**BY ABHISHEK THAKUR** 

# AN ORDINARY MAN CAN DO EXTRAORDINARY THINGS

Based on Author Personal Experience & Real Stories



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I want to Dedicated My Book (An Ordinary Man Can Do Extra Ordinary Things) to my Mother (Smt Kalawati Devi) & Father (Shri Paramananda Thakur) as without them it would not Possible and lastly Want to thanks God who Bless me with two of my loving Kids, Daughter (Aaradhya ) and Son (Labhyansh )

I Want to Dedicated My Book (An Ordinary Man Can Do Extra Ordinary Things) For the Human Mankind and Development of the Society. Yes. .!! its very true that 'An Ordinary man Can Do Extra Ordinary Things " if Someone believe in himself / herself.

He / She should be more Construtive more focus and more Calculative. As Nothing is Free in this world. You have to Things Different & you have to Do Different.

Today is Very tough. Tommorow will be more tougher. But Day After Tommorow will be very beautiful. So you have to work very very hard Now as if today pass never come back. So live in today.

When you / College and now you have Certificate / Diploma. This is just a Certificate for which you have pay the Tuition Fees for such a long period of time.

The Real life start from when you come out from School and College. People can Only listen to you when you you successful person or when you Achieve Something Great.

Opportunity is Tremendous in the world only things is to need the to find out the correct Opportunity. You Need to total focus work are not to Distract. You no need to think what Other Things about you.

Just Focus on your work and Everything will follow you.

Nature will Play an important role in your Life while achieving your goal to succeed.

Just Delete "NO" from your Dictionary as Nothing is Impossible in the World. World Changing Every Seconds if I s so the why People in One Place instead of Moving On. You made for to do big things and not to be "STUPID "You People supposed to be Dream Big and So you Can Achieve Big. Only Visualization Can make you to do Dream Big.

Only 5 Things Can Change Your Life:

- Value your Time
- Execution
- Visualization
- Dedication
- Above All Maintain Honesty in all Circumstance

Everybody has Good Stories but very few People listen to you...!! After Activity Everybody may you are Great. Everybody get used to be Fail. why other People Opportunity when Everybody Come for it.

Big Software Company taken all Opportunity that's my mistake. Most Smart People do quickly Everything.

# **Do Not Worry About Future**

Young People do not worry about the Future but Old People do so.

Future is the Full of Oppurtunity for Everybody so Normal People should understand the gap where he/she lacking.

Modern Technology not taken or Replace jobs. But it will replace Stupidity jobs.

Try To be more creative

Try to be inevitable

Try to be Construction

Try to be Honest towards your Jobs / work

Time will be Replace all your Worry as Future Already Ready. Young People are the Solution for Tomorrow.

Nothing is Free in the World. If You want to Achive Big then you have to Pay big for the Same.

Like if want to shine like SUN. You have to Burn like SUN.

If you want to achieve small goal walk Alone. But if you want to achieve Big then walk with your Team.

In Every Steps of your life:

- Learn Yourself
- Educate Yourself

- Motivate Yourself
- Push Forward Yourself

Do not worry about Future it will Come as you want to show and Depends upon your today Execution.

Do Not Worry its Life.

Ordinary People needs to be fearless until he failed he/ she would understand the real meaning of Success.

Successful is a great Feeling and Confident boost up. One Can Understand to fail in his life.

Mistake is also an Opportunity if you do mistake for too much of fearless that makes me to take Stupid Decision Every day.

So Try to learn the things Properly still do mistake & go Forward. Do not think about the Result.

Result Do Create Pressure so better do not Think about the Result.

Always try to do best things what you can do or Contribute to your life today.

# Skills, Hobbies & Mindset

Good Education

Self-Learning Ability

Area of Expertise Discover

College Education is not an important above 3 quality shown in their habbits by their they can improve their skill set.

People should write a book what their skill set and their expertise.

- Honest with yourself.
- Stop Accumulating Unpayable loan immediately
- Make a list of your Debt
- Hire a Accountant
- Determine the Order in what you will pay off each Debt.
- Pay Small Debt
- Discipline and Deduction required to solve the Problem
- You need to make your mind.
- Make Money without Money
- OPM Other People Money

Most of the People Do Not has to FulFill their Kingdom Assignment. He / She has to work on their Skills.

# Attitude - Be an Eagle Attitude

Eagle has an attitude that different from Others.

He always fly alone and has Capacity to found the Sky. Does Not want to be in Group. He Has Capacity to touch the Sky. Same like people Criticize you do not do any argument take lesson from Eagle to fly high.

Be Silent and Fly Higher like Eagle. Focus should be cleared and focus your aim.

Problem are Common but attitude are different.

Open your Wings and Fly Higher.

They Say An Ordinary man Can Do Extra Ordinary Things with strong Determination. Pressure vance and the willingness to stay put Despite all Odds. This is not true of life.

But is an applicable to One immendent Journey as well.

# Just Move On

After Several Obstacle in life anyone who just move on after all the Hassel and Odd situation can achieve big in life and One Who achieve big in life had to move on and Go On to Create History.

Moving On and On Can Only do best in his life and as aresult

Can brings Extra Ordinary result in his life.

Moving on and looking to the future are often challenging, but these moving on quotes will prime your mind to forge ahead.

Life often challenges us to move on from many things. Places, relationships, old ideas, skills, and habits may all cease being best for us. When that happens, it's time to move on.

Sometimes moving forward is fulfilling and joyful experience. Other times, it's agonizing. Even when that little voice tells you to move into a new future, it's hard to imagine doing it.

These moving on quotes show how to embrace forward thinking and moving into your greater good, even when you feel you're not ready.

# World Famous Quotes about Moving On

"Moving on doesn't take a day, it takes lots of little steps to be able to break free of your broken self ---- Tere Arigo

### **Elevate your Potential**

One who take full responsibility that called Maturity level higher level or better we can say **Adulthood** 

Do not blame your Neighbor Community, economy. Do always better in all the Circumstance and bring out result from any Odd situation.

Any One can Discover his potential. Only whenhe is in some major problem or any Emergency situation or one who never try anything like that in his life.

And it facts , Great moment or satisfaction levels in his Mindset. Just keep Calm and Carry On.

Anything Can Happen or Everything can happen by one. As Everyone has potential to do so.

Nature focus and give Everyone some Opportunity and Resources to do Extraordinary things until he discover himself Potential to do so.

### Visualisation

Visualization is the upper most things. One can achieve this goal fast. If he start Visualization the things first. He has to visualize the thing first what he supposed to achieve in his life mean his Picture should be very very Clear. If he Can Visualize so accurately that he think actual the things happened.

Suppose If a Young Boy want to achieve Financial Freedom in his life. So he has to Visualized the things Firstly and accordingly his attitude and Behaviors will act as per his Visualization.

So Achieving the Goal in some way Depends upon the Visualization. Perfect Visualization depends upon the Person Confident level. Move on Can Confident his Visualization will be more accurate.

Dreaming and Visualization are two different things. Dreaming does not means you can achieve the things. But on the other hand Visualization can more Accurate if one can Visualization the Things Perfectly.

### Confident

Confident is such a Element if anyone that helps him to Achieve any Big Dreams by Confident Only any One Can Move on and Achieve and make Planning for his Future Aspect.

Confident will help any One to achieve Big Dreams and by Confident only anyone can make plan if his planning is Perfect then 99% of Work Done at that point of time Only and Big Planning will be done only by his Confident level.

Simultaneously this is also Keep On mind that Over Confident is quite Harmful. For anyone Over Confident can direct anyone life in Wrong Direction. By Good Confident level Only anyone can achieve Name, Fame, Money and high level of Satisfaction.

Overall Satisfaction is the Upper most things in anyone life. Big Confident Only can anyone go for Higher level of Satisfaction.

### Identification of Hidden Talent

If Anyone can identify his hidden talent then he can disabuse has Hidden talent skills and an by used to achieve his full filament of his life.

Disclose of hidden talent can be the achiement itself and by proper use of hidden talent can be achieve by Goals.

Identify his hidden talent by himself or by others can be treat as a gift by God to Anyone But Not Only the Hidden Talent is a totally Waste Of God Life. So Anyone how Discover the identity the Hidden Talent Can Use the Gift Properly Else is Totally Waste Of His Greatest Gift by God.

Identification Itself identity that it will be used for Fulfilling his Dream and make his Life Successful.

So By Identification of Hidden talent Can an Ordinary man Can do Extra Ordinary Things.

### **Consistency / Regularization**

Like any One who do Regular Exercise Or Practice make a great and fit Body.

Same as Regular Brainstorming / Consistency will be make Good Result like an Ordinary man without any skills do Something Regularity will make Extra Ordinary Result and make Extra Ordinary Result and make his life Easier, like a Small amount Of Rs 500 SIP Investment in a good company with minimum 15% PA Growth after 15 Years in Regular Deposit.

If any One do Consistency an give more than 25 Lacks Which is Big Amount of an Ordinary Person Like he never Dream also to Achieve.

Like this Regular Habits Can make a big Extra Ordinary Result. So Consistency is a great thing.

But 90% People fails to do so Because doing Regular focus in Same things 50% People failed borrowed remaining 40% People has arrange after achieving 75% Only 10% People go till 95% in here also 3% People leave So Ultimate Only 2% People Can Achieve the Consistency. As its Very tough to Come Down in 2% and those who can under 2% Basket Can Never Look Back.

### **Great Planning**

If Anyone Can Do Good Planning then his 99% of Work done then and there only. Great Planning Can reduce the huge lot of Money, Energy, Execution and above all Time.

The Person who can do great plan can leads great future in his life and will respected by all of his near and dear one & Society.

A person who has ability to do the Great Plan can make happiness & apporpiate his surrounding. Great planner has great Visualization & Confident in it. He/ She has a big Dremmer. Planning is hard because it's inherently different from other exercises your organization takes on. Rather than focusing on day-to-day execution, it requires a large number of people to think about a variety of possible futures, align on one single future, and then plot a concrete course to get there. Taking this on for your own personal goals (for example, a New Year's resolution), feels challenging enough doing this with dozens or thousands of people can feel nearly impossible.

Progressive companies have moved away from thinking about planning as a process and more about **planning as a product**: solutions for achieving corporate goals. In fact, emphasizing product over process **triples business readiness to engage in planning**.

**Download this article** to learn three steps to help strategy teams overcome the inherent barriers of planning as a product:

- Sense true planning needs.
- Coordinate with other core processes.
- Manage coordination costs.

### **Turning of Great Strategy into Great Performance:**

Today, however, the unit's performance is nowhere near what its management team

had projected. Returns, while better than before, remain well below the company's cost

of capital. The revenues and profits that managers had expected from services and

financing have not materialized, and the business's cost position still lags behind that of its major competitors.

At the conclusion of a recent half-day review of the business's strategy and performance, the unit's general manager remained steadfast and vowed to press on.

"It's all about execution," she declared. "The strategy we're pursuing is the right one. We're just not delivering the numbers. All we need to do is work harder, work smarter."

Motivational quotes and inspirational sayings can be  $\underline{a}$  <u>great tool</u> to use in helping us change how we think and feel.

But how do they do this?

It is all about the power of our thoughts. How we think about ourselves and our life and what we think is possible for us to achieve will actually determine our path and what opportunities will come our way.

I have discussed this idea more in-depth in my <u>Vision</u> <u>Board</u> article. In this post, I explain how what is in the mind is actually our reality. So when you improve the quality of your thoughts you then have the ability to change the quality of your life too, sometimes instantly.

Words are very powerful. They can touch us, make us smile, laugh or cry. That is why having positive thoughts and a feeling of **gratitude** is wonderful for our overall well-being, and it goes much deeper than most people realize. It is important to remember that you do have control over your thoughts even in the hardest circumstances. So nurture them with motivational words that will help the stars align and get you to the results you want.

To help you I have collected a few positive words and **quotes about planning and preparation** because, after all, we are all planners and dedicated to leading a more successful and productive life.

# Just Move On

"Be kind, for everyone you meet is fighting a battle you know nothing about." This popular quote has been widely shared with slightly different variations (some attributed to <u>Robin Williams</u>, Plato, Ian Maclaren, etc.), but they all contain the same

Blaring truth—there are countless challenges surrounding ourselves and our communities.

Even in the midst of a global pandemic, each individual and each <u>family</u> has their own set of personal struggles and concerns (related to the virus, or not).

But there is courage and hope to be found in every obstacle that we face, **for tough times** will help us get through our collective and personal hard times.

Whether you are pressing on with focused determination, feeling overwhelmed with so

much of the unknown, resting firmly in your faith, struggling with <u>anxiety</u>, or all of the

above—going through difficult circumstances can bring forth new, burdensome challenges to navigate.

When the afflictions you're dealing with seem too severe and unmanageable, remember that you are not alone; you are stronger than you realize, and it is more than okay to ask for help. "Never say that you can't do something, or that something seems impossible, or that something can't be done, no matter how discouraging or harrowing it may be; human beings are limited only by what we allow ourselves to be limited by: our own minds.

We are each the masters of our own reality; when we become self-aware to this: absolutely anything in the world is possible." — Mike Norton

# **Time Management**

Time Management is nothing but manage your time effectively or rather we say systematically. The Person who has Clear & Clarity in his of his Objective / Goal can manage Time Management more effectively.

So First of all decide yourself what exactly you want to do in your Life. Secondary Do effectively what is mandatory in your life. No one can remind you for the same.

Erase mood & motivation from your life.

World Biggest Mistake is to do a Work Honesty which is not required to do. Very Strange that 99% People are doing the Same.

Only 2-3% of People Can Achive their goals who think on Paper and Not in Mind.

I mean to say First think on ur mind and Write on Paper First. As it will directly heat on your Sub Conscious Mind.

By Effective Time Management remove the Preconisation from your Life. You will not to be Preconisation if you have Effective Time Management.

Do Best of your Work in 1<sup>st</sup> hour of your Day means before 12 pm as in this point of your time your Focus will be more Compare to other time. So By Effective Time Management An Ordinary man Can Do Extra Ordinary Things. As a Result it will Come Great Result.

People needs to Love & Enjoy their Work as without that Cannot Give 100% and it will become Burden.

# **Be Unstople**

"The next level is just two millimeters above, and it's outstanding, magnificent, extraordinary. You're not one of the best, you are the best. You only have to be two millimetres more than everyone else." – **Tony Robbins** 

Those who understand how to be relentless in life use the two millimeter rule. They're able to constantly push themselves because they know that the next level of excellence is closer than it appears. Where most people would give up, they draw on inner strength and find that extra burst of drive that gets them to that next level – and then they keep going.

They know that being unstoppable is a state of mind.

The two millimeter rule originally comes from golf, but you can learn to apply it to every area of your life. When you do, you'll truly be unstoppable.

Many people have talent, but not many turn that raw talent into excellence. So what have the Kobe Bryants, Serena Williams and Oprahs of the world figured out that the rest of us haven't?

Being unstoppable always begins with a limitless <u>belief</u> in yourself.

Belief is what keeps you going when you're exhausted, drained and running on empty. You feel like you've tried everything. You've given it your all. Maybe it's just not meant to be. Learning how to be relentless in life is about eliminating those thoughts. It's about knowing – without a doubt – that you *can* reach those next two millimeters, and you will. No matter what. This is what really sets apart the great from the good, the excellent from the ordinary.

Strong self-belief comes from <u>finding your purpose</u>. When you stop living others' dreams and discover your own vision for your life, you'll uncover the drive to be better, do more and never stop achieving. You'll be unstoppable.

Kevin Hart found success in comedy, business and the entertainment industry. He said it best on a <u>Tony</u> <u>Robbins podcast</u>: "The one thing I'm most confident in is me."

Belief is the first step, but to be unstoppable, you'll need to refine your mindset even more. Some people crack under pressure like glass. Others turn into diamonds. Top athletes and business people can take an incredible amount of pressure. The difference is in their mindset.

<u>Start with your self-talk</u>. You've reached that point just before the two millimeter mark where you want to give up – how do you frame this in your mind? Listen to your inner monologue. Catch any negative thoughts, which are a product of your <u>limiting beliefs</u>, and replace them with empowering ones.

Next, learn how to <u>control your emotions</u>. Warren Buffett once said, "If you cannot control your emotions, you cannot control your money." You also cannot control your ego, your actions or your destiny. You cannot be unstoppable when your emotions are slowing you down.

Understand that you are the only one responsible for your life – and that life is happening for you, not to you. Forget the past. Forgive others. Eliminate jealousy and <u>replace it with gratitude</u>. As Tony says, "Every day stand guard at the door of your mind, and you alone decide what thoughts and beliefs you let into your life." If you do this, you're on your way to being unstoppable.

You've unlocked the power of your mind. Now you must focus it. Tony tells us, "One reason so few of us achieve what we truly want is that we never direct our focus; we never concentrate our power. Most people dabble their way through life, never deciding to master anything in particular."

Those who discover how to be relentless in life have a singular focus. They have a vision, and they have goals to get there. And nothing gets in their way.

Connor McGregor was bullied as a kid, but he decided he wanted to become the best fighter in the world. Tom Brady was picked 199th in the NFL draft, and that only fueled his fire to become the greatest quarterback of all time. Jim Carrey was living in his car, but that didn't take his focus off becoming an actor.

All of these achievers knew that being unstoppable comes from focusing your power. They all used <u>goal</u> <u>visualization</u> – Carrey wrote himself a \$10 million check and gave himself three years to cash it. They surround themselves with people who have what they want. They get rid of anything that holds them back from their goals. It isn't easy, but it's necessary. You have the talent. You have the belief. You've set your goals. Now you need to take action. Jim Carrey has said, "You can't just visualize and then go eat a sandwich." The final step to master in order to be unstoppable is doing the work.

At first, it doesn't sound hard. You practice every day. You adopt the right habits: eating right, exercising, following a routine. You <u>feed your mind</u> and learn something new every day.

But then you hit a plateau.

It's a natural part of the improvement cycle. The difference between those who know how to be relentless in life and those who never reach their full potential is the ability to <u>push past plateaus</u>. Bounce back from failure. And do it again and again.

Michael Jordan famously said, "I've failed over and over and over again in my life. And that is why I succeed." To be unstoppable, you must own your mistakes, find the lesson in each failure and quickly get back out there.

That's the greatest lesson we can learn about being unstoppable: You'll never succeed if you don't fail.

A lot of people are good at what they do. Some are even elite. A *select few* are completely unstoppable.

# Related: You Are Filled With Extraordinary Potential

Those who are unstoppable are in their own world. They don't compete with anyone but themselves. You never know what they will do—only that you will be forced to respond. Even though they don't compete with you, they make you compete with them.

Are you unstoppable? By the end of this blog you will be.

"Don't think. You already know what you have to do, and you know how to do it. What's stopping you?"—Tim Grover, author of Relentless: From Good to Great to Unstoppable

Rather than analysing and thinking, act. Attuned to your senses, and with complete trust in yourself, do what you instinctively *feel* you should. As Oprah has said, "Every right decision I have ever made has come from my gut. Every wrong decision I've made was the result of me not listening to the greater voice of myself."

The moment you start thinking, you've already lost. Thinking swiftly pulls you out of the zone.

"Just as the yin-yang symbol possesses a kernel of light in the dark, and of dark in the light, creative leaps are grounded in a technical foundation."—Josh Waitzkin, author of The Art of Learning: An Inner Journey to Optimal Performance

Become a master of your craft. While everyone else is relaxing, you're practicing and perfecting. Learn the left-brained rules in and out so your right brain can have limitless freedom to break the rules and *create*.

With enhanced consciousness, time will slow down for you. You'll see things in several more frames than others. While they're trying to react to the situation, you'll be able to manipulate and tweak the situation to your liking.

- Never be satisfied
- Always be in control.
- Be true to yourself.
- Don't be afraid of the consequences of failure.
- Don't compete with others. Make them compete with you.
- Never stop learning.
- Confidence is your greatest asset.

Have clear goals.

# **Keep Your Dream Alive**

Keep your dreams alive. Understand to achieve anything requires faith and belief in yourself, vision, hard work, determination, and dedication. Remember all things are possible for those who believe."

Follow your dreams —is a common phrase. Most of us have heard it before, some of us are trying to do it, and some are still wondering. C.S. Lewis quote—You are never too old to set another goal or dream a new dream—encourages us to set goals and dream our dream life, no matter the age or life situation. It is our calling to live a purposeful life with meaning and gratitude.

Sometimes, we are in situations in our lives that we don't want to be. We must do things we don't want to do. We need to experience things we don't want to go through. All this is part of life. None of us have only sunshine and rainbows in the sky. However, there are several reasons why following your dreams and living the life you've always wanted is essential. Why following your dreams is vital?

Sometimes life is hard. Things go wrong. Life can go wrong in love, business, friendship, health, or all the other possible ways. When life gets tough, this is what you should do—eleven reasons why following your dreams is essential in life.

### 1. Dreams give you purpose

Living the dream life is simply a form of living out your passion, working on your dreams and goals gradually, through persistence and effort, as a central part of your life. Your dreams give you something to believe in when the dark clouds lay over your sky. Dreams can help you get through the worst days. Your dreams provide you with a purpose to keep going. Your dreams are why you wake up in the morning and try again. Dreams are what make your entire life worth living. Without our dreams, we are nothing.

To accomplish great things in life, we must act and dream, plan, and believe. Believe has the utmost importance in chasing the dream life.

### 2. You'll meet other dreamers

The quantum Physicists say the universe is built from energy. Everything in the universe, every tiny particle, vibrates at a certain energy level. The universal law of attraction states that we attract the energy that we vibrate. You attract what you are. You attract the energy you vibrate. You attract the kind of people that are vibrating the same tune. When you feel motivated and excited about pursuing your dreams, you will attract other people who have the same values and purpose.

The more dreamers you surround yourself with, the further you can go. If times get tough, like it sometimes happens in life, you have surrounded yourself with dreamers alike who will motivate you and keep you going. Belated famous dreamer John Lennon composed this song and the lyrics – Imagine. He was maybe one of the most famous dreamers everyone knows. He said—"You may say that I'm a dreamer, but I'm not the only one. I hope someday you'll join us, and the world will live as one."

### 3. Be an inspiration to others

Pursue your dreams, and you will give hope to others. By following your dreams, you unintentionally give hope to others to start pursuing their dreams. One of the deeper meanings to live by is to be in service of others.

As you start to pursue your dreams, you will serve others by showing an example of living a purposeful life. Be in service of others, be an example, and why they should follow their dreams. By helping yourself, you can help others and encourage them to keep going.

"If you can imagine it, you can achieve it. If you can dream it, you can become it." – William Ward

### 4. Dreams don't work unless you do

When you are this motivated, failing isn't an option. If you are committed to your dreams and make sure that you can make an income along the way, you can provide your life.

Some dreams may take longer than others to achieve, but it's the journey that counts, not the destination. The world wasn't created in a day, and neither are our dreams. Set small goals and build upon them.

The only thing between you and your dreams is the vague story you keep telling yourself why you can't

achieve it. Let your dreams speak louder be than your fears, and your actions are bolder than your words.

#### 5. The future you see is the future you get

Why would you work in a job you dislike? Your days pass by, counting the hours you can get away, and you end up feeling drained at the end of the day. Waking up in the morning is not inspiring to you.

Start to pursue your dreams! Discover your passion and start to do it. Fill your days with moments that you are genuinely inspired and motivated. You'll discover that the hunger is growing, and the energy is rolling, and evidently, you'll end up doing what you love more. Wake up excited about the new day and enjoy what you love doing.

"Dream as if you will live forever. Live as if you will die today." - James Dean

#### 6. Your dreams are for you to pursue

Let's face the fact. Your dreams are for you. Only you can pursue your dreams. Chase down your passion like it's the last bus of the night.

Everyone has their dreams and their goals for life. Don't do what others do but follow your path. Your dreams are for you, and you must go for them. Nobody else will do it for you.

Miracles happen when you give as much power to your dreams as you do to your fears. You can't just wait for other people to provide you with the golden dream. Your dreams are personal, and you've got to get out there and make them happen for yourself.

If you don't pursue your dreams, you'll never reach them. If you don't dare to ask, the answer will always be no. If you don't take the first step forward, you will always stay in the same place. Step back, and a year from now, you wish you had started the journey today.

"Go confidently in the direction of your dreams. Live the life you have imagined." - Henry David Thoreau

#### 7. Fulfilling dreams makes you happy

Life without dreams can be miserable and feeling without a deeper purpose. Everyone wants to feel a sense in their life. Why are we here? And what is the meaning of our life? These may sound quite profound questions and hard to answer?

As always, start small. Go ahead step by step. Discover something that has meaning for you, and the next step will appear as you begin to walk along your path. Meditate or go into nature and find a connection with your inner self. You are all the answers inside you if you quiet your mind and listen.

The guest for searching your meaning and discovering your dreams can open an entirely new world to you.

"Your vision will become clear only when you look into your heart. Who looks outside, dreams. Who looks inside, awakens." -Carl Jung

#### 8. Keep working towards your dreams

We have all been around some people who told us our dreams weren't possible. Let that statement add fuel to your fire. Set your life on fire. Unfold your myth.

Let's think about the people who said it would never be possible. Now go and prove them wrong. Listen to the must not. Listen to the don'ts. Listen to the Nos. Listen to the shouldn't, the impossible, the wonts. Listen to the never-haves, and then finally listen close to me. Anything can happen. Anything can be.

Never let anyone tell you that you cannot do it! All right? How would you know if you haven't tried it? Less someone outside of you. So, keep dreaming. If some people can't do something themselves, they may want to tell you that you can't either do it. If you want something, go and do it. Period.

#### 9. Be bold and follow your path

Be sure that following your path to your dream life doesn't mean the road will be easy. To follow your dreams can often mean enduring more than you ever have before, moving entirely out of your comfort zone, spending hours upon hours of hard work, not even sure that the path is paved for your favor.

Be ready to face uncomfortable until it becomes comfortable. You can fulfill all your dreams if you dare to pursue them. Every great dream begins with a dreamer. You have everything you need—the strength, the patience, and the passion for reaching the stars to change your life. Dream your dream life! Whatever you dream, you can do it, begin the journey. Be bold in your dreams. Follow your path. Persistency has power. Boldness has magic and power in it. Never give up on your dreams!

"You have to leave the city of your comfort and go into the wilderness of your intuition. What you'll discover will be wonderful. What you'll discover is yourself." -Alan Alda

#### 10. Never give up on your dreams

Once you start to follow your path to your dream life, your confidence will rise, and you'll enjoy the excitement the journey brings into your life. Doing what you always wanted to do gives you peace and contentment. You are living your life from the soul perspective, not from the ego.

Never give up on your dreams. Do what you want to do in your life. With big dreams, you are more powerful than anyone with only the facts.

When you start to pursue dreams, your life wakes up, and everything has meaning. Your life is going forward in your favor.

#### 11. We have only one life

You have only one life, and it's happening NOW. Life is not going backward. Neither is it in the future. That is an illusion that many people tend to forget. They say I will start to sing when I start my pension, not understanding that there's no guarantee that life is still going for you then. We don't know how many days we have left. How many years can we still live? Stop wasting your time and start to live NOW. NOW is the only moment we have. It sounds harsh, but it's the only thing we have.

Once you realize that, you'll start to give more meaning to the very moment you are breathing now. Life is short. Live it NOW. Live, Love, laugh—are good starting points. Realize that you make the best of each moment you have, and you'll end up living your dream life. Like John Lennon wrote in the song—Imagine— "Imagine all the people living for today" has a profound message to all of us. Live today! Live NOW. Trust your instincts. Live your values and pursue your dreams.

Focus on your dreams. Dream big. Dream so much that some people think you are crazy. The bigger your dreams are, the more you can gain. Don't let any limiting beliefs stop you. Make your dreams happen.

# All your dreams come true if you have the courage to pursue them.

While most people spend their lives struggling to make a living, some seem to have everything going their way. Instead of just making a living, they are busy working on their dreams and enjoying the journey. Everything seems to work out for them as planned. And there are many of us wondering how life can be so complicated and unjust.

What's the significant difference between these people with so much and the other with so little? Despite all the factors that affect us—none other has as much potential power for affecting our future as our dreams.

Dreams are an intuition of the life you want to live. Dreams can drive you. Dreams can overcome obstacles on your way. And believe me, there will be some for everyone. When you allow your dreams to pull you forward, you unleash a creative force that can overpower any obstacle in your way. Define your dreams to unleash this power because fuzzy dreams have a little pulling power. Well-defined dreams are your superpower. To achieve your dreams, to push your plans forward—be sure your dreams are alive.

When you dream, dare to dream big. Have extraordinary ambition in your dreams. Dream about

abundance and exceptional wealth. Start dreaming where anything and everything is possible. Your dreams ought to be stronger than any obstacles in your way. Be a dreamer. Envision the glorious future. See the finish line while you're still driving the race. Hear the cheers when you reach the finish line when you are in the middle of the journey. Live as already you won the race.

Be willing to put yourself out of your comfort zone until the paces of doing the uncomfortable become comfortable. Realize that all your dreams can come true if you have the courage to pursue them. Every great dream begins with a dreamer—You. You are able. You can do it. You have everything needed for your dream. Dream your dream life. Start today!

"If you can't fly then run if you can't run then walk if you can't walk then crawl, but whatever you do you have to keep moving forward."

Always remember that pain is part of life. You simply can't avoid it, no matter how hard you try. So seek to learn from it, seek to turn your wounds into wisdom and your difficulties into opportunities, and by doing so, you will rise above it all.

Whenever you need a reminder of how important it is to honor yourself and keep your dreams alive, watch this incredibly profound and deeply inspiring video. It will ignite your inner flame and it will help you get in <u>the right frame of mind</u> so that you can continue crafting a life that has a purpose, a life that has meaning.

Enjoy 🙂

#### **Keep Your Dreams Alive**

P.S. Never stop dreaming. Listen to your heart. Follow your passion. And what's most important, never allow anyone to make you feel like you're not worthy and deserving of the many things you deep down inside know that you are entitled to. Because you are!

What is your dream? What is that one thing that fills your heart with so much love and joy whenever you think about it? You can share it with us in the comment section below  $\bigcirc$ 

#### ALWAYS TRY SOMETHING NEW

"Life begins at the end of your comfort zone." -Neale Donald Walsch

Human beings are born curious—a trait that we somehow lose as the burdens of responsibility weigh heavily on our shoulders. Trying new things is paramount to being a successful person, building a complete human—one that you will be proud of. So, when was the last time you did something for the first time? Coordination is okay. After all, nobody wants to be a mess. But there is fun in messiness. Sometimes, it pays to scatter just to see if you are capable of fixing it back together.

Life and longevity are two gifts we can control how well we use them. Believe it or not, the more new and fun things you do, the more fulfilling and satisfying your life becomes. People who seek out new terrains and activities are happier, positive, alive, and healthier.

Step out of your comfy box and introduce something new every day. The standard is monotonous and

outdated. If you are not the type of person open to drastic changes in your life, take it one step at a time. Nobody is forcing you to eat Chinese. You can start with noodles cooked in your style with a little soy sauce and lemongrass.

# Why Should You Try New Things?

Your brain will thank you for it.<sup>[1]</sup> When you feel tired of living, overwhelmed by every day's chores, and confused about the next step, do something new. In fact, you can do something old in a new way.

Anyway, there is a feeling of accomplishment and delight when you try something new. In this article, I will discuss several reasons you should try new things today. If you are set to go, follow me.

Is this your usual routine—wake up, get ready for work, grab a coffee and bagel at the local café, work, buy takeaway packs for dinner, and into bed for the next day? This sounds like a lot of people. Your usual repetitive routine literary saps the life out of your existence and is not healthy. This is the time to try something new.

Have you ever thought of dancing? Oh, you have two left feet. Hmm, don't we all—until we try?

Perhaps you would like to go on a culinary adventure. Oh, yes, you are sensitive to certain foods. Hmm, we are, until we try. Join the HIIT class for a better physique—erm, I will just be a distraction. Hmm, the fit ones were once like you.

Stop giving yourself excuses to remain mediocre in your life. It is time to stop empowering factors that limit you (or so you thought) from experiencing something new in your life. Here are 14 reasons why you should try new things.

# 1. It Re-Emphasizes Your Strength

Do you have a role model? What qualities attracted you to them? I am guessing that their zeal and passion for trying new things is one of them. They must be unapologetic and willing to throw out everything to experience something new.

Well, this is your time to be a role model to others. Some people look up to you and use your narrative of life to build theirs whether you are a parent or not. If you are limited by your thoughts, you are automatically creating a handicap space for them.

However, if you seek more in life, then there is an emptiness that is filled when you try new things. The only way they can do this is by trying something new, which boosts their confidence and belief in themselves.

# 2. You Appreciate Other People's Experiences

What do you know about life outside your immediate circle? Aside from what is narrated in your neighbourhood or textbooks? We have seen many people whose myopic idea of another culture, tradition, and perspective only enlarges their ignorance.

However, when you learn a new language, for example, or taste new food, you are opening yourself to understanding other cultures and people. You gain insight into the "whys" and "hows" and appreciate them as humans. As they say, experience is the best teacher, but it can only happen when you try new things.

#### 3. It Gives You an Edge in Life

I am not implying that you will become better than the next person, but a new experience can be all you need to open doors of opportunities before you.

Imagine working in an office where everyone has the same level of certification. You may think of this as a good thing—it is not. It is actually a limiting factor to your success. Break the barriers, aim higher, and partake in a course to boost your career, confidence, and future. You might just be the person to break the jinx in your office and takes you where you need to be in life.

### 4. Discover Your Purpose

Until you try something new in life, you will never know if you could do it better.

Wouldn't it be regretful if you could dance, sing, cook, bake, teach or do more but never did? How would you feel? Rather than live a life of regret, try new things today. After all, you will never know your capabilities if you do not try. Besides, when you try something new, you learn a little something about yourself.

There is sincere happiness when we achieve a feat on our own. Remember that failure is part of trying something new. So, if at first you do not succeed, try, try, try, and try again.

#### 5. Know Your Likes and Dislikes

As funny as it sounds, very few people can distinguish their likes from their dislikes with solid reasoning. Your comfort zone cannot accurately measure the ability of your capacity. If you do not try, you will not know.

When you are open to trying new things, you are opening yourself to pushing beyond the threshold into new territories. And in so doing, you can accurately point out what you do not like or like based on your capacity. These are characteristics unique to you alone. Furthermore, knowing these aspects of your life is new and will steer you toward better things.

# 6. Create Satisfying Memories

Memories are like bank deposits. You make them, store them, and reflect upon them in the future. Memories are habits and moments we create when we try something new. Like seriously, who creates memories from something old without adding a little spice to it?

Life is all about balance, and trying something new can help you to build a happing archive. Remember, not all good things lead to great memories, but our desire to keep trying makes the difference.

# 7. Meet New People

Asides from expanding your social network, which is good, meeting new people is not exactly the most thrilling thing to do. Today, the world defines your worth by your network and the people you know. Whether it is online or offline, meeting people has become a measure of success. Furthermore, there are a million and one ideas in the market—some you know while others you don't.

By expanding your social network, you are open to countless opportunities that grow you, your career, and knowledge and establish your spot in the world. After all, what do you have to lose? Try meeting new people today.

### 8. Brings You Out of Your Shell

Have you ever met someone and muttered, "are they weird?" This could just be you. You cannot step out of your shell without the willingness to try something new.

There are a few steps to truly achieving this, including better communication, acceptance, confidence, <u>self-esteem</u>, and more. It all starts when you try new things. Getting out of your shell can be challenging, but it will get easier with time.

# 9. You Understand Your Fears Better

Success comes with failure attached, and so is trying out new things. Everyone is scared of something—even daredevils have doubts about their stunts until they try something new.

We are all adventurous people, but fear and access to the appropriate information have limited us to our tiny space. One of the biggest benefits of trying new things is beating the power of fear over our lives and expanding our sense of accomplishment. Furthermore, the situation is never that bad as it seems. Our minds create a multiplying effect of our fear until we cannot contain it.

Fear creates skepticism and only shows up once you decide to try new things. This will generate a crippling effect to prevent you from trying. However, there is just one way to beat it: try new things.

# 10. You Learn to Appreciate the Value of Time

New things slow you down enough to make you appreciate your surroundings and move you away from boring routines. As we grow older, the days and minutes seem to pass away without any tangible event happening around us. We suddenly find ourselves with nothing interesting until the holidays or when something new happens in the family. For some of us, it is never because we live in isolation.

However, when you try new things, you slow down time and appreciate the time you have in your hands. Keep your hand busy with something new outside work and the regular clique.

#### 11. It Is Healthy

Life stops when we stop learning and trying. The learning process continues long after we have left school into our daily affairs. Your brain, just like the rest of your body, needs food to remain active, and new things stimulate and boost it.

So, it is time to try new things today as it sharpens your focus, cognitive abilities, and increases creativity. As a matter of fact, giving your brain something to think about daily is a healthy pathway to longevity.<sup>[2]</sup>

#### 12. It Makes You an Interesting Person

The world is changing, and if you want to hold down a conversation, you must be willing to try new things. The passion and excitement you feel when you try new things and succeed is an attention-grabbing storyline. It is exciting to sit among your friends and passionately share the exploits of your new adventure with some firsthand knowledge to back it up.

### 13. You Experience More of Life

When you surround yourself with the same people, ideas, routines, and conversations, you are unexposed. To experience more of life, try traveling solo or picking up an online course of your greatest fear. Do not limit yourself. Go for it.

If you are adventurous enough, you will come back with new life lessons, friends, and perspectives. Overall, you will become a well-rounded person

#### 14. It Humbles You

Aside from fear, pride is another hindrance to trying new things. The feeling of being vulnerable and probably learning from someone below your status is a humbling effect. Regardless of your achievement, wealth, connection, and experience, you are always a beginner when you try new things.

Furthermore, it teaches you to be patient to learn, listen, and grow. For what may seem like a silly reason, when you try new things, you conquer pride and achieve a milestone.

# Conclusion

Try new things today and open yourself to new emotions, experiences, and cultures. It is boring recycling the same old things over and over again. Whether it is a new haircut, food, hobby, or experience, there is fun in adding a new thing to your life portfolio.

It is humbling to break away from your routine and tick something off of the bucket list. Life is too short to remain in one place without any stories or memories of new things you did on your own.

So, this is the time to try new things—from simple tasks to daring and challenging ones, add some spice to your life. Remember that fear is a drawback, so conquer it by pushing yourself out of your comfort zone.

# Set your first North Star milestone and find ready to go Action Blueprints.

• DO SOMETHING EXTRA WHAT YOUR ASSIGN TO DO

I always ask for more work. Don't think of "more" work as a burden. Think of it as just another opportunity to learn something new in building your career experience. The better your skill set and the better the job experience you have, the better chances for promotions and salary increases that will take your career on a successful path.

My challenge for you today is to read the first story below. Then come back tomorrow and read the next one. Give yourself a little extra perspective every day this week. See how doing so changes your thinking from day to day... Once upon a time, there was a girl who could do anything in the world she wanted. All she had to do was choose something and focus. So, one day she sat down in front of a blank canvas and began to paint. Every stroke was more perfect than the next, slowly and gracefully converging to build a flawless masterpiece. And when she eventually finished painting, she stared proudly at her work and smiled.

While she was walking, she didn't notice the clouds and the stars in the sky who were trying to signal her, because she was preoccupied with an important decision she had to make. She had to choose one thing to do out of all the possibilities in the world. Should she practice medicine? Or design buildings? Or teach children? She was utterly stumped.

Twenty-five years later, the girl began to cry. Because she realized she had been walking for so long, and that over the years she had become so enamored by everything that she could do—the endless array of possibilities—that she hadn't done anything meaningful at all. And she learned, at last, that life isn't about possibility—anything is possible. Life is about making a decision—deciding to do something that moves you.

So the girl, who was no longer a girl, purchased some canvas and paint from a local craft store, drove to a nearby park, and began to paint. One stroke gracefully led into the next just as it had so many moons ago. And as she smiled, she continued painting through the day and into the night. Because she had finally made a decision. And there was still some time left to revel in the magic that life is all about. No matter how busy you are, it can feel exceedingly difficult to talk to your boss about your heavy workload. The reason is twofold, according to Julie Morgenstern, productivity expert and author of Never Check Email in the Morning. First, you may worry that by saying something you're going to lose your job. "In the bottom of your belly is this feeling that if you can't handle the work, there's someone else who can; you feel dispensable," she says. Second, "the natural tendency is to think, 'I am not working hard enough, smart enough, or efficiently enough. I should be able to handle this.' So you suffer in silence." But doing so is dangerous for your career, says Liane Davey, cofounder of 3COze Inc. and author of You First: Inspire Your Team to Grow Up, Get Along, and Get Stuff Done. "You overcommit because you are ambitious or you want to impress your boss, but then when you fail to deliver - or deliver work that is rushed or of poor quality — it sends a message that you are not reliable." So when you feel snowed under, you really should let your manager know. Here are a few ways to make the conversation go more smoothly.

#### Cut yourself some slack.

Feeling overwhelmed and overworked does not signify that you're a subpar employee. "Don't judge yourself so harshly," says Morgenstern. "At most organizations, companies are trying to make do with less, so there is more work to do than there is time to do it." If you're a good performer who on occasion <u>turns down a request</u> <u>or asks for a reprieve</u>, "you're not being lazy, and it does not reflect badly on you." In fact, she adds, saying no from time to time increases your credibility. "Bosses want their employees to speak up if there is anything that's keeping them from performing at peak levels." Even though it feels uncomfortable to admit you can't handle everything that's been assigned to you, Davey says it's the "responsible thing to do" for the organization. "If you're underwater and you can't meet your commitments, you leave your team in the lurch."

#### Seek counsel and support.

When you feel too busy, it can be helpful to get an outsider's perspective on your workload, says Morgenstern. "A third party can help you get grounded." She recommends outlining your projects and obligations to a trusted friend or colleague. "Ask her to look at the amount of work you have" and give you an honest opinion "about whether it is too much for one person." You might also ask your boss for advice and "coaching on strategies for dealing with overwork," says Davey. Requesting guidance helps you both clarify expectations and work more efficiently. "Say, 'It is taking me about five hours a month to prepare this report for the finance department. Is this in line with what you would expect? Do you have any suggestions on how to streamline the process?" After all, "it's not as though your boss hasn't ever felt the exact same way."

#### **Provide solutions.**

Having a candid conversation with your manager about your workload requires the right mindset, says Morgenstern. "You are partnering with your boss to fulfill the company's goals." She suggests beginning the conversation by "stating the organization's shared objectives" to ensure that you're both on the same page. "Then state what's getting in the way" of you accomplishing the goals. Be as specific as possible. You might say, for instance, "This assignment requires a lot of research, which is time-consuming," or, "Now that I am managing a team, I am spending more time planning, and I have less time for day-to-day work." The next part of the conversation is essential: Offer three ideas for addressing the issue. "Never go to your boss with a problem unless you have a solution," Morgenstern says. You might, for instance, suggest that certain tasks be done quarterly instead of monthly, that colleagues step in to assist you on a particular project, or that the organization hire a temp to lighten the load. Your goal is to identify "projects that can be delayed, delegated, deleted, or diminished."

#### Set priorities.

It's excruciating to have your boss give you yet another assignment when you're already stretched thin. "Oftentimes they assign work with no idea how long it takes to do each individual task," says Davey. You should respond by explaining what's on your plate and then asking, "Which of these is most critical? And how would you prioritize the rest?" Morgenstern recommends asking your boss "to define the level of effort" he expects on certain assignments and "what a maximum, minimum, and moderate effort looks like." Whatever happens, don't agree on the spot to anything new if you are unsure whether you can deliver, says Morgenstern. "Say, 'Tell me what is expected on this and let me figure out if I can do it based on the other projects I am working on. Can I get back to you tomorrow?' Buy yourself time."

#### Offer to help.

Even when you have too much to do, it's both considerate and professionally smart to provide help where you can. The message to your boss, says Davey, should be something like, "I don't feel that I can take on [this project] without doing a disservice to the other work I've committed to, but I can carve out time in my schedule to provide direction to the person who is going to do it." You could, for instance, offer to attend brainstorming sessions, read first drafts, or serve as a sounding board. "And then make yourself available," she says. Offering a small lifeline — even when your bandwidth is constrained — is a way to cement "your identity as the responsible worker committed to the success of the organization," says Morgenstern.

#### Be Honest.

There are times in everyone's life when tumultuous personal events take precedence over all else. If you're experiencing one of those periods — your mother has been diagnosed with a serious illness, or your son is having a hard time in school — it's best to be up-front about it, says Morgenstern. You might tell your boss, "If I ignore this, it will create enormous stress in my family and affect my job performance," she says. Your tone should be straightforward, and your demeanor should be "grounded and as centered as possible." Davey agrees: "Make it situational and make it timebound. Say, 'This doesn't happen very often, but the next two weeks are a bit of a tsunami for me. I need help." A good, reasonable boss will understand and appreciate your honesty. "Trying to be the hero to the point where you <u>burn yourself out</u> is not the best answer."

# Keep your colleagues close.

Telling your boss that you're overworked doesn't always have the desired effect. When the boss is unwilling to make changes, Davey recommends giving your teammates "a heads-up" that you're feeling swamped. "If your boss won't cut you some slack, they might," she says. Perhaps they can take something off your plate or work around a delay on your part. "And even if they can't help, they've at least been given a warning" that you're overextended and therefore unable to give it your all, and you've "headed off anything that would erode their trust." If your boss is continually insensitive to how busy you are, consider it a sign that you may need to move on to a new job, says Morgenstern. Overwork "is not sustainable" in the long run, she says.

# **Principles to Remember**

Do:

- Seek advice from your manager or a coworker on ways to decrease the amount of time you spend on certain assignments.
- Be up-front about asking if priorities can be shifted or trade-offs can be made.

• Show a willingness to pitch in by inquiring if there are small ways you can be helpful to colleagues and projects.

# Don't:

- Be hard on yourself. Turning down a request on occasion or asking for a reprieve doesn't mean you're lazy.
- Say yes to more work on the spot. Buy yourself time by telling your boss you will evaluate your workload and get back to him.
- Keep your colleagues in the dark when your boss won't listen. Give them a heads-up when you're underwater so you don't erode trust.

# Offer solutions and be open to advice.

A year into her job as vice president of product strategy at Ceridian, Lisa Sterling was promoted to chief people officer of the Minneapolis-based provider of human resources software. At the time, the plan was for her to do both jobs at once.

But after a few months Lisa was overwhelmed by the workload. She knew she needed to talk to her boss, David Ossip, Ceridian's CEO, but she was nervous. "I'd never gone to a manager before and said, 'Help me,'" she explains. "We worked well together, but I had this fear that [he] would second-guess his decision [to promote me] and feel that I wasn't up to the job."

Lisa began the conversation by stating what she "understood to be the priorities" of the organization. She wanted to make sure she was clear about where David wanted her to focus. Next, she presented him with a "thorough list" of the different projects she was involved in on both the product side and the HR side. "Then I shared where I thought I was making good progress and where I thought was struggling," she says.

Finally, Lisa offered some possible solutions. "This is the advice I give to my team: 'If you're going to come to me with a problem, make sure you've thought about how you would solve it if you were sitting in my chair."

In this case, Lisa suggested specific organizational initiatives that could go on the back burner and certain product releases that could be temporarily delayed. Another idea was to hire a director of product strategy who would take over a portion of her responsibilities.

Her boss liked both recommendations. He also gave her some good coaching and advice about leadership. "He told me that as I progress in my career, my job is less about day-to-day management and more about developing my team," she says. "I realized that I was involved in too many things. I needed to improve my delegation capabilities and get out of the way so my team members could do their jobs."

Lisa is glad she spoke up. "It was eye-opening for me," she says. "If I hadn't asked for help, I never would have gotten this executive-level coaching."

# Be honest and up-front — and willing to move on when your boss is unreasonable.

Several years ago, Janine Truitt worked as an HR associate in a large hospital system. The organization, which was based in New York's Long Island, was rapidly expanding its number of employees each year, and the HR department could barely keep up.

"I was handling everything from entry-level positions to executive management positions across 10 facilities," Janine recalls. "My boss also had me working on special projects and workforce planning for hospital expansions."

After working in health care for nearly a decade, she was at a breaking point. But before going to her boss, she talked to her closest colleagues about her workload. "Speaking to them was more for moral support than to get concurrence on whether it was too much," she says. "Each of my colleagues was carrying much less than I was and felt sorry for me."

She asked her director for a meeting to discuss the matter and was up-front and frank when they spoke. "I told her I didn't feel the current workload was sustainable," she says. "I was never concerned about the ramifications of speaking up, but I was concerned about letting down my colleagues and ultimately the patients."

Janine suggested several possible ways to improve the situation. For instance, she suggested that a junior employee could handle entry-level hires, freeing her up to focus on more-strategic positions. She also asked to be brought into expansion project conversations earlier in the process. "That way I would have a heads-up on the needs and be better able to staff them in the future."

Unfortunately, the boss wasn't open to any of her ideas. Janine was frustrated and again confided in colleagues: "One thing we did do was to buddy up when there were similar positions to be filled in the same facility. That helped to relieve some of the burden."

Still, Janine says her plate "remained overflowing" until the day she tendered her resignation. Today she is the chief innovations officer at Talent Think Innovations, the business strategy and management consulting firm.

She doesn't look back on her old job fondly, but she did learn a valuable lesson. "Workforce planning is the one of the most important considerations in running an efficient business," she says. "If you want to keep your customer and employee retention high and your turnover low, you need to make sure your employees aren't consistently stretched beyond what is reasonable."

#### • WORK UNDER GOOD SUPERVISION

An effective supervisor needs to possess a certain set of skills. They should be confident leaders who can successfully motivate their teams. A good supervisor can help a company retain more talent and create a better for work Environment's employees of all levels. In this article, we share why supervisory skills are important and discuss 10 skills every supervisor should have.

Supervisory skills are important because they are what makes someone qualified to be a leader. Many supervisors have a combination of soft and hard skills that make it possible for them to do their job well. Their soft skills include interpersonal skills that help them effectively lead their team. As a supervisor, you should reflect upon your interpersonal skills and think about which ones are your strengths and which ones you should improve. By continuing to learn and develop in your role, you can become an even better supervisor and further your career.

Supervisors need a special set of skills to be able to effectively lead their team. People are more likely to respect a confident and personable leader. If you are a supervisor or would like to become one, it's important that you develop your supervisory skills to be the best leader possible. Here are 10 skills every supervisor should have:

- 1. Written and verbal communication
- 2. Decision-making
- 3. Interpersonal skills
- 4. Adaptability
- 5. Time management
- 6. Conflict resolution
- 7. Cooperation
- 8. Mentorship
- 9. Positivity
- 10. Willingness to learn

# 10 important supervisory skills

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#### 1. Written and verbal communication

As a supervisor, you should have well-developed communication skills. Much of your work is directing others, so you need to be able to provide clear verbal and written instructions. As more workplaces are using email and messaging applications to communicate, it's especially important to be able to clearly convey your ideas through writing. When you are communicating face-to-face, it's important that you use active listening skills. Show your coworkers you value what they have to say by using nonverbal cues and feedback that show you're listening.

# Related: How to Communicate Better With Coworkers

### 2. Decision-making

Supervisors regularly make important decisions for their team. Find a decision-making process that helps you make smart yet quick decisions. Use your critical thinking skills to weigh your options and predict the best possible outcomes. When making a decision, make it based on the well-being of your team and the company. Try to look at situations through an unbiased lens, and use the information available to make a thoughtful decision. Be willing to consult with others when making a decision that may affect people other than you.

#### 3. Interpersonal skills

Be a leader whose employees feel open to communicating with you by working on your interpersonal skills. Always be kind to everyone you work with, and make a point to get to know them. With the right combination of personableness and professionalism, you can create healthy work relationships with your team.

# 4. Adaptability

Sudden changes at work are inevitable, so supervisors must be able to problem-solve with little notice. The ability to think and react quickly will help you overcome challenges and continue to efficiently lead your team. A good supervisor uses creative strategies to solve issues and is flexible in unexpected circumstances.

#### 5. Time management

It's likely that in a supervisory role you need to manage many projects or tasks at once. Time management is a very important skill for a supervisor to have to get everything done on schedule. To have this skill, you must be able to prioritize and delegate tasks. You should be able to work efficiently and have a good idea of how long a task will take you to complete. Also, supervisors need to be conscientious about coming to work on time and staying until their work is done.

#### 6. Conflict resolution

When managing multiple people, occasionally conflicts may occur. In these situations, it's your responsibility to find a solution to the disagreement. Often the best conflict resolution is one that involves a compromise from both parties. During tense situations, you need to be able to calm everyone down and help them understand the other person's perspective.

# 7. Cooperation

Though supervisors are in charge of many things, they need to know when to step back and let other people make decisions too. Your coworkers' thoughts and opinions are important and can be valuable in certain situations. A good supervisor can collaborate with others and be considerate of what other people want. Instead of giving orders all the time, meet with your team to discuss strategies and decision-making processes.

# 8. Mentorship

A supervisor should be someone who can help their team succeed at work and advance their careers. Support your team during challenging situations, and encourage them to work toward their goals. Offer them advice and guidance when they need it. Mentorship can go both ways, so give your team a chance to give you new insights as well.

# 9. Positivity

It's a supervisor's job to create a positive work environment for everyone. During busy times, you should be able to keep employee morale up. By always trying to have a positive and optimistic attitude, you are encouraging others to do the same. When challenges arise, show your team that you are confident that they will overcome any obstacles. Then, when your team is successful, make sure to give them positive feedback and acknowledge their hard work.

#### 10. Willingness to learn

No matter what level you're at in your career, there is always an opportunity to learn more. An effective supervisor always wants to gain more knowledge and develop their skills. Try to learn as much as you can about your career, industry and role within the company. When you learn something new, pass your newfound knowledge onto your coworkers. By sharing your willingness to learn, you may inspire others to look for educational opportunities.

"If you are doing what everyone else is doing, you are doing something wrong. Why? Because most people are not obtaining results that are considered extraordinary.

"If your thinking is causing you to do what everyone else is doing, you are only contributing to the average. Even if you are contributing to the average at a high level, it is still...average.

"Do you want to be average? Do you want an average life span or an average lifestyle? Do you want an average marriage? Do you want to raise average children? Do you want an average spiritual life? Do you want average financial results? Do you want an average amount of influence for good in your community?

"...to produce results that are extraordinary – you cannot afford to think like average people think. You cannot act like average people act. You cannot be what average people are...which is normal."

### Andy Andrews, The Noticer Returns: Sometimes You Find Perspective, and Sometimes Perspective Finds You

"In general, people accumulate knowledge gradually over a long period of time. However, there are extraordinary people all around us, who are capable of accumulating impressive amounts of knowledge within a relatively short period of time. Nevertheless, even the greatest genius possesses only a small fraction of all knowledge known by mankind. Finally, the following question arises: how large is all the existing knowledge in comparison to the space of ignorance?" — Eraldo Banovac

We are all ordinary. Every single one of us is an ordinary person who has a set of talents, opportunities, challenges and experiences to work with. Whether we turbocharge those into greatness or lie on the couch is usually entirely up to us. But to start with, we are all ordinary to the core.

When I use the word 'ordinary', I mean normal, human, grounded, real. I don't mean average, mediocre or dull.

Remembering how ordinary we all are is humbling and encouraging at the same time. It keeps your feet firmly on the ground when you remember you're just as ordinary as all the other humans on this Earth – and it's enormously motivating to think you're as ordinary as people who've had an enormous impact. You are just as ordinary as Richard Branson and Oprah Winfrey, and Bill and Melinda Gates. We're just as ordinary and human as each other. How cool is that?

The spectacular point of difference that some of us benefit from is the simple location of our birth. To be born in Australia, Canada, Japan or the Netherlands offers a very different set of opportunities compared with being born in Madagascar, Bolivia or Iran. Basic human rights, healthcare and education on offer in rich countries give their residents a leg-up I have never taken for granted.

I have always thought that healthcare is the numberone priority for humanity because you can't educate a person if they're dead. But I was wrong: we are all screwed without a healthy planet. There is some extraordinary work to be done.

On a sunny Saturday in June 2019, I gave a speech to a room full of volunteers, united in the fight against poverty, for Results Australia, a grassroots advocacy organisation. Like the miracle worker I am, a speech on how ordinary people achieve the extraordinary was delivered in under 40 minutes. If you hanker for a deeper dive, there's a whole chapter called Ordinary in my memoir, Get the Girls Out (HarperCollins 2019).

Here are the top four ways that ordinary people achieve the extraordinary. Let's go!

# 1. Publicity

As one of my heroes, Greg Bloomfield taught me, the only difference between ordinary people and extraordinary people is publicity. That simple. Everyone has extraordinary potential and so many people are doing amazing things, we just don't hear about it. You're probably already being extraordinary, you just haven't had your gob on the cover of the Good Weekend yet.

Don't be shy to seek out the media; it's how you gain traction, a following and momentum behind you. So keep up the good work and pitch your schizz to a journo sooner rather than later. If you have no idea how to pitch to the media, go to one of the Meet the Media events run by Media Stable. It's like speed dating with the media and a fast, furious upskill on how.

#### 2. Momentum

You can't pull off the extraordinary all on your own – you will die of exhaustion. Furthermore, humans don't thrive in isolation, so build momentum behind you with a team of supporters, employees, a cheer squad, loyal fans: whatever army you need to create momentum. Make it fun and they will never leave you.

The best armies are diverse. If you look around and everyone on your team, in your network or cheer squad looks just like you, this means your supporters and advisors, and therefore your informed outlook will lack diversity of perspectives. Leonardo da Vinci was very keen on diversity and cross-industry learning in the 1500s so this is not a new idea. Intergenerational collaboration is so successful because as humans age the brain cells for risk-taking decline. So you need young risk takers and older risk assessors on your team. I have the funniest story to tell which illustrates diversity in teams but you'll have to book me to speak to hear it.

Look for diversity in age, ethnicity, religion, ability, politics and sexual orientation. Gender balance is a no brainer. Including women is not diversity, as women are 51% of the population, lads! With a broad, diverse team behind you, whatever extraordinary work you are up to will gain momentum. You will reach people you never thought possible all because you were simply inclusive.

# 3. Courage

Courage is like a muscle. Practice and it won't be so hard to call on when you need it. I call it "pushing your nerve" when you are practicing the art of bravery, pushing your sorry ass out of your comfort zone to the other side of fear. In the past, I have hated making phone calls. I felt like my voice was being auditioned and I had to think too fast on my toes, so for years I avoided calls. Eventually, I pushed myself to make phone calls every single day. This made me much better at thinking on my feet and has improved my voice. Now I walk onto stages and speak to thousands of people and it doesn't phase me at all.

I often wind up doing courageous things just because I don't want to look dumb by admitting it scares me. There is nothing wrong with that, if it gives you the nudge to achieve something that was being held back.

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Charm will take you far. By charm, I mean good manners, flexibility, friendliness and calm. So much more is achieved and people are much more accommodating when you treat them with charm. I can't think of a situation where panicking or losing your charm helps a situation. This doesn't mean that you have to kiss ass, it is simply that people respond better to being treated well. Be consistent with your charm. I am backstage a lot of snazzy events and have done some live TV. Nerves are on edge and there is no room for screw ups but the true professionals always keep their charm no matter how under the pump they are.

Want politicians to help you? Say thank you when they do a good job. Want journos to remember you? Retweet their articles with positive commentary. Want other extraordinary people on your momentum train? Give them kudos for their achievements. It's all part of being charming.

May you go forth and be extraordinary.

#### The Power of Discipline

In the pursuit of success, discipline emerges as an invaluable driving force that propels individuals and organizations to reach their fullest potential. The concept of discipline encompasses various aspects, including self-control, consistency, and adherence to a set of principles. This article delves deep into the significance of discipline in our lives and how it serves as a catalyst for achieving our goals and aspirations.

#### **Understanding Discipline**

Discipline, often synonymous with determination, is the cornerstone of success. It enables us to focus our energy and efforts on a particular objective, guiding us through obstacles and distractions. With discipline, we become more organized, diligent, and committed to our endeavors. Whether it's pursuing a personal passion or a professional ambition, discipline lays the groundwork for sustainable progress and growth.

#### The Role of Discipline in Personal Growth

In our journey towards personal growth, discipline plays a pivotal role in shaping our habits and behaviors. By adhering to a disciplined lifestyle, we create a structured routine that fosters efficiency and productivity. This routine allows us to allocate time for personal development, be it through learning new skills, cultivating healthy habits, or engaging in selfreflection. As we consistently apply discipline to our daily lives, we lay the groundwork for long-term success and fulfillment.

#### **Discipline and Goal Achievement**

Setting and achieving goals are integral parts of our lives. However, without discipline, even the most welldefined goals can remain elusive dreams. Discipline provides the necessary perseverance to stay on track, even when challenges arise. It instills the patience needed to work towards goals incrementally, celebrating each small victory as a step towards the larger objective. By embracing discipline, we transform abstract aspirations into concrete accomplishments.

#### **Discipline in Professional Success**

In the realm of professional success, discipline becomes a defining factor that sets high achievers apart from the rest. Successful professionals exhibit a strong work ethic and unwavering dedication to their craft. Discipline enables them to prioritize tasks efficiently, meet deadlines, and constantly seek improvement. Moreover, discipline fosters a growth mindset, encouraging individuals to learn from failures and adapt their strategies to achieve better results.

#### **Cultivating Discipline**

Discipline is not an innate trait but a skill that can be developed and honed over time. To cultivate discipline, one must first identify their goals and priorities. Breaking down these larger objectives into smaller, manageable tasks allows for a sense of accomplishment at each step. Additionally, creating a daily routine and sticking to it consistently reinforces discipline and helps establish positive habits.

#### **Overcoming Challenges to Maintain Discipline**

Maintaining discipline may face challenges such as distractions, lack of motivation, or unforeseen circumstances. However, acknowledging these challenges empowers us to proactively address them. Employing strategies such as time management techniques, mindfulness practices, and seeking support from like-minded individuals can bolster our ability to stay disciplined even in the face of adversity.

#### Discipline's Impact on Well-being

Beyond success in the conventional sense, discipline profoundly impacts our overall well-being. When we lead disciplined lives, we reduce stress and anxiety, as we are better equipped to handle challenges and uncertainties. The sense of control and accomplishment derived from discipline contributes to improved mental and emotional health, fostering a positive outlook on life.

#### **Discipline and Resilience**

Resilience, the ability to bounce back from setbacks, is closely intertwined with discipline. Embracing discipline during difficult times helps build the mental fortitude necessary to persevere. Instead of succumbing to failures, disciplined individuals view them as opportunities for growth. This resilience enables them to adapt, learn, and ultimately thrive despite adversity.

#### Conclusion

In conclusion, discipline stands as a guiding light on the path to success and self-improvement. By embracing discipline, we empower ourselves to unlock our full potential, overcome challenges, and achieve our aspirations. It is a virtue that permeates every aspect of our lives, shaping us into more focused, determined, and accomplished individuals. As we continue to prioritize discipline, both in our personal and professional endeavors, we embark on a journey of growth, fulfillment, and unparalleled success.

Almost every day we hear stories about people who have done extraordinary things in their lives. But what we don't realize is that often these people started out in very ordinary ways. This video shows a number of these ordinary people who went on to do extraordinary things.

#### 1.Love yourself

The first step to become an extraordinary person is to love and accept yourself as who you are! Mistakes are inevitable in life and we all commit them. We get to learn a lot from our mistakes (also from other's) if we are not too ignorant. Everybody has a grey shade including me. Accept yourself despite your flaws.

The reason I'm saying this is because whenever something bad happens to us or whenever someone leaves us, we start hating ourselves instantly even before analyzing the situation. Things will fall in place and so stop blaming yourself.

Learn to truly love and appreciate the person you see in the mirror!

#### 2. Challenge yourself

My parents are happy living an average life, doing monotonous tasks (which mostly revolves around me and my brother). There's nothing wrong in that.

But, if you want become an extraordinary person and live a truly exceptional life, then you got to do things that will help you get there.

Dreams don't work unless you do So step out of your comfort zone and step into that undiscovered territory.

#### 3. Take responsibility

You are where you are because of the decisions you made. If you want to be better, you must take responsibility for all your actions. Instead of whining over things, take charge of your life.

#### 4. Accept and move on

I came to a point where I believe that this universe is in someway guiding me towards my way through life.

We all sure will go through moments of despair and fear. That suffering will be undesirable at the beginning. But later on, you'll realize that those things were meant to happen to teach you some lessons. That pain will make sense to you later & you'll start seeing it as a blessing!

#### 5. Don't worry about the sunk costs

If you want to achieve great things in life , you have to be willing to give up on things that brings you down.

Once you gain the audacity to say NO to things that don't empower you, trust me you have already moved one step forward.

Get up, dust yourself off and start working!!

All the best.

Most people I know and especially people I meet for the first time laugh when I say I'm pretty ordinary. This isn't exactly a surprising reaction given my hobbies. If you're new here, I race long distance Triathlon, commonly known as the Ironman distance, considered the single hardest 1 day endurance event.

However, contrary to me *doing* extraordinary things, I'm very ordinary. I suffer with all the usual maladies of modern life, I get regular brain fog, I seesaw between motivation and being lazy, I don't eat great stuff all the time, I'm addicted to caffeine & good luck getting anything intelligent out of me before 8am and after 3pm.

You get the picture, I'm not some type of super hero, I'm like you, I mostly wake up tired and proceed to battle that groggy feeling through the day mainly because of my bad habits.

Yet, all that said, I do some crazy shit. I participate in races that are 226KM long in a single day, I regularly hit the top 50 and sometimes top 10 in my age group. I absolutely love doing this stuff, I'm not the best at it & I'm not the worst, I just can't get enough of it.

#### The myth of motivation

I hate, absolutely bloody hate the culture of motivation we live in. The constant barrage of *"find what you love and you will never a work a day in your life"* narrative makes me want to scream whenever I read it or hear it.

Yes, I get it, a small minority of people do actually achieve this and to some degree I'm in that small minority. but it's not as simple as it's marketed to be.

My typical day as an amateur endurance athlete will contain at least 1 hour of training, it's usually much more than this. Do you think when I drag myself out of bed at 7 am (yes, not 5 am) the first thing I want to do is get into a lukewarm pool for an hour? Of course not, it's currently November, it's dark at 7 am, it's bloody cold out in the UK and because of fuel prices, the local pool feels more like I'm swimming in a lake.

Just because I love triathlon, doesn't mean the daily training routine doesn't

# HOW ORDINARY PEOPLE ACHIEVE THE EXTRAORDINARY

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### Overview

God delights to use ordinary men for extraordinary things so that we know we serve an extraordinary God. Too often, Christians fall into the trap of thinking that God can only use smart, handsome, intelligent or powerful people. But over and over again, from a shepherd boy named David, to the 12 apostles, God shows us in the Bible that He loves to use the poor and foolish to confound the rich and "wise" of this world. If you are ordinary and you know it, God wants to use you! He calls you to leave this world behind, and learn of Jesus. So make sure that following Jesus in His word and in His church is your priority in life. Jesus said, "Follow me, and I will make you fishers of men." Find out more about what it means for ordinary men to do extraordinary things in this sermon.

That's amazing to think of. Who are the real world changers today? Ordinary people. I mean, today we think about Elon Musk, "wah, super smart guy, he's going to change the world with, with technology." And we think that world changers must be like Elon Musk. But no! God chose ordinary men. Very simple people. That's typically God's style. He loves to use ordinary people to do extraordinary things. He loves to take a little shepherd boy called, David to defeat the Goliaths. Why? So that we know we serve an extraordinary God. No glory goes to man, all glory belongs to God. Certainly, in the case of the Apostles. Now, what is unique about these Apostles? Even though they were ordinary men, was that they were extraordinarily willing to follow Jesus. They left all to follow Jesus. Isn't it? So Peter, later on in his life said, "see Lord, we have left everything and followed YouWhat makes them amazing is that they were willing to follow. They were willing to leave their nets. They were willing to leave their boats. They were willing to leave their fathers. They were willing to leave their, their tax table. They were willing to leave their ambitions, their occupations behind. They say, "I'm absolutely dependent on You, Jesus for my livelihood now, I'm following You, but I'm willing to leave all to follow You." Extraordinary things are done by people who are willing to leave all for Jesus.

What else do you learn about these guys? We have left everything Why do they leave everything? Why do they need to leave everything? Because this is the call of Jesus. "And He appointed 12 whom He also named Apostles, so that they might be with Him." Why do you have to leave all these things? Because you need to be trained, guys. You need to be equipped. You need to be discipled. If you want to be a world changer, if you want to be a fisher of men, this is what it takes. You've got to learn of Me, you got to take time to be discipled.

There is no shortcut. There's no magic bullet. There's no magic zap that says, "now, you become ..., no, you got to be with Me for three years. You've got to spend time with Me. I've got to spend time with you. You are not going to be different by osmosis or diffusion. You are going to be different because I'm going to disciple you. You are going to eat with Me, sleep with Me. You are going to walk with Me, minister with Me, suffer together with Me. You are going to learn of Me, I'm going to teach you, show you. And in the course of these two, three years, you will be discipled, you'll mature."

You see, our Lord Jesus Christ doesn't send out novices. He doesn't say, "oh, I, I see good potential in you, you go serve." No, no. He says, "come, follow Me first, then I'll send you." Did Jesus do a good job here? Did He succeed? Absolutely right! Because later on, we read, "when they saw the boldness of Peter and John and perceived that they were actually very ordinary people, they were stunned, they were astonished. Wow! How come they were so bold? Wow! How come they preached with such power? Then they recognized that they had been with Jesus." [Acts 4:13] This is the secret. This is the secret sauce as it were. Jesus did a fantastic job with these 12 men.

The job was so well done that even after Jesus died and rose again, they carried on the ministry until the day they died. They never compromised on the message of God's Word. They never shrunk back from what their necessary duty was, which is to preach the Gospel. And according to tradition, all 12 of them died for the faith. They were all martyrs for the faith. They all die tragic deaths for the faith. But these 12 men, accomplished what no one could ever believe. That through their ministry, two thousand years ago, right up till today, the faith of the kingdom of God is still expanding. And we believe it will carry on until the day Jesus returns. They were absolute world changers. They accomplished great significance. They were an ordinary people who accomplished extraordinary things because they were with Jesus.

We often talk about this example in our church and it's a fictitious story, of course. It's a story of how Jesus died and rose again and went up to heaven. Fake story ah, and there in heaven, Gabriel the angel said to Jesus, "wow, you died for the world, you died for their sins, does the world know that you did that for them?" Jesus says "no, the world doesn't know but there's a small group of men I've poured my life into, they know about it and they will tell the world about this."

Then Gabriel asked, "but what if they don't tell the world about what you did? What if they became scared? What if they go back to fishing? What if they are entangled by the things of the world? Who else and what else can tell the world? Is there any other plan? What if they do not succeed?" And Jesus says, "there is no other plan, that is The Plan." And the Apostles were faithful to the plan and the, again as I say, the fact that Gospel Light is here at Punggol is a testimony to the success of Jesus' discipleship with us.

And as I thought, as I, "oh no, none of us are part of the 12, right?" But in a sense, we all are to manifest the ministry and life of the 12 Apostles. Because the Great Commission is that they will teach us, and we will learn all that Jesus has taught. So in a way, the church today has great similarities to the lessons we can learn amongst the Apostles.

So let me just draw this parallel. How is the local church to embrace and really to live out some of the values and characteristics of the 12?

1]. Diverse People: First of all, as we have already looked at, I think the church of Jesus Christ is to embrace diversity. The church is to be a diverse people.

What I love about Gospel Light is that we are a diverse people, we are multi-generational and multi-cultural. It's great!

Like for Saturday service, yesterday, I had always thought and I've learned from others that typically Saturday evening service is well frequented or it's usually attended by young adults. Young adults who love to chiong [to do many things at one time] on Saturday night and therefore they are finding it difficult to wake up on Sunday morning. So a lot of young adults, they like to go to the Saturday service. But yesterday, I saw a lot of mature folks, so I asked them, "you also like to "chiong" is it? But we, we had a multicultural group, multi-generational, it is pretty much like what you see on Sunday.

I don't think a church should ever aim to be a singular culture. Like oh, we are specialists at reaching university students. And that's all we want to reach. Or we are specialists at reaching elderly folks, and that's all we want to reach. No. I, I think we need to have a higher regard for the power of the Gospel. It's the power of the Gospel that breaks down barriers, no more Jews or Gentiles, no more male or female, no more slave or free but we are all what? One in Christ. I think diversity glorifies God, shows the world the power of Jesus Christ to break down barriers, animosity, biases and so on and so forth. It's beautiful! When the world sees that the Jews and Gentiles could be together, loving one another. They say, "it is supernatural, it's the work of God."

So here at Gospel Light, hey, we love to see multicultural racial people joining this church. I hope we will have such a Gospel-centered heart that says, "let's embrace one and all, we are one family in Christ." Our unity is not because we all came from the same school. Our unity is not because we all came from Punggol. Our unity is not because we are here. Our unity is because of Jesus. We are united around loving Him. We're united around following Him. We're united around being on mission for Him. It's Jesus! That's what it means to be a Gospel-centered church. We are not culturally centered and we are not generationally centered. Embrace diversity. I think that's the beauty of a church.

Embrace people with different gifts, embrace people with different talents, embrace people with different quirks, embrace different people with different social economic status. That's what makes church, church. Alright! And I hope that you will not always hang out only with people of your same age group.

I know it's comfortable, you talk about the same things. The old guys like to be with old guys. The young guys like to be with the young guys. But I think, part of the beauty of the church is when the older one can invest in the younger ones. And the younger ones will learn from the older ones. It's not something I want to organize. We can't structure that from top-down, but it's got to be organic from the bottom up. You see the need to serve this young man, you see the need to be discipled by this older lady. That's what it! That's, that's church, on mission for Jesus - centered around Jesus.

2]. Organized People: Number two, I think the church has to be organized. Certainly, I think the Bible gives

us clarity that God is a God of order. There is organization in the home. The father, the husband is the head of the house and so on and so forth. There is order in the government, God has established leaders in our nation. And there is order also in the church.

Now, I'm not saying that the leaders are superior in any way. It's just the way God organizes His church. There are leaders that people are to submit to and leaders are to serve God's people. Just like how the Apostles are organized, we are to be an organized people. Think that's straightforward for us.

3]. Ordinary People: The third point which I really love to latch on is that God uses very ordinary people. So often we fall into this trap of thinking, God can only use smart people, rich people, powerful people, God will only use handsome people. I don't think so. God, in the Bible uses a lot of very ordinary people, I mean His choices baffle us. Because if you are a CEO or a director in your company, you want to choose very capable people, good schools, good records. Well, Jesus chose very uneducated people.

So many of us may think today, "I can't serve God because I'm very ordinary. I'm not very smart, I'm not very skilled, I'm not very capable of doing a lot of things." Well, God loves to use you. If you're someone like that, if you know you are weak, if you know that you're powerless apart from God, you are the prime candidate to be used by God. I say, "all of us can serve God, all of us." Ordinary people by His grace, can do extraordinary things. So I want to say to you, "you guys, all of us." It's amazing to think all of you who believe in Jesus, God has a wonderful plan and purpose for you to serve Him, if you're only willing next to forsake all."

4]. Willing People: I think church must be made up of a willing people. Now, I have been a pastor here for some time now and I am very acutely aware that in a sense, leading a church is very different from running a company. I meet with friends, they are bosses, whatever. And in company heads, they snap a finger and people fall in line, because they owe him a living. Right? But in church you snap a finger, people run. You ask them to jump, they say, "how high?" oh, no, no, no, in a company ask you, "how high?" If you ask them to jump in church, they say, "why, why, why?" And, well because church is really not a military organization where we listen to a fearsome commander. But we, we are a people who, who serve God because we love Him and we are willing to do that for Him.

Now I'm not saying that this church is rebellious or difficult. No, not all. But it is with the understanding, we all serve, we must serve from a willing heart. We must serve from a heart that is willing to follow Jesus, willing to forsake all. So I think one thing that holds you back from really being useful for God is because you're not willing to let go of some things in your life.

Maybe when you're younger, it's your exam grades. Can't let go, must study. Can't serve God, can't attend Bible studies because must study. Because that's the thing, I'm not willing to let go of. Then maybe later on, it's your career. Can't let go of my career. If I serve God too much, if I spend much time studying my Bible, my career advancement won't be as good. So that holds you back. And you know it's so easy for us to think that's normal. Everybody chases a career. What's wrong with that? But when you look at the Bible, it's not normal. When you look at the Bible, what's normal is people willing, radically to give up all to follow Jesus. And I think that's normal Christianity.

Jesus says, "you cannot serve God and mammon. No man can serve two masters." So let me ask you today. You say, "I want to have my life count for Jesus and pastor, you say I'm an ordinary, ordinary lady, ordinary man and you said, according to how God has used people in the Bible, He can use me, but why is He not using me?"

5]. Discipled People: Maybe I ask you, "are you willing? Are you willing? Willing to do what? Willing to be discipled. Willing to follow Jesus. I'm not telling you right now go serve, go to Timbuktu and be a missionary there. That may be a step too far for most of us. But it begins right here. Are you willing to be discipled? Discipled in the Word, discipled in Gospel communities. Are you actively looking for someone, who you admire in the faith, who you believe can have a great input into your spiritual life? Are you learning and following someone?

Hey, I, I look at the promise in the Bible, it's amazing you know. The Bible says in 2nd Timothy, "all Scripture is given by inspiration of God and is profitable for doctrine, reprove, correction instruction in righteousness, that the man of God may be complete or perfect, thoroughly furnished unto all good works."[2 Tim 3:16-17] What is it that makes me able to serve God? The Word of God. Following Jesus in His Word.

So let me ask you, "are you spending time to do that in your life?" I want to do extraordinary things for Jesus, it comes down to the dailyness of your commitment. Too many of us think we can be heroes overnight. Nah, you need time. You need to spend time with the Lord.

6]. Faithful People: I think the local church must be a faithful people. We're not here to give our own version of truth, that will not be truth anymore. We are here to faithfully represent the simple but clear Gospel of Jesus Christ, even if it means endangering your life.

So, I'm not preaching a message that is happy, go lucky, feel good. The call of the Gospel is a risky call demands your life. I almost feel surreal talking about this in Singapore because we don't face dangers to our lives. But this is not representative of the world. Singapore is not representative of the world. Singapore at this juncture certainly is not representative of history. To be a genuine follower of Jesus Christ, often times means that you may need, need to give up your life, risk your life.

So if you're here today, you say, "I want to be a Christian, I want to know more about Jesus Christ, so that I can be rich and successful." I say you've probably come to the wrong faith. This is not about health and wealth here. It's about the eternal life that is to come and because my hope is set on the eternal life that is to come, even if it means losing my life here, it's fine. I trust Him, that's what Christianity is. And that's what the Apostles did. They, they all risked their lives and they died for their faith, but we all say, "it's worth it, right!"

7] Significant People: And lastly, I think they were a significant people. I mean, the church should be a significant people. In other words, we should, we should certainly create an impact amongst those we live. One of the questions we are, we ask ourselves is this, "if Gospel Light is to disappear from the face of this earth tomorrow, if we all disappear from the face of this earth tomorrow, will anyone know it?" Well, that measures our impact. We're not here to make a living, I don't think God has given us a command here to make a living.

God has given us a command to make disciples, to be a blessing. And I think a church must always aim to be significant. I'm not talking about success in terms of numbers, I'm talking about significance in the sense of blessing and impacting lives.

At the end of the day folks, it's really simple, this is what church is. A very mixed group of people, organized, we are ordinary but we are willing to follow Jesus. We give up the things of this world. More and more, we, we will surrender it all for Jesus sake. We want to learn of Him, we want to be faithful to Him and as we do so, we will create an impact in the world we live in.

Let me just end with this little cute, little illustration. There's a young man in America who wanted to be a missionary. So he applied to be interviewed by a missions board to serve under the missions board. So he was told to turn up at 3AM for the interview, 3AM in the morning. And on that very morning he turned up at 3AM, he sat there at the table. And five hours later at, 8AM, the examiner walks in, says, "hi," sat him down and said, "I'm, just I'm going to ask you two questions for your interview."

First question, how do you spell dog? The young man says, "d o g." Very good. Let me ask you something about figures. What is 2 times 2? The young man says, "four." The examiner shook his hand and said, "young man, you have done very well, we will let you know the results."

The next day, the examiner now faces the missions board and said, "we have found an ideal candidate, he's excellent for this missions job." The examiners then asked him or the board then asked him, "why do you think he's so good?" He says, "number one, I tested this man on self-denial, I made him wake up early in the morning to get out of his snug warm bed to appear for an interview at 3AM. Next I tested him on punctuality, he appeared there on time. Third, I tested him on his patience, because I made him wait for five hours and when I arrived, he never even asked me why I was late. Number four, I tested him on temper, he showed none of it. Number five, I tested him on humility, I asked them questions that even a little child could answer and he answered it without any frustration. He is our ideal candidate!"

You know, God today is not looking for smart guys. I never read in the Bible, "you who are smart, serve God, you who are stupid, don't serve God." Do you read that? God loves to choose the foolish to confound the wise. Don't you see your calling? Not many rich are called. He has chosen the poor, the foolish to confound the wise. God specializes in using ordinary man for extraordinary things.

We are an ordinary church, made up of ordinary people, but we have an extraordinary God. And if you're willing to be discipled, to be faithful to Jesus, God can use us for extraordinary things in our lifetime and beyond. Would you be willing?

Let's bow for a word of prayer together. Charles Spurgeon had a quote that says, "if God has called you to be a missionary, don't stoop to be a king." Listen to this again, "if God has called you to be a missionary, don't stoop to be a king." I think when he talks about missionary, it's not talking about someone who has to cross the seas alone, but is someone whose willing to cross the street.

Someone who is on mission, someone who says, "I am an apostolos, a sent one. I'm a delegate, I am an ambassador for Christ. I'm to witness of the Gospel." So if God has called you to be a missionary, don't lower yourself to pursue kingdoms of this world. It's not worth it! Preach the kingdom of heaven is at hand!

You are an ambassador of the King of kings. So what if you are CEO of this world, so what if you are some general, so what if you're some boss. It means nothing, unless you are on mission for Jesus. If God has called you to be a missionary, don't stoop to be a king. Don't make a foolish exchange and my friends, God has called all of us who are His children to be His missionary. Ordinary people like you and me. Let us be on mission for Jesus. May this church, though diverse, be united around the Gospel of Jesus Christ. May this church not just grow in our seating capacity, but we pray, "oh God, make us a willing people who forsake all, who will grow with Jesus, be discipled by Jesus. And then we will be faithful to Jesus." And may this church, then say, "Lord send forth the laborers, grow our sending capacity."

May we be missional right where we work, live and play. May we create significance, may we create an impact right where God has placed us. That's the way to live our lives. We have only one life, let's make it count.

Oh, The twelve Apostles, what an example! What a group of common, uneducated men. But look at their boldness, look at their ministry. And when people see them, they can only say, they had been with Jesus. Gospel Light, when people see you, will they say they had been with Jesus. Abide in the vine and you will bear forth much fruit.

Perhaps today, some of you are here with us, and you do not know Jesus. Let me tell you, He is worthy of your following. Men and women across generations have given up their lives to follow Jesus because they believe Jesus has given up His life to save you and I from our sins.

Jesus formed that rescue mission to save man, not from caves and dungeons but to save us from sin and alienation from God. He brings us into the light, into the life with Him. He gave His life, He shed His blood that you today might be forgiven of your sins. Folks, if you're here with us, you do not know Jesus, let me today have the privilege to say to you, "please believe in Him." Because He said, "I am the way, the truth and the life, no man can come to the Father but by Me." He's the only way you can be saved, repent of your sins, believe in Jesus. He has paid it all.

So Father, this morning we are thankful for Your Word. Oh God, have mercy to touch hearts, save lives, save souls, even right now in our midst. And oh God, let Gospel Light not just be a group of people who come for some religious ritual alone, but may we be true disciples of Jesus Christ. A people who are growing in the knowledge of Your love, who are gradually but surely loosening the hands, the grips that we have upon the things of this world. A people who be faithful to follow, a people who be on mission for Jesus.

Lord, thank You that You delight to use ordinary people to do extraordinary things. It is our humble prayer that You will use our five loaves and two fishes and multiply it in this neighbourhood, in this nation, unto the uttermost parts of the world. Thank You for Your Spirit, thank You for Your promise that I am with you always, even unto the end of the age. So may Your church, rise, and obey. May we abide in You, O God. Thank You for hearing this prayer, grow the sending capacity of Gospel Light, we ask this now in Jesus Name, Amen.

There are heroes who make their mark in the world in such dramatic ways that the world feels compelled to notice them. But there are also those rare individuals who, despite personal odds and challenges, choose to make changes in society through their creativity, resilience and overpowering urge to make the lives of others better. The Daily Star has been highlighting the stories of people in different parts of the country who in their small way are creating ripples in their community through either their selfless spirits or innovative minds, taking the nation, a step at a time, into the right direction. They are ordinary people, some facing economic hardship, others bearing physical disability, but they all have shown their extraordinary ability to make a difference in society. Here are a few of these remarkable stories

## An Ordinary man Can Do Extra Ordinary Things

The Extraordinary Things of an Ordinary Man is an inspiring memoir detailing the life of an actor and philanthropist. It shows how he balanced his success with humility and used his platform to give back to society, making a positive impact on the world.

The truth is, most people aren't living the life they want. Most people aren't happy with the current circumstances of their life. And most people cannot say they wake up with true joy and excitement to face the day.

Why? Because they're not on the path they've chosen for themselves. Most people's lives are lived on other people's terms. They do not what's best for them, but rather, what other people expect of them.

"Extraordinary paths 'may' create extraordinary people, but extraordinary people definitely creates extraordinary paths!" - Mehmet Murat ildan

"If you walk into an ordinary street and talk to ordinary people on an ordinary day, your day turns into an extraordinary day when you realize how extraordinary those people actually are!" - Mehmet Murat ildan

Today is difficult, tomorrow is much more difficult, but the day after tomorrow will be beautiful So Never give up - Jack Ma