puzzle simply because a few people had the rare vision and resolve to “hitch their wagons to the skies”.

Chapter 4

So many individuals and families who were hit by crisis and seeping recession were able to sustain themselves without sinking because of the rare choices, that they made in seeking help and support, with re-inventing ideas and bringing it to fruition. The lessons learnt from past experiences are helping individuals to realize the value of proper business valuations and modeling in order to position themselves for growth, with proper returns on their time and investment at the cost of a share of their equity.

This exemplary example drives me to ponder on odds of life. For example, if we look at a seahorse we rarely pause , to appreciate the creativity and exclusivity of a success story of things that are very “unique”. It is shaped a horse with a crown like coronet on top of its head, a pouch and a tail. In fact it is amazing to note that the thickness of the ‘coronet’ are like the DNA of a human being that depicts important characters for the identification of the species like the finger prints of an individual.

Chapter 5

It is also interesting to note that the 'Seahorse' is able to move its eyes in opposite directions at the same time so that it can look for more food while keeping an eye on the predators. This is precisely what happens in Shark Tank and that is another reason why I like it. It could be very difficult to convince the Sharks who are keen on assessing the 'killer instinct' in people seeking fruitful partnerships but it is a very rewarding exercise eventually for both parties who get to share the profits retain earnings with the potential for "growth".

"Our Goals can only be reached through a vehicle of plan in which we must fervently believe and upon which we must vigorously act. There is no other route to success" – Pablo Picasso

It is so beautiful to note and understand that Picasso the Spanish artist had made a legacy for himself by his 'Style & Approach' and Cubism was a manner of art in which he deconstructed the conventional norms like a maverick from past precedents.

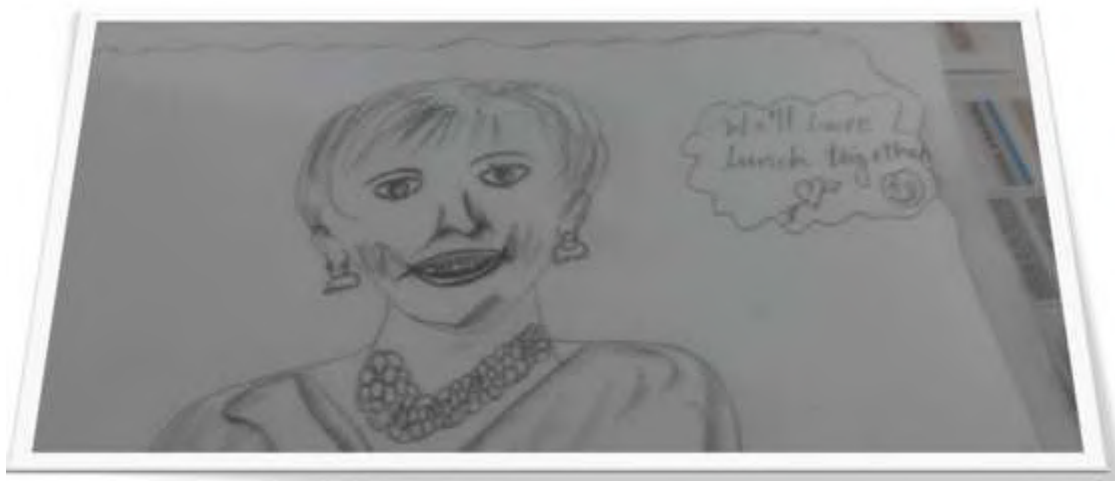
He dominated the painting style, in the Renaissance Age, by revolutionizing the innovative style of using the 3 dimensional approach when using form and space. Form and Space were critical elements in his style of art as he was keen on creating a continuum of a collage in depicting playful compositions of texture , quality and versatility.

'Shark Tank' is a 'Jigsaw Puzzle' – I Will Tell You Why!!

Another *unique* and rare piece of craftsmanship, is what I would call “*Aranmula Kannadi {Mirror}*” *which is the sum and substance of 5 decades of artisanship.* The myth about the origin of this craft and its secret composition is very intriguing because it dates back to the Vedic period and the mirror-making technology is still a secret. In fact, this is one such phenomenon where a ‘Mirror’ is not made out of glass but instead of a very special kind of micro-structural alignment of a particular kind of copper-tin and bronze alloy mixture that showed reflective properties as in glass. In fact this special characteristic of the bronze mirror has been well known in the villages of South India and has been used in temples and palaces of ancient days.

So to conclude, it is important to note that phenomenal growth comes with fine tuning the rhythm of life . It is then possible to fix the broken pieces of a puzzle that we call Life by simply joining the right dots that makes Life complete!! Through the odds, Life has its own way of making us who we are but the question is : Do you & I have, what it takes to ‘step up in style’ as against all odds ???

Barbara Corcoran – ‘A Simple Bio’



“Barbara Corcoran – “Biography”!!

Preface

Hello Pals, Is it not really a mystery to understand that ‘LIFE’ is too short ?

Yet, the eighth wonder is to accept that there are ‘things that money cannot buy’ and I am inspired by a few brainy quotes like “Aspire to inspire before we expire”.....

The reason, why I would consider it to be a great privilege to right a ‘simple bio’, is because of the great losses and severe setbacks , I have personally had in life. I believe it is important to draw inspiration from a few people who have tried to go the extra mile regardless of the consequences.....

Barbara Corcoran is one such inspirational individual who has “dared to dream, without fear and limits”.....

Chapter 1

Barbara Ann Corcoran was born into a big family of 10 siblings including herself on the 10th of March, 1949.

Although she has fiercely guarded her private and personal life with no random sobriquet's or pseudonym attached to her public profiles....It is clear to me that she is a self-made person and seemed to have learnt it all the hard way!!

Born in New Jersey , I am sure the 69 years of her life has bought into existence a whole big business empire under the sublime and transcendental blues of an America where there always was and has been ample opportunities, for everyone and values, not just nailed to the ‘Statue of Liberty’...!!

Chapter 2

Having graduated from St. Aquinas College and majored in Education, she soon started teaching at the age of 23 years in a School nearby and started taking up a lot of part-time jobs including ‘Agency and Broker jobs’, for Renting Real-Estate Apartments and homes and this was a breaking point for her as she embarked on a journey that changed her life forever!!

Today, she is not just a successful woman entrepreneur but an adorable wife and mother too.....I quote Barbara “Good Salesmanship is nothing more than maximizing the positive and minimizing the negative”!!

I have always believed that ‘Success is not really about validation but rather more about acceptance not just of our selves but also other’s’!!.

According to Mark Twain: “The secret of getting ahead is getting started “.

From this life review and biography what I tend to achieve is the satisfaction of bringing together other lives in order to aspire , accept and inspire beyond limits.....!!

Chapter 3

I am a regular viewer of ABC’s Shark Tank and I am also an avid reader and creative writer and the ability to see beyond what is visible at the outset has driven me write a biography of a woman who has gone the extra mile!

A columnist for ‘More Magazine’, ‘The Daily Review’, and the ‘Redbook’ are a few of the places where she has been featured other than live TV Reality Shows like ‘Shark Tank’ and ‘Larry King Live’! She has also written several books like: “Amazing places to live the rest of your LIFE”!!

Apparently, “To Live is the rarest thing in the world when most people merely exist” !! Being in the Real Estate business for very long means that very few women fare well in a man’s domain. She has been dealing with multi-million dollar bargains and has vested interests in huge group named after her called the ‘Corcoran Group’. Her ethos and down to earth personality far outweighs her tangible worth but what I really do admire is her dedication towards her adopted daughter Katie who has learning disabilities.

Chapter 4

Normally, if a biography is more about a detailed description of a person’s personal and professional life that portrays the ‘persona’ of an individual, to me it realistically means ‘Adding Life to Life’ through real life events that inspire!!

I have read a little about her husband a navy captain and their son Tom and I am glad to note that they have a lot of beautiful memories to cherish as well.

Through the many episodes that I have seen on Shark Tank, I have always had a lot of respect for Robert, Mark, Kevin, Daymond and Lori as well .This means the Shark Tank is one such place where I have seen a perfect synchrony of those prodigies who gel in together and put their mind and expertise to work in a way in which they are able to get multiple returns.

Chapter 5

Conclusion

To conclude, the same multiple returns can be both witnessed and experienced if we simply take a minute to read what is not visible at the outset through many a trials and turmoil, together it is possible to mount up on eagles wings....!! Think about it.....if only, we have the courage to be kind and dare to tread a path that even angels dare to tread!!!

A Moment of Truth
_C (See) the C(Sea).

“True greatness is when your name is like Ampere, Watts and Fourier- when it’s spelled with a lower-case letter” – Richard Hamming

It was not till until long before I realized, the fact that ‘*joining the dots*’ is also like a life-long process!! Let’s start with a tongue-twister **“*Betty bought some butter and so she bought some better butter to make the bitter butter better!!*”**

Most of the times a little bitter the experience the better the outcome but that depends on each one’s perceptions and perspectives!! These are life-lessons that don’t necessarily come with any package deal in either University or at Work.

There is a whimsical sense of humor involved when we look at the five fingers of our palm and feeling the need to accept the differences is yet another way of habitually fine tuning the mind to have a ‘positive mindset’ and clear ‘mental blocks’ as adeptly as clearing the clutter!! It seems that the ‘Serenity Prayer’ states that “ God Grant Me the Serenity to Accept the things I Cannot Change, Courage to Change the things I Can and the Wisdom to know the Difference between the two...!!”

- ❖ While considering the importance of a positive mindset it is imperative to C_ (See) the C_ (Sea) of both opportunities as well as blind spots that hinder progressive growth. Blind spots can be defined as those areas in our professional Life, career aspirations, emotional life or character that hinders our progress and impairs our vision.
- ❖ Apparently blind spots occur when we allow our emotional well-being and thought life (both conscious and

A Moment of Truth _C (See) the C (Sea).

unconscious) to negatively impact or influence our behaviors! Most of the time we are not willing or modest enough to accept our mistakes and like to point the forefinger without realizing that there are three other fingers pointing back at us. Why would it be so hard to accept that “***All Five Fingers are not the same***”? It is also not possible to harness a perfectly ideal situation or scenario where “All Five Fingers” are alike like a world full of Robots or Mermaids or Cyborg’s!!

❖ How about looking at a simple example of two words namely:

a. A Bomb

b. A Comb

❖ These two words with similar spellings are connected by two letters ‘**B**’_(Bee) and ‘**C**’_(Sea/See) and that again connects but this time my vision of connecting words and letters that sounds alike and looks alike is not impaired by any complicated theories. Now let’s consider what actually is the basis for identifying ‘Blind Spots’ in LIFE? It could be an exaggerated ‘**Ego**’ that needs to be clearly differentiated from ‘**Self-Esteem**’. This means that there is an invariable and invincible difference between ‘**Going/ Taking It All Alone**’ with no intention to ASK/SEEK Help or KNOCK even more persistently than ever before! ***‘Taking it***

All in Your Stride’ without any exaggeration of resentment due to bitter experiences or complaints is just the opposite of ***Taking It All Alone!***

- ❖ Another Symptomatic example of identifying a Blind Spot is being inconsiderate and not having the empathy to be able to connect or be sensitive of one's behavior and the impact thereof on Others. This is probably why we have most often heard of a famous Old Adage: ***“Do unto Others as you would like them to do unto you”!! But in order to overcome the impacts and consequences of a bruised ego or dejections, rejections, failures and disappointments it is evidently very important to keep developing a pattern of having a ‘Positive Mindset’!***
- ❖ So, let's look at an instance where a Yogi walks across the street only to find a few mockers who treat him with contempt simply because he seemed ‘very different’ in his mannerisms and approach and not ‘differently abled’ or ‘specially determined’!! Now let us observe how he reacts in this context: ‘Although he felt smacked in the face his serenity far surpassed the bitter nature of a malignant and malicious experience that was solely aimed at hurting his ego. But, instead of paying back in the same coin he simply chose to **‘Let Go’!**
- ❖ What this means is recognizing Blind Spots as in the rear-view mirror of a car. It is natural to have ‘limiting beliefs’ and it also refers to a broad spectrum of intangible attributes like traits, values, habits and idiotic idiosyncrasies due to which an ‘inflated ego’ could cause immeasurable and irretrievable harm!! Although, this disruptive day and age has gotten to exploring ways and means for developing ‘Emotional Intelligence’ and Leadership Coaches all over the world have got systemic approaches to use tools like the NLP-Neurolinguistic Programming to overcome ‘Blind Spots’ it is easier said than done!!

- ❖ Moving onto leadership blind spots, this is yet another specific area where every successful leader exhibits some vulnerability Vs authenticity to keep upbeat with Mindful Leadership TRENDS!! Now let's look at an interesting and insightful Scriptural context where 'BETHSAIDA' is a Spot or a Scene where the Creator God of the Universe in human form takes a blind-man by his hand and gives him more direction by leading him out of the mundane (Village backdrop) and restores him completely. But the interesting aspect of the blind-man's restorative break-through was the fact that 'Jesus Spits' on his area of affliction first, before he touches him as he laid his hands on him second and then speaks to him personally and intimately with a thought-provoking question: "Do you ©_See Anything?". What this Scriptural portion entails or connects with is not just the human frailty, misconceptions, blind spots and ignorance's but also God's contempt towards the unintended plight and sufferings of mankind. The best part of the Story of the blindman's real breakthrough was when he himself realized and recognized his weakness or infirmity in the form of a Blind Spot! This is evident in his Answer: "I see People but they look like Trees"! Once again, he experiences the touch of God and both his mind and vision which includes his perception is totally and completely restored from ignorance's, misconceptions, bias and prejudice!!

- ❖ I have been able to explore many different examples and illustrations that has some 'key-*insights*' with respect to developing a positive mind set as it is the well spring of LIFE. Now let's look at another scenario and a very well-known fairy tale which has captured the heart and minds of millions who sway to the rhythm of the 'Story Plot' and is not restricted in nature to just the '*intelligentsia*'!! The

Scarecrow, The Tinman and The Cowardly Lion in the fable of the ‘Wizard of OZ’ and the proud emperor in the ‘Emperor’s New Clothes’ are just a few examples that are striking in nature. While I am impressed at how the little Wizard successfully fixes most of the problems by opening their minds and infusing more courage, I am more deeply influenced by a simple phrase that I have managed to Coin and it depicts an inordinate amount of strength in overcoming ‘Limiting Beliefs’ in the ‘Journey of Life’ and the phrase that removes my personal Blind Spots is: “My Rice Barn_My River of Life”!!

- ❖ Now the **Rice Barn** could be indicative in nature because of its sturdy structure, huge an uneven surface area with respect to its dimensions and capacity but it could also be like how the *‘blindmen saw the elephant’* and not like how the wiseman sees a Scenario! If the ‘Rice Barn’ infuses strength in our mind because of its structural orientation, it also has the potential to paint a picture of a phrase that signifies something like “A Square Peg in a Round Hole” Syndrome!! In fact, look at how the ugly duckling felt with a bunch of chickens as he was blinded by Self-pity without realizing how uniquely different the Ugly Duckling was from a flamingo or a big fat hen.
- ❖ What does this mean? It means all five fingers are not the same and the Needle cannot do what the Axe can do or is purposed to do and in a game of chess the ‘King and the Soldier’, have been originally designed to be of the same wavelength and can only take one step at a time and can take a step forward to kill or attack diagonally unlike the ‘Queen and the Castle’ which is vested with unlimited and infinite ability to scale across the squares in any direction ...!!∅

A Moment of Truth _C (See) the C (Sea).

- ❖ Remembering the ‘Serenity Prayer’ helps us in treating “Every Day like a Friday” and more relaxed and focused by *living each moment and making each moment count!!* This is possible with the right level of understanding and the right dose of genuine appreciation which makes LIFE a fruitful experience!!
- ❖ To conclude why not draw Inspiration from a few Sanskrit Slokas or Verses borrowed from the Upanishads which is:

- Asato ma Sadhgamaya (From Ignorance Lead Me to Truth);
- Tamaso ma Jyothirgamaya (From Darkness Lead Me to Light);
- Mrityo ma Jyothirgamaya (From Death, Lead me to Immortality)

I. असतो मा सद्गमय ।

II. तमसो मा ज्योतिर्गमय ।

III. मृत्योर्मा अमृतं गमय ॥

Dwelling on Verse Concepts that has a SACRED nature and eternal significance means developing a positive mindset with insights that characterizes a whole new approach to LIFE which is what we explore in “See the Sea”!! Further-more to add a pinch of good humor and plenty of wit and wisdom let’s not forget the Story Plot, that revolves around a young inventor who accidentally shrinks his Kids and his neighbors Kids to 6mm in a frenzy of experiments due to certain blunders and blind spots in his Invention...!! *Did he have to tread a path that even Angels dare to Tread!!!?*

About Author



The Author's maiden name is Deepa Mathew and now Deepa Abraham and she currently resides in a small hillside where her family and ancestral background has a heritage of about a 100 years and this Handbook of Motivational Resource has been spun around the backdrop of a Rice Barn which has immense 'Antique Value' and intense 'Emotional Value' with respect to creating a 'Motivational Resource' that could include the 'Ebb and Flow of LIFE' that would 'Stand the Test of Time'!!She has a Corporate background of about 10 years and have acquired multilevel tasking skills in managing Bookkeeping and Accounting and Office Administrative Management in lieu of Executive Management assistance to the Senior C Suite Leadership and Executive Management in global companies listed on the Stock Exchange.



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