

THE PURPOSE WITHIN

YOGESH SHARMA



BlueRoseONE^{com}
Stories Matter

New Delhi • London

BLUEROSE PUBLISHERS

India | U.K.

Copyright © Yogesh Sharma 2025

All rights reserved by author. No part of this publication may be reproduced, stored in a retrieval system or transmitted in any form or by any means, electronic, mechanical, photocopying, recording or otherwise, without the prior permission of the author. Although every precaution has been taken to verify the accuracy of the information contained herein, the publisher assumes no responsibility for any errors or omissions. No liability is assumed for damages that may result from the use of information contained within.

BlueRose Publishers takes no responsibility for any damages, losses, or liabilities that may arise from the use or misuse of the information, products, or services provided in this publication.



BlueRose ONE
Stories Matter
New Delhi • London

For permissions requests or inquiries regarding this publication,
please contact:

BLUEROSE PUBLISHERS
www.BlueRoseONE.com
info@bluerosepublishers.com
+91 8882 898 898
+4407342408967

ISBN: 978-93-7542-965-4

Cover Design: Shivam
Typesetting: Sagar

First Edition: December 2025

The Purpose with In

“This book defines the real meaning and true purpose of life—something we are slowly forgetting day by day.”

Life is God's gift. Life is priceless. Life is how we live and how we love the true meaning of living. It is a beautiful experience meant to inspire others. God has given us this gift so that we may create a healthy and peaceful environment for everyone. Love inspires us to live and to make life easier for others — this is the true essence of life.

The purpose of this book is to remind and explain the real meaning of life, because we are slowly forgetting it. We read books, listen to gurus and elders, and do many things, yet we still fail to understand life's purpose. We live for money, not to fulfill the true reason for which we were born.

In my words, we have minds — yet day by day, we use them to do wrong things easily, destroying our peace of mind. As a result, we are unable to discover or reach the real meaning of life.

My only purpose in writing this book is to motivate everyone to live life without thinking about money or material things, because every life has its own purpose and everyone has ownership of their own life. No one has the right to destroy it. My aim is to encourage people to live fully and to choose a path that inspires others.

We have only one life, so we should live it well and do the things that help others live better. At present, we treat life as a race — everyone wants to win by any means, forgetting the real meaning of living. This book explains how to live a healthy and inspiring life by following the same principles that God Himself followed.

My purpose in writing this book is to remind you of the way God chose to live — a way that helps us live a rich, natural, and healthy life. It is written to help you stay motivated during difficult times, to build confidence without losing hope, and to inspire others through your actions.

Sometimes, in moments of weakness, we do wrong things, lose ourselves, or even contemplate ending our lives. To live without losing yourself is the only true way to live — but it is not easy. This book teaches practical and spiritual ways to live life meaningfully.

Every life has its own purpose. We must always remember that life is a gift from God, and we should live it as He intended. Today, it is difficult to imagine life without money, and many people make terrible decisions in their desperation to earn it quickly. But remember: your decisions are yours alone.

Make sure they come from your own heart — not from the influence of others.

Do the things that help you make the right choices, build a better future, and protect life rather than destroy it.

The message I wish to give is simple: **Life is priceless — live it for yourself, not to impress others. Do not destroy yourself or anyone else.** Life is a one-time opportunity to fulfill its real meaning.

Live to love, and inspire others to live and to love. This book is about the value of life, not the value of money. My only aim in writing it is to remind you of the worth of God's gifts — the things we are beginning to neglect as we give more importance to money than to life itself.

“The systems we create may seem right for a time, but as society evolves, many of these old structures begin to fail—often harming millions by valuing money over humanity.

This book is not about those systems, yet we cannot ignore the impact they leave on our lives or the disappointments they create. Through these reflections, I hope to guide readers toward understanding the true worth of life—something even the strongest systems often fail to protect.”

So, do not be discouraged by anything that brings negativity into your life. Follow your own path, because you are the owner of your life — no one else. Remember, every life has its own purpose. **Live to love.**

Contents

1. What is the Meaning of Life?	1
2. Love: The True Meaning of Life.....	9
3. “Life is as simple as the word itself – pure, gentle, and divine in its essence.”	17
4. Enjoy for Enjoy, Not for Destroy	25
5. Life Which Gives Lessons to Others, Which Inspires Everyone	31
6. The Beauty of Life Through Nature.....	49
7. Life as a Circle	57
8. Life as the Air We Breathe.....	65
9. The Modern Illusion of Wealth	75
10. The Hidden Meaning Within Life’s Journey	85
11. The Divine Purpose Behind Our Birth – Not Suicide.....	95
12. The Strength Born from Struggle.....	103
13. Life has its own meaning, but that does not mean you cannot live it fully.....	115
14. What Is the God’s Way to Live Life?.....	127
15. Life and the Seasons:.....	139

16. The Art of Living a Healthy and Positive Life	147
17. Life: A Divine Opportunity	157
18. Real Life vs. Philosophical Life Through the Teachings of the Bhagavad Gita	167
19. Is Career More Important Than Life? – A Deeper Spiritual Understanding	177
20. Ups and Downs, Highs and Lows: The Sacred Balance of Life Through Ups and Downs: Walking the Spiritual Path with Strength	193
Final Teaching	208

1

What is the Meaning of Life?

Life itself carries its own meaning. Simply having life means that there is purpose within it — we do not need to search for meaning outside of it.

When we experience sadness, unhappiness, or failure, we often feel helpless and restless. In those moments, we sit in silence, reflect, and search for new ways to rise again — to correct our mistakes and move forward. **That search for growth, understanding, and renewal is the real meaning of life.**

Every life holds its own unique purpose. We often call such experiences “a part of life,” yet we seldom recognize them as **the very meaning of life itself.**

Many people believe that success defines the true meaning of life. However, only **success achieved through truth and integrity** truly fulfills life’s purpose. Success gained by harming others or taking dishonest paths

can never bring real direction or peace to one's life.

Failure, in contrast, is an essential part of our journey. It shapes us, teaches us, and guides us toward growth and self-realization. Our constant effort to rise above failure and strive for meaningful success reflects the true purpose of living. Ultimately, life's meaning exists within this journey — not outside of it.

In today's world, many people achieve success by taking the wrong path, because success through honesty and righteousness often seems difficult. The wrong way may appear easier — a shortcut to quick success — but it lacks true meaning and peace.

To achieve **real success in life**, we must stand for truth and follow the path that God Himself chose. True success comes not from what we gain, but from how faithfully we walk in truth and integrity.

This book follows only the divine path — **the way chosen by God** — which is why I draw lessons and examples from His ways, to help us understand the true meaning of success and life.

An example from the *Ramayana*:

Shri Ram's birthplace was Ayodhya. He was born into a royal family (Raj Gharana) and received a good education. Even though he himself was God and had no need to learn anything, he still lived the life of an ideal human being. He did not take birth to rule a kingdom; instead, he chose the path of righteousness. He defeated many rakshasas and later went into *vanvas* (exile). He took nothing with him — no money, no luxuries, no helpers — because he simply followed the path that was meant for him. Everything he needed on that journey was already arranged by destiny. He only had to walk forward with faith.

This teaches us a deep lesson: life has its own meaning and purpose. Being born in a royal family does not guarantee that one will rule; instead, one's true purpose is to walk the right path and fulfill the mission of life. Life itself has a purpose — our responsibility is to develop the right vision and make the right choices.

In today's world, there are countless examples of how easily humans make mistakes. Yet the best way to rise above them is to learn from and follow the ways of God, for His path teaches the true meaning of success and helps us overcome the failures of life.

Failure, in itself, is not an end — it is a divine lesson that reveals the worth of success. When we face failure with faith and continue to fight for truth, we walk under the blessings of God, and that journey leads us toward genuine success. Failure teaches

us, but it is not something to be pursued; it is meant to guide, not to define us.

Failure is often the turning point — the place where we touch the impossible peak of success. When we walk in truth, we may experience loss or setbacks, but we must never lose heart. Most people make their worst decisions during times of failure, seeking quick relief instead of patient growth. Such choices may offer temporary comfort, but ultimately, they turn success into emptiness.

Therefore, when you fail, work on the reason behind it. Do not take the wrong path to escape it. Choosing the right way may be difficult, but it leads to lasting peace and definite success. The wrong path, no matter how easy it seems, destroys the meaning of both success and life itself.

CONCLUSION

Pursuing success is natural and necessary — but pursuing it through wrong means destroys lives and distances us from God's grace. Success and failure are both parts of life, but the true meaning of life lies in how we walk through them — with faith, truth, and courage.

2

Love: The True Meaning of Life

In my words, **the very essence of life is love.** The word *love* itself defines the real meaning of life. When we truly feel love — in its purest, most selfless form — life becomes complete, because life itself teaches us to love.

Love gives life its direction, its purpose, and its beauty. It transforms ordinary moments into sacred ones. To live with love is to live in harmony with God's will, for love is His greatest teaching.

When you face the right and wrong paths in life, the decision of which way to go always rests with you. **Life is shaped by the choices you make.** If you choose to stand with truth, you stand with life itself — because truth is the foundation of all creation.

Truth often stands alone. It faces many challenges, many ups and downs, and is often misunderstood. Yet, those who remain steadfast in truth, even in times of hardship,

embody the real essence of life. Their strength and faith define what it truly means to live with purpose.

However, standing for truth alone does not complete the entire meaning of life — it is only one sacred part of it. Each life has its own divine purpose, its own rhythm, and its own language.

If you have the vision to see beyond the surface, you will understand that life speaks to you in its own way. And when you begin to listen to it — to recognize your unique purpose and live it with truth and love — only then do you truly **fulfill the meaning of life**.

For Example

When Lord Shri Ram departed for fourteen years of *vanvas* (exile), His devoted brother **Bharat Ji** was offered the throne of Ayodhya. Yet, out of pure love, faith, and surrender, Bharat Ji refused to rule in His absence.

Instead, he placed **Shri Ram's चरण पादुका (Charan Paduka)** upon the throne — a divine symbol that the true King of Ayodhya was, and would always be, Shri Ram Himself.

This sacred act reveals one of life's greatest truths — that **devotion and righteousness are higher than power and position.** Though Bharat Ji possessed the strength, wisdom, and right to rule, he chose humility, love, and truth above all.

From Bharat Ji's devotion, we learn that the essence of life lies in living through **truth, love, and surrender to divine will.** His act of faith teaches us that when we walk in humility and place God above our ego and desires, we walk on the path of *dharma*.

The **चरण पादुका** on the throne reminds us that when we allow God to lead our life, even in His physical absence, His presence continues to guide us. That is the **true meaning of life**

– to live with devotion, truth, and love at the feet of the Divine.

The only thing we must do in life is to **develop the right vision and walk the right path** – for *love* is the way that God Himself chose.

The word **Love** holds within it the very essence of existence. This single word carries enough power to express the eternal meaning of life – the wisdom of countless ages – for love is the force that sustains creation itself.

For example, in the *Ramayana*, we see that even God does not limit His love to His devotees alone. **Lord Shiv Shankar** loved all beings – even His greatest devotee and eventual adversary, **Ravan**. Out of divine love and grace, He granted Ravan immense powers. Yet when those powers were misused to harm others, God was compelled to intervene – not out of anger, but out of

love for all creation, to restore balance and protect peace.

This teaches us that **life is not about destruction or domination**, but about **creating peace and nurturing harmony**. True power lies not in using strength to destroy, but in using it to protect and uplift others.

Similarly, when **Lord Shri Ram** defeated Ravan, He did not claim Lanka for Himself. Instead, He restored the kingdom to Ravan's brother — an act that reflects divine compassion and selfless love.

Such examples reveal that **love is not limited by time, form, or circumstance**. It is eternal — a power that carries itself through countless lives, guiding all creation toward truth, peace, and unity.

Conclusion

Love is the essence of life — eternal, selfless, and all-encompassing.

It guides our actions, shapes our choices, and connects us to truth, peace, and the Divine.

When we live with love, life finds its true purpose, and every moment becomes sacred.

3

“Life is as simple as the word itself — pure, gentle, and divine in its essence.”

In simplicity, we rediscover life's divine rhythm. Every breath becomes a prayer, every act a reflection of love, and every moment an opportunity to walk the path of truth.

Life is simple — as simple as we speak it.

Its beauty lies not in complexity, but in the purity of our thoughts and the sincerity of our actions. When we learn to live as God intended — with peace, humility, and love — we realize that the secret of happiness has always been within us.

Life, in its truest form, is not complicated; it is sacred. It whispers to us gently: *Live with truth, love with grace, and walk with simplicity.*

Life is God's greatest gift — a miracle in itself. It is truly amazing to live and experience the beauty of existence. Yet, in today's world, many people are unhappy. They are burdened with stress, pain, and confusion. Some lose themselves to mental illness,

while others forget the true meaning of life. In their search for peace, they often turn to harmful habits, such as drugs, which only destroy the very peace they seek.

This is the challenge of *Kaliyug* — a time when the mind is restless and easily distracted from truth. Life, by its nature, holds deep meaning and divine purpose. But when we fail to choose the right path, we distance ourselves from that purpose.

Just as a good teacher guides their students towards knowledge and understanding, a spiritual teacher — or Guru — can show us the right direction in life. When we follow that guidance with faith and sincerity, we naturally move toward our true destination: the realization of life's divine purpose.

Many people say that life is nothing without money, success, or ambition. But do they ever pause to see that *life itself* carries its own sacred meaning? If you have life, you already

hold purpose within you. All you need is the right vision and direction — and the journey toward true fulfillment begins.

Life is a divine process through which every soul must journey. Each of us experiences both success and failure, joy and hardship. Yet, in those moments — whether of triumph or trial — the most important thing to hold on to is our *vision*, the inner direction that aligns us with the true meaning of life.

When we allow ourselves to be carried away by success or disheartened by failure, we lose sight of that sacred path. This loss of direction creates inner conflict and disturbs the peace of both mind and body.

Life is God's precious gift — meant to be lived with joy, trust, and gratitude. There is no need for panic, stress, or fear. But too often, we destroy this divine gift ourselves. We run from failure and chase excessive

success, forgetting that both are temporary. In that pursuit, we sometimes choose the wrong actions — actions that harm our peace, our relationships, and even the environment around us.

True peace comes when we accept life as it is — a balance of light and shadow — and continue walking our path with faith and simplicity.

Take the example of **Mata Sita** and **Mata Parvati**. Both were born into royal families, surrounded by comfort and luxury. Yet, when the time came, they chose to live with their husbands wherever life took them — in simple dwellings, away from the comforts of their palaces — without complaint or sorrow. Their peace remained unshaken, because true peace comes from within, not from material wealth or comfort.

Their lives remind us that nothing in the outer world can destroy our inner peace —

unless we allow it to. Life, in its essence, is simple. **So we can truly say — life is as simple as we speak, as peaceful as we choose to live it.** It is not a battlefield to be fought with stress and worry, but a divine gift to be lived with faith, acceptance, and grace.

CONCLUSION

Life carries its own divine meaning — we just need to stay aware of it. Focus on what you are doing in the present moment, not on the speed of reaching your goals. Goals are an important part of life, but they are not its ultimate purpose. The real meaning of life is often hidden, waiting to be discovered through patience, awareness, and faith.

So, instead of rushing toward success, focus on walking the *right path*. Follow the direction that aligns with truth and goodness. That path will naturally guide you to the deeper purpose of your existence — the true meaning of your life.

“Life is as easy as we speak it — when we walk the right path and follow the right direction.”

YOGESH SHARMA.

4

Enjoy for Enjoy, Not for Destroy

My words also describe the true meaning of life: **“Enjoy for enjoy, not for destroy.”**

Yogesh Sharma

It means we should live joyfully — simply to enjoy the gift of life — not by causing harm to others. Enjoy life with gratitude and innocence, but never take joy in the destruction of another’s peace, happiness, or well-being.

Life is not something we create on our own; it is a divine creation. God, the true Creator, has gifted us this world — its nature, beauty, and environment — for the wellness of all beings. Yet, some people, driven by selfishness or ignorance, choose the opposite path.

In today’s modern world, life is often mistaken for a race toward wealth, luxury, and power. Many believe that success without failure and comfort without effort define a good life — even if it means doing

wrong or harming others. But is that the real meaning of life?

I don't think so. Life already holds its own sacred purpose, but many have forgotten it. People have become attached to convenience and temporary comfort, seeking peace at any cost — even if it means destroying the environment or losing moral values.

This pursuit of *short-term satisfaction* gives momentary pleasure but long-term suffering. We destroy our peace, our surroundings, and even our relationships — all in the name of success and comfort.

So, we must awaken to the eternal truth: life is not meant to be lived in destruction or selfish pursuit. It teaches us to choose what endures — goodness, truth, and compassion — and to leave behind what is temporary and harmful. When we live with that awareness, we honor the divine gift of life itself.

Example - “Enjoy for enjoy” means that life itself teaches us how to live. It reminds us to enjoy every moment as a divine blessing from God. When we live with gratitude and awareness, we begin to fulfill the real meaning of life – to experience joy, peace, and purpose through all that we do.

“Not for destroy” means that while we seek God’s blessings through our work, business, and daily actions, we must ensure that our enjoyment does not come at the cost of harming others or destroying God’s creation. True enjoyment lies in living with harmony – respecting nature, humanity, and every form of life.

To live rightly is to *find the true way of enjoyment* – the path where happiness and responsibility walk together. When we learn to enjoy life in this divine way, we not only receive God’s blessings but also become instruments of His peace and love in the world.

Modern Enjoyment vs. Spiritual Enjoyment

In today's world, many people believe enjoyment means spending time in bars or pubs, indulging in drugs, distractions, or worldly pleasures. Entertainment has become the center of life — through mobile phones, parties, and temporary excitement. But in this process, we have forgotten the *spiritual way of enjoyment* — the sacred way that God once taught humanity.

True enjoyment is not found in intoxication or excess; it is found in awareness and connection. The divine way teaches us to live joyfully without depending on these outer sources. Real happiness comes from within — by healing others, spreading peace, and using the gifts of nature and the spiritual tools God has given us.

CONCLUSION

When we learn to enjoy life through service, kindness, and gratitude, our joy becomes eternal. That is the kind of enjoyment that uplifts the soul and aligns us with the true purpose of life.

5

**Life Which Gives Lessons to
Others, Which Inspires Everyone**

A life that gives lessons to others and inspires everyone is not about gaining success through wrong actions or by destroying another's peace. True inspiration and real lessons come from divine sources – **truth** and **love**. Truth inspires us to stand firm in righteousness, and love teaches us compassion toward all. That is why we say: *life is all about standing with truth and loving everyone*. This is where the real meaning and purpose of existence lie.

The greatest achievement in life is to stand with truth – no matter what happens in the end. We should not fear the outcome when our actions are rooted in honesty and goodness.

In this chapter, we reflect on modern life – a world that moves fast and is often driven by money and ambition. It has become difficult for many to live in the present moment. Those who manage to stay conscious and balanced survive peacefully,

while others, caught in the race, slowly lose their inner peace — minute by minute, day by day.

But is this the real meaning of life? Do we live merely to survive, or to chase things that destroy our peace and purpose? Certainly not. We are meant to live in truth, to create a better future through good deeds — not to destroy ourselves or others in pursuit of short-term satisfaction.

So, let us understand the truth behind life: we live not just to exist, but to **grow, heal, and inspire** — to make life meaningful through love, truth, and right action.

For example, in the *Ramayana*, **Lord Shri Ram** always acted for the welfare and betterment of others. Every decision He made was rooted in truth, righteousness, and compassion. In contrast, **Ravan**, though known as *Lankeshwar* — the mighty king of Lanka — acted only for himself. His desires

and ego led him to harm others and ultimately destroy himself.

This teaches us an important truth: Ravan, too, had great knowledge, wealth, and power, yet he chose the wrong path. His downfall reminds us that true greatness lies not in power or possessions, but in living with truth and humility.

Sadly, in today's world, many people draw inspiration from the wrong ideals — admiring power, wealth, or dominance rather than righteousness. But we must remember that life is a sacred gift from God, not a competition for material gain. Life has its own divine meaning — a *one-time opportunity* given to us each day to act with goodness, faith, and awareness.

Our only true responsibility is our **actions** — what we choose to do and how we choose to live.

Life itself is the greatest teacher. It gives us one of the most powerful lessons: **to live fully, to act rightly, and to keep learning — no matter what happens in the end.** What truly matters are the lessons we gain along the way, for they shape our soul and reveal the divine purpose of our existence.

But these lessons are not meant for us alone. What we learn from life, we must also *share* with others — through our actions, our words, and our example. When we live truthfully and do the right things, we become a source of inspiration and guidance for those around us.

Every good deed, every act of kindness, every moment of honesty becomes a lesson we give to the world. In this way, life flows like a continuous exchange of wisdom — we learn, we grow, and we help others grow. This is the true cycle of spiritual living: **to learn from life, and to make our own life a lesson for others.**

The most important question in life is how we choose the *right path* and the *right direction*. Guidance often comes from our teachers, elders, or those who truly care for our well-being. Their wisdom can show us the way, but the final decision is always ours.

If you are surrounded by the right environment — with good friends, sincere teachers, and positive influences — you are already walking closer to the right path. Yet, life also presents wrong directions and misleading people. In such moments, the choice is yours alone.

Remember, life belongs to you, but every decision carries consequences. So, be loyal to the blessings God has given you — your conscience, wisdom, and moral strength. Choose carefully, for your choices not only shape your own destiny but also **inspire others**.

When you walk rightly, you don't just live for yourself — you *give the right inspiration and message to the world*. That is how one life becomes a light for many.

In the *Ramayana*, **Ravan** was the mighty king of Lanka — powerful, wealthy, and respected. Yet, his own brother, Shri **Vibhishan Ji**, chose to stand with **Lord Shri Ram**, the embodiment of truth and righteousness. This story teaches us a timeless lesson about *making the right decisions in life*.

No matter how strong or successful someone appears, true strength lies in standing for truth and justice. Shri Vibhishan Ji chose the path of righteousness, even when it meant going against his own brother. His decision shows that life is not about power or pride — it's about living by truth and doing what is right in the eyes of God.

In the same way, your life is in your hands. You are the ruler of your own path. The direction you choose determines whether your life becomes a blessing or a burden. So be mindful of your choices — let them be guided by honesty, compassion, and peace.

Whatever happens, **be the one who helps others, stands for truth, and spreads peace wherever you go.** That is the real victory of life — not in defeating others, but in living as a light for them.

In life, we are born alone and we die alone — whatever happens in between is what we call *life*. Every event, every moment, carries its own meaning and purpose. Nothing happens without reason. Everything that unfolds between birth and death is part of the divine design, guiding us toward the *real meaning of life*.

Every life holds its own purpose. When we have a clear vision and a pure heart, life

becomes easier to live — and its purpose becomes easier to achieve. Our duty is simple: to live in a way that **inspires others** and **teaches valuable lessons** through our actions.

What truly matters is how we face challenges and rise above them. Every difficulty we overcome brings us one step closer to our life's purpose.

Life is what we live, what we do, and what we learn as we pass through joy and sorrow, success and failure, ups and downs. At the end of it all, that journey itself is *life*.

If our actions help others, uplift lives, and contribute to the growth and well-being of everyone around us, it means we have chosen the **right path** — the path that reflects the divine purpose of our existence.

In both the *Mahabharata* and the *Ramayana*, we see divine examples through **Lord Shri Krishna** and **Lord Shri Ram Ji** — both

manifestations of God on earth. Throughout their lives, they stood firmly with **truth** and **righteousness**, fighting against injustice and protecting those in need.

They lived not for themselves, but for the welfare of others. Their actions brought peace, harmony, and joy to the world. And when evil forces arose — those who destroyed peace, happiness, or righteousness — they did not hesitate to stand against them for the greater good.

The clear teaching from their lives is simple yet profound: **love everyone, help the needy, protect goodness, and stand firmly for truth.**

When we live in this way — promoting peace, spreading love, and protecting the balance of nature and humanity — we truly live as God intended. Such a life becomes a reflection of divine grace, and we can say

with gratitude that **God has blessed us with His aashirwad (blessings).**

Whenever we find God's presence on earth — whether in the form of **Lord Ram, Lord Krishna**, or other divine incarnations — we see that they always stood against evil and fought for **truth, peace, and righteousness**. This shows that God Himself values **peace, happiness, and joy**, for these are the true reflections of His divine nature.

When we follow these same principles — when we choose peace over conflict, truth over deceit, and compassion over selfishness — we naturally move closer to the divine.

As I often say, **“Life is as easy as we speak life.”**

It means that when we live with the right **vision** and in the right **direction**, making choices guided by truth and goodness, life flows simply and beautifully. The real meaning of life reveals itself to those who

walk the righteous path with faith, humility, and love.

In the *Ramayana*, Lord Shri Ram went into **fourteen years of exile (Vanvas)** and, during that time, defeated **Ravan**, who represented ego and evil. This teaches us how challenging life can be – yet, when one stands with truth and righteousness, **God's grace always supports them**. As the saying goes, *“God helps those who help themselves.”*

Everything in life unfolds according to the **divine plan** – a hidden truth that only God fully knows. Whether it was Shri Ram's journey or Ravan's downfall, each event was meant to guide humanity toward understanding that **life becomes simple when we walk the path of righteousness**.

In my view, we are the ones who make life complicated. By choosing wrong actions or nurturing harmful habits, we disturb not only our inner peace but also the balance of

nature around us. Everything happens for a reason — if we do wrong, we must eventually face the consequences of our own deeds.

Therefore, we should strive to **develop good habits, do good deeds, and think positively.** These virtues bring peace, joy, and contentment. When our **mind and thoughts are pure,** our life becomes **lighter, happier, and more meaningful** — not just for ourselves, but for everyone around us.

Life is not a race to win something or to earn wealth just to become rich.

True life is about **how we grow while doing things that help others.**

To achieve success, live comfortably, or enjoy luxuries is a part of life — but we must never forget the **real meaning of life,** which always waits quietly for us to discover it.

Be **loyal to life itself,** for that sincerity will lead us toward our true purpose.

There are always **two meanings of life** —

one that **we choose**, built around comfort and personal desires,
and another that reflects **God's hidden purpose**, always present and waiting for us to fulfill it.

When we lose hope or face failure, we must **think beyond our limitations**.

By thinking big, keeping faith, and walking with courage, we move closer to our divine destination — the purpose God has written for us.

Example from the Ramayana:

Lord Shri Ram fought a great battle to defeat **Ravan** and eventually reunited with **Devi Sita**, his divine love. But think about it — when his stepmother sent him away for **fourteen years of exile (Vanvas)**, did he fight for the **royal throne (Raj Singhasan)**?

No, he accepted his destiny with humility and obedience, because his purpose was not power — it was **righteousness (Dharma)**.

Today, however, many people fight and even harm their own loved ones for money, power, or position. This shows how far humanity has drifted from the true meaning of life.

People have forgotten that life is meant to **uplift others**, not to **destroy** them in the pursuit of selfish goals.

Shri Ram's life reminds us that **true victory lies not in ruling the world, but in conquering one's own ego**. When we choose the path of goodness and truth, we walk closer to God — and life becomes a blessing, not a battle.

If we take life as a **cycle race**, always trying to compete or run ahead of others, we may never truly discover **for whom or for what we are meant**.

To achieve the real **purpose of life**, we must **stand by truth, do good, and avoid wrong actions** done merely for money or fame.

Be **loyal to life itself**, for in that sincerity, we find the **real meaning of existence**.

At the same time, if we refuse to move forward, we lose every battle before it begins. So, we must **run — but in the right direction**, with the **right purpose** and the **right intentions**.

Only then can we win not just the outer wars, but also the inner ones within our hearts.

Example:

Life itself is the greatest teacher. It gives us lessons every day — if only we are willing to learn.

In my opinion, even a **million years of experience** cannot help us if we fight with the **wrong purpose** or **selfish intentions**.

CONCLUSION

Life constantly offers examples through its own mysterious ways.

If we can recognize the right examples, we begin to understand the true meaning of life itself.

So, focus not on others — not on what they do, what they earn, or how they live —but on your own path, the one meant for you.

Do what is right, live with purpose, and your focus will lead you to your destiny. Remember, your focus shapes your results, and your purpose reveals the divine truth hidden within life.

6

The Beauty of Life Through Nature

(Lessons from the Rising Sun and the Silent Moon)

Life is beautifully designed by **nature** itself.
Each day begins with the warmth of the **sunrise** and ends with the calmness of the **sunset** — and when night falls, the **moon** softly lights the sky.

This simple yet divine cycle reminds us that there are **two visions of life** —
one that we see and understand,
and another that quietly exists beyond our understanding — the **hidden, spiritual meaning of life**.

Nature teaches without words. It asks for nothing in return, yet it gives us everything — light, air, beauty, and peace.

Through every sunrise and sunset, through every leaf and breeze, it whispers the eternal truth:

life is beautiful when we learn to live in harmony with it.

When we feel **close to nature**, we begin to feel **heaven on earth**.

Its silence heals, its rhythm balances, and its beauty awakens the divine presence within us.

Nature reminds us that **life's true beauty lies not in possession, but in connection** — with the world, with others, and with God's creation itself.

So, take a moment each day to feel the sunshine, listen to the wind, or watch the moonrise.

In those moments, you will see that **life is as pure and beautiful as nature itself** — and when we live in that awareness, we begin to experience the **real meaning of life**.

If we live life with beauty, grace, and truth, we experience **heaven on earth**.

Heaven is not a distant place; it is **God's way of showing us His presence** through the beauty of this world.

It all depends on how we live and what we choose to see.

In truth, **God did not create Kaliyug — we did.**

We often blame God for the suffering and chaos in the world, yet it is our own actions, greed, and ignorance that bring darkness upon us.

So why do we blame God for what we ourselves have created?

When we fill the world with negativity, we become our own worst enemies.

Life, in its purest form, is heaven — if we **feel it, live with awareness, and walk in the right way.**

Everything depends on us.

No one else owns our destiny; **we are the creators and caretakers of our own lives.**

Never forget the **real meaning of life** — for most of us do not truly understand it until we begin to live it with love and truth.

The greatest teaching of all is simple:

Life is beautiful — as beautiful as nature itself — if we choose to protect, nurture, and live in harmony with it.

But if we destroy what sustains us — our environment, our peace, our values — we create **hell on earth** instead.

The choice has always been ours:

to build heaven through love and righteousness, or to destroy it through ignorance and desire.

Let's take another example from **nature**.

When the weather is clear, we walk outside freely without needing anything.

But when it rains, we need an **umbrella** to step out.

In the same way, **life also needs the right vision** — a kind of spiritual umbrella — to stay on the **right path** when challenges come.

When we forget the **true purpose of life**, we lose direction and wander aimlessly.

There is no shortcut or other way to find peace — only the **right path**, which serves others and aligns with truth, can lead us to our purpose.

Life itself has a divine plan, and it waits for **us** to fulfill it through our thoughts and actions.

If we live a **healthy, balanced life**, one that contributes to a **healthy environment**, we create **heaven on earth**.

But when we destroy peace — within ourselves or in nature — we create **hell on earth** instead.

Both possibilities exist within our hands.

Right or wrong depends on us.

No one else can make our decisions; we alone are responsible for the path we walk.

CONCLUSION

When we remain loyal to nature, we remain loyal to life itself — for nature is God's reflection on earth.

Since nature plays such an important role in our lives, we must stay positive, grateful, and protective toward it.

When we live in harmony with nature, we not only protect the earth — we also discover the peace and divinity within ourselves.

7

Life as a Circle

(Understanding the Journey Between Birth and Death)

Let us define **life as a circle** — a journey that begins at birth and ends at death.

Between these two points lies everything: our childhood, education, work, family, dreams, responsibilities, and finally, our return to God.

Life is **beautifully designed by God**, divided into many stages and levels. It unfolds automatically, moment by moment, as we grow through this sacred, planned cycle.

If we miss any part of this cycle, it means something within us is incomplete. Yet, no one escapes **birth** or **death** — both are divine certainties.

But we cannot say that life is only about being born and dying.

The **cycle in between** — where we learn, feel, love, serve, and seek truth — **is what we call life.**

If we break that cycle or walk in the wrong direction, we lose touch with the true purpose of our existence.

To fulfill life's meaning, we must understand the **life cycle itself** – and the more deeply we understand it, the more clearly we see that **life defines itself through us**.

Just as the life cycle has many stages, **life also holds different meanings at each level**.

A child's meaning of life differs from that of an adult, just as an elder's understanding differs from youth.

But beyond all these changing meanings lies **one eternal truth, one hidden purpose** waiting for each of us to discover.

That divine truth is the final destination – the ultimate reason why we are born.

Example from the Life Cycle

When we follow each step of the natural cycle with patience and awareness, we move easily toward our destination.

The right direction always leads to the **right destination**, filling our lives with peace, meaning, and joy.

Let us define **life as a circle** — a perfect symbol of completeness, continuity, and balance.

A circle has no beginning and no end; it keeps moving, just like life itself.

Every moment, every action, and every emotion we experience becomes part of this great circle that connects us with **nature, God, and the universe**.

Our thoughts, words, and deeds travel around this circle and come back in some form — this is the law of nature, the rhythm of life.

So, if we spread goodness, peace, and love, they will surely find their way back to us.

But if we spread negativity, hatred, or greed, that too will return.

When we understand life as a circle, we realize that **whatever we give eventually returns to us.**

Thus, **life teaches us the lesson of karma** — that what goes around, comes around.

Just as the sun rises and sets each day, and the seasons come and go in a perfect rhythm, our lives also move through cycles — of growth, rest, learning, and renewal.

These cycles remind us that **nothing is permanent**, not joy, not sorrow — only the circle remains eternal.

The Path of Right and Wrong

Even the smallest wrong step can lead to great loss — not only for ourselves but also for others.

So, we must choose the **right path**, the one that uplifts everyone and brings us closer to God's will.

Birth is God's gift, and when we find the right direction, we honor that gift.

God blesses even those who lose their way by mistake, for He is merciful.

But those who knowingly destroy goodness and peace become their own enemies — and in doing so, they distance themselves from God.

CONCLUSION

So, let us be thankful for the gift of life. Let us live it with joy, gratitude, and awareness — walking in the right direction, helping others, and fulfilling the divine purpose for which we were born.

When we do so, life truly becomes a beautiful circle of love, learning, and light — a circle that begins in God and ends in God.

8

Life as the Air We Breathe

(Becoming Oxygen for Others)

Life is like the air we breathe.

Just as air gives us life, our actions, thoughts, and intentions give life to the world around us.

When we live with **truth, kindness, and the right purpose**, our presence becomes like **pure air** — peaceful and refreshing to others. We become a source of **strength, hope, and comfort**, helping others to breathe more easily through the challenges of their own lives.

In this way, living the right way is like **offering oxygen to the world**.

Our good deeds purify the environment of humanity, while our negative thoughts pollute it.

So, when we live with love, honesty, and care, we make life healthier — for ourselves and for everyone who comes in touch with us.

Let us remember: **life with the right aim gives breath to others.**

We may not realize it, but every kind act, every forgiving word, and every sincere prayer adds freshness to the air of human life.

To live rightly is to **breathe life into the world** – to become the oxygen that keeps goodness alive.

And when we do that, we not only live – we help the world live with us.

Example:

Air is something without which no one can survive.

In the same way, if we live life in the **right direction**, it becomes like **air for others** – helping them to live peacefully and breathe freely.

When we live with truth, kindness, and compassion, we **do no harm to others**, and we create peace around us.

Life has its own divine purpose, and it is fulfilled only when we choose to follow the **right path** with the **right vision**.

By doing so, our presence itself becomes a blessing — like fresh air that nourishes and strengthens everyone around us.

We must learn to **enjoy life** by doing good deeds that make the world and environment healthier.

Just as nature needs **air, water, soil, and sunlight** for life to exist, our souls need **right thoughts, right direction, and right actions** to find the real meaning of life.

Without these physical elements, life on earth cannot survive;
and without a **pure mind, moral vision, and righteous path**, our inner life cannot find peace or purpose.

So, life teaches us that **education of the right mind** — guided by **truth and goodness** — is as essential as air, water, soil, and

sunlight.

These are the **spiritual elements** that keep our inner world alive.

They help us fulfill our purpose and connect us to the divine meaning of our existence.

(Learning Selflessness from Nature)

The **air** we breathe is one of God's greatest gifts – invisible, yet essential for life.

It touches everyone equally, without judgment or condition.

In the same way, **spiritual life** teaches us to live with purity, simplicity, and selflessness – to give without expecting anything in return.

Look at the **trees** around us.

They stand silently, giving us air to breathe, shade to rest, and beauty to enjoy – yet they ask for nothing.

They give continuously, even to those who harm them.

This is the **true meaning of spiritual living:**

to live for the good of others, without pride, greed, or expectation.

Just as trees fulfill their purpose by giving air and life to the world, we too fulfill our **purpose of life** when we bring peace, kindness, and joy to others.

When our actions help others to live better, breathe easier, and find hope, we walk the path of **divine purpose**.

The tree never complains.

It never says, “I have given too much.”

It simply gives — because giving is its **natural way of life**.

In the same way, when we live with open hearts and pure intentions, our life becomes like air — invisible, yet life-giving to others.

So, learn from nature.

Be like the air — free, pure, and healing.

Be like the tree — giving life without asking, growing silently toward heaven.

That is the spiritual way to live — the way to **fulfill the true purpose of life.**

Example from Nature

When a tree stands tall in the heat of summer, it offers shade to everyone who comes under it — rich or poor, young or old. It does not choose whom to serve.

In the same way, God has planted each of us in this world like a tree, with a purpose: **to serve others through our goodness.**

When the wind blows through the leaves, the tree dances with joy — just as our souls feel joy when we give freely.

The tree never worries about how much air it gives or how much rain it receives.

It trusts nature's balance, just as we must **trust God's plan** for our lives.

The Purpose of Life

Life's purpose is fulfilled only when we **live for the good of others,**

when our thoughts and actions become like

pure air —

refreshing, healing, and life-giving to the world.

If we live with **anger, greed, or ego**, we pollute the spiritual air around us,
but if we live with **kindness, peace, and forgiveness**,
we purify the environment of life itself.

Just as air connects every living being, our **good actions** connect every heart.

When we live in this awareness, we become part of God's divine system —
giving life silently, selflessly, and with love.

Example from Daily Life

When we speak a kind word, we give air to someone's soul.

When we help a stranger, we breathe life into their hope.

When we forgive, we clear the air of hatred.

And when we love unconditionally, we become like the tree — giving oxygen to humanity.

CONCLUSION

That is the spiritual lesson of air —
to give, to heal, and to fulfill the
purpose for which God created us.

9

The Modern Illusion of Wealth

(Understanding the True Richness of Life)

In modern times, **money, luxury, cars, and mobiles** have become the new symbols of success.

People often believe that having more means living better — that happiness can be bought through things.

But true life is not built on material things; it is built on **values, love, and peace of mind**.

Money is important, but only to **live**, not to **define life**.

It helps us survive, but it cannot bring the peace that comes from kindness or the joy that comes from giving.

Many people today run after wealth but forget the **purpose of life** — to grow as a soul, not just as an owner of things.

Example from Everyday Life

We see people changing their phones every year, buying new cars, and wearing brands to

show their status —

but inside, many still feel empty, restless, or lonely.

They have everything yet miss the simple peace of heart that even a poor man finds in gratitude and prayer.

Just like a tree that gives air without owning anything,

we must learn to **live with contentment**, not comparison.

A peaceful heart is richer than a palace filled with gold.

God's Perspective

God never measures us by our money, but by our **intentions** and **actions**.

When we share what we have — be it wealth, time, or love —

we become rich in God's eyes.

True richness lies in helping others, not in owning everything.

The world changes fast, technology grows,
lifestyles evolve —
but the **meaning of life** remains the same:
to live in truth, to spread love, and to fulfill
the purpose God gave us.

Lesson

Let wealth be your servant, not your master.
Use it to build peace, not pride.
Because at the end, when we leave this
world,
we take nothing — not the car, not the
phone, not even the name —
only the **deeds** that made someone else's life
brighter.

So, live with simplicity in the heart and
gratitude in the soul.
That is where true richness begins — and
where the real life starts.

The Lost Direction of Modern Life

(Understanding the Real Purpose Beyond Money)

In today's world, **money has become the centre of everything.**

Education, direction, and even the meaning of life seem to revolve around wealth.

If you have money, people listen to you. If you don't, the world turns silent.

But this is not what life was meant to be.

True **education** is not just about books or degrees — it is about **direction, values, and purpose.**

A teacher's true lesson is not to help you earn more, but to help you **find the right path.**

When we walk in the right direction, we naturally reach our life's purpose.

But if we lose the path and run behind money, we may reach success — yet **fail at life.**

The Modern Illusion

Modern life moves fast — as quick as time itself.

People are busy chasing money, luxury, cars,
and lifestyles,
but they have forgotten **why** they are living.
If we forget our way, we can never reach the
destination.

The wrong path often looks easy, but it
never leads to peace.

The right path may be difficult, but it blesses
us in the end.

God always supports those who try to live
rightly, even in difficult times.

He gives strength to those who stay faithful
and truth to those who stay humble.

The Cost of Forgetting the Purpose

When money becomes everything, we begin
to lose what really matters —

**family, relationships, friendship, peace,
and honesty.**

We start living in a system where people
work only for money,
and forget the value of kindness, love, and

blessings.

This is how the world begins to lose its soul.

Without the right direction, life becomes
like **a body without air** —

it looks alive, but cannot breathe.

Just as air gives life to the body, **purpose**
gives life to the soul.

Without it, we only exist — we don't truly
live.

The Power of Decision

Every decision we make shapes not only our
own life but the lives of many others.

One wrong decision can destroy peace for
thousands;

one right decision can bring blessings to
many.

So, we must choose carefully, with a clear
and spiritual mind.

God blesses those who walk through
difficulty but stay on the right path.

He guides those who lose hope and still try

to find the truth.

But those who destroy others' happiness for their own greed bring **hell upon themselves and others.**

The Blessing of Awareness

Blessings are not just words — they are the **energy of goodness** that flows from right living.

When we live with honesty, simplicity, and compassion,

God's blessings fill our hearts with peace.

So, be careful with your choices,
for the same decision that can make your
life can also destroy many others.

Choose the path of truth.

CONCLUSION

Walk in the direction that gives life — not only to you, but to everyone around you.

That is where the real purpose of life begins — not in money or luxury, but in awareness, direction, and divine blessings.

.

10

The Hidden Meaning Within
Life's Journey

Life has its own divine meaning, a purpose woven into the very fabric of our existence. The journey we all experience — with its joys, challenges, learning, and evolution — is what we call life. This journey is not random; it is a sacred cycle, a continuous flow designed to awaken our inner understanding.

As I explained earlier, this cycle touches everyone without exception. Some souls walk through it with awareness, humility, and gratitude. They understand that life is a gift and a teacher. Others, lost in distractions, forget the true purpose of their existence and drift away from the deeper meaning that life constantly tries to reveal.

Yet, whether we live with awareness or forgetfulness, the process continues. Every sunrise, every struggle, every smile, every disappointment — all of it shapes our consciousness and pushes us toward growth. This ongoing movement of the world and our inner self, this unfolding of experiences

and lessons, is the true essence of life. Life is not just something we live; it is something that shapes us, transforms us, and guides us toward the path we are meant to walk.

The Power of Right Decisions in Life's Divine Process

If we spend our lives counting difficulties, we will never survive them. Challenges and opportunities are both essential parts of the journey. When difficulties appear, it simply means we have not yet reached our destination. In these moments, we must seek the blessings and guidance of those who support us, for their presence helps us reach the purpose that waits for us.

I stand with those who carry happiness in their hearts, for such souls are blessed by life itself. Life supports those who walk with purity, faith, and courage. But if we refuse to follow life's natural process — if we forget the path meant for us — we will never reach

where we are destined to go. That is why we must be careful with every decision we make.

A wrong direction can destroy the happiness of life and take us away from our true goals. The only thing that truly shapes our destiny is our decisions. The right decision brings clarity, strength, and the fulfillment of our life's purpose. The process is the same for everyone – but the path becomes divine for those who choose wisely.

Life's Hidden Meaning and the Light Beyond Hopelessness

Life carries its own hidden meaning, even when we fail to see it. Many people ask, “Why are we alive?” Some even fall into such deep despair that they think of ending their lives. But this happens only when hope fades and the truth becomes invisible to us.

In reality, the truth is never gone – it is only hidden behind our pain. All we need is the

strength to understand our situation and the wisdom to choose the right direction. The right path always leads us to where we are meant to be.

So whenever you lose hope, remember this: there is no need to fear or worry. Life has a meaning prepared for you, a purpose waiting patiently for you to discover it. Even in your darkest moment, life is silently guiding you toward that purpose.

Take the example of the Ramayan. When Shri Ram was sent to vanvas, He did not lose hope, nor did He question His destiny. With faith and obedience, He accepted the path before Him and even took Mata Sita and Lakshman with Him. If Bhagwan Ram had refused to walk this difficult path, how would the world have received the divine teachings of courage, duty, patience, and righteousness?

His life shows us that we must never think small or give up easily. Just as the air flows freely and patiently, we too must remain patient and steady. Life becomes clearer when we truly try to understand it. And when you understand life, you begin to realize that everything in it belongs to you — your purpose, your lessons, your path.

Walk the right path with faith, and life will take you exactly to the place where truth stands waiting for you.

So we can say that the hidden meaning of life is actually the true meaning of life — it is the silent understanding that guides us, shapes us, and reveals who we are meant to become.

Imagine a small seed buried deep in the soil. From the outside, it seems lost, hidden, forgotten.

But inside that seed lies a complete tree —

branches, leaves, flowers, fruits — all waiting silently.

The seed does not know when the rain will come.

It does not know how deep the darkness of the soil is.

Still, it does not give up.

It simply *trusts* the process.

Slowly, the seed breaks open — a painful process — yet it is necessary for the tree within to grow.

If the seed refuses to break, the tree will never appear.

If the seed loses hope, the forest inside it will remain hidden forever.

This is how our life is.

We feel buried in problems.

We feel hidden in darkness.

We feel the pain of situations breaking us.

But these moments are not to destroy us — they are to *open us*.

Because inside every person, there is a
“hidden seed”:

a hidden strength, a hidden purpose, a
hidden wisdom.

Life’s difficulties are not punishments;
they are the rain and sunlight needed for
that inner seed to grow.

**When you understand this, the hidden
meaning of life becomes clear:**

Every challenge comes to reveal a part of
your true self.

Every pain comes to awaken your inner
power.

Every dark moment comes so you can finally
see your own light.

The tree was always inside the seed.

Your purpose is always inside you.

CONCLUSION

Life's hidden meaning is simply this:
Everything you need to become is
already within you — life's process only
helps you find it.

11

**The Divine Purpose Behind Our
Birth — Not Suicide**

1 Are we born to do suicide?

Absolutely not.

No scripture, no spiritual master, no divine teaching has ever said that a soul takes birth to end its own life.

We are born to learn, grow, complete our karma, and discover our purpose.

Life is a sacred gift.

Your soul chose this birth because there is something you must **experience, heal, understand, and fulfill.**

**“Ending life early ends the journey,
not the suffering.”**

Yogesh Sharma

2. Are we free to do suicide?

Spiritually, **we are not free** to leave this world before our time.

Just like a student cannot walk out of school before completing the exam, a soul should not exit life before completing its lessons.

In spiritual law:

Life is not ours to take; it is a blessing we are entrusted with.

Our body is given to us by God, and we are caretakers of it — not owners.

3. Are we born to do suicide for the sake of money?

Never.

Money is just a tool created by society.

Life is created by God.

No soul takes birth to die because of money, loss, failure, or pressure.

Spiritual truth says:

Your life has far more value than any amount of money.

Problems of wealth, job, status — they are

temporary.

Your soul, your purpose, your journey — they are eternal.

The three questions we asked above reveal a deep truth: life itself holds a meaning far greater than our pain. Whenever a thought of suicide enters the mind, we must pause and ask ourselves: *“Were we really born to end our own life?”*

Were we given this sacred birth just to destroy it?

No. We are not free to take our own life, because life has its own purpose. If life carries a divine meaning, then suicide can never be the answer. Many people fall into despair because of mental stress, emotional pain, or temporary darkness, but this does not define their destiny. If we overcome these mental struggles, the thought of suicide disappears on its own — because the soul knows it was not born for destruction.

You have the power to think.

You have the ability to choose.

You have the right to understand your own purpose.

If you were born, it means there is something in this world that **only you** can complete. Your life purpose cannot be fulfilled by anyone else. But if you destroy your life, the purpose dies with you – and no one else can complete what was meant for you.

We are born free to do **good**, not free to end our life.

We must understand this one truth.

Sometimes we feel alone. Sometimes we feel there is no one to stop us from taking the wrong step. But this is where you must become your own guide, your own strength, your own master.

Be the boss of your mind.

No one can teach you better than your own soul.

And most importantly, ask yourself this:
“Were we born to die for the sake of money?”

Money is created by humans.
Life is created by God.

So how can something man-made be more valuable than something divine?

Money is only a part of life, not the purpose of life.

Life is everything — because as long as life exists, there will always be a way forward. There will always be a new path, a new hope, a new meaning waiting for you.

Never kill yourself for someone who does not value you.

Be loyal to your own life.

Value yourself.

Because **you** are the true owner of your life — not society, not money, not people, not problems.

CONCLUSION

Your life is God's gift.

Your purpose is your responsibility.

And your future is still waiting for you.

12

The Strength Born from Struggle

Life is all about struggle, because confidence is born from struggle. To achieve anything meaningful, every person must pass through challenges that shape their strength and guide them toward their destination.

Struggle is not a punishment — it is a blessing in disguise. It builds character, sharpens the mind, and prepares the soul for the greatness it is meant to receive. That is why we must never hesitate to struggle, especially for the things that truly matter to us.

Everyone in this world is struggling for something — a dream, a goal, a purpose. No one reaches the top without facing difficulties. Life is not about dying; it is about rising again and again. Life is about continuing the struggle, even when the path is hard, even when the results are far, and even when we feel tired.

If you want something big, you must be ready for big struggles.

If you want strength, you must face challenges.

If you want success, you must walk the hard road.

Because in the end,
struggle does not break you — it makes you.

The Ramayan's Teaching: Struggle Is the Essence of Life

Take the example of the Ramayana. Shri Ram, who was the very swaroop of God, still walked through 14 years of struggle — living in the forest, fighting battles, facing separation, and finally defeating Ravan to bring Mata Sita back. If Bhagwan Ram Himself had to face struggle, then how can we expect our life to be free from challenges?

His journey teaches us a divine truth:

Life is good when we choose to struggle for

righteousness, not when we choose to give up.

Struggle is not suffering;
struggle is the mantra to success.

It is the path that transforms ordinary souls into extraordinary ones.

Do your struggle every day, but do it with wisdom, focus, and resourcefulness.

When you understand the real meaning of life, you realize that the entire journey can be defined by one powerful word:

Struggle.

Struggle shapes destiny.

Struggle builds character.

Struggle carries you from pain to purpose, from weakness to strength, and from confusion to clarity.

Therefore,
**choose struggle over giving up,
choose effort over escape,
and choose life over hopelessness.**

Because the one who struggles, rises.

The Mahabharata's Teaching: Even God's Forms Chose Struggle

Look at the Mahabharata. Shri Krishna — the Supreme Lord Himself — and the Pandavas, who were divine souls, also went through immense struggle to achieve their dharma. Even though Krishna had the power to change destiny instantly, He still chose to guide through effort, patience, and righteousness. This shows that struggle is not a weakness — it is a divine path.

If God's own forms accepted struggle,
how can we expect life to be easy?

The Pandavas lost their kingdom, lived in exile, faced humiliation, and fought a war for justice — yet they never lost hope. Their journey teaches us that:

Never lose hope.

Try your best.

Struggle gives you confidence.

Confidence leads you to your true purpose.

Struggle is not the end of life;
it is the beginning of growth.

But if we lose hope and turn toward destruction, we damage not only our life but also the purpose we were born to fulfill. We are the owners of our life — not problems, not fear, not failure.

If we choose struggle, we move toward our real meaning.

If we choose hopelessness, we destroy our purpose with our own hands.

Your life has a reason.

Your purpose is waiting.

Struggle is the bridge that connects the two.

Everything Happens for a Divine Reason

In life, everything happens for a reason. Every action we take, every choice we make, is connected to a purpose. When we walk

on the right path with the right direction, life begins to unfold in a meaningful way, and we understand that every moment is guiding us toward something specific. But when we choose the wrong direction, the same life begins to break us, because we are moving against our true purpose.

What we truly need is understanding — the ability to see our situation clearly and focus on the real meaning of life. This meaning gives us the reason to act, to grow, and to move forward. When we love the right path, when we honor the things that bring us closer to our purpose, life itself becomes easier and more fulfilling.

Life carries its own divine purpose. And when we align ourselves with God's plan, everything begins to make sense. Nothing in this world is random — everything happens for a reason, hidden within God's greater design.

Therefore, the path you choose must be blessed. Walk with purity, choose wisely, and follow the direction that brings light into your life. Because the right path, chosen with faith, always leads you closer to your destiny.

Life in Kaliyug: The Need for Right Vision

In today's world, life is becoming harder day by day. There is no control over population, economy, or the value of money. As a result, people are losing their direction and forgetting the real meaning of life. Many choose the wrong path to gain success, earn more money, or satisfy their desires — and in this process, they even destroy the lives of others.

This is the nature of Kaliyug: a time where living with purity becomes challenging, and temptations lead many people down the wrong road. Life feels hard, not because

God made it difficult, but because we are living in a way that goes against truth, dharma, nature, and humanity.

But even in Kaliyug, one thing can save us — the right vision.

When we choose the correct direction, when we walk with awareness and struggle with honesty, life becomes manageable and meaningful. The journey may still be tough, but it leads us to our destination with dignity and strength.

However, if we continue living blindly, harming others, damaging the environment, and chasing comfort at the cost of humanity, then we create hell on earth with our own hands. Heaven and hell are not somewhere else — we create them through our choices.

That is why we must focus on improving our way of living.

We must choose peace, truth, and compassion.

We must walk a path that brings harmony to ourselves and to the world around us.

Only then can life in Kaliyug become peaceful, purposeful, and divinely guided.

Life in Kaliyug: The Need for Right Vision

In today's world, life is becoming harder day by day. There is no control over population, economy, or the value of money. As a result, people are losing their direction and forgetting the real meaning of life. Many choose the wrong path to gain success, earn more money, or satisfy their desires – and in this process, they even destroy the lives of others.

This is the nature of Kaliyug: a time where living with purity becomes challenging, and temptations lead many people down the wrong road. Life feels hard, not because God made it difficult, but because we are living in a way that goes against truth, dharma, nature, and humanity.

But even in Kaliyug, one thing can save us — the right vision.

When we choose the correct direction, when we walk with awareness and struggle with honesty, life becomes manageable and meaningful. The journey may still be tough, but it leads us to our destination with dignity and strength.

CONCLUSION

However, if we continue living blindly, harming others, damaging the environment, and chasing comfort at the cost of humanity, then we create hell on earth with our own hands. Heaven and hell are not somewhere else — we create them through our choices.

That is why we must focus on improving our way of living.

We must choose peace, truth, and compassion.

We must walk a path that brings harmony to ourselves and to the world around us.

Only then can life in Kaliyug become peaceful, purposeful, and divinely guided.

13

Life has its own meaning, but
that does not mean you cannot
live it fully.

The Meaningful Journey of Life

Life has its own meaning, but that does not mean you cannot live it fully. Life is shaped by how we live it, what we learn from it, and what we carry in our minds and hearts. It is a reflection of our thoughts, our actions, and our inner understanding. What you think, you become; what you do, you create.

Take inspiration from those who teach the true worth of life. Their guidance can show you the right path, helping you move from one stage of growth to another, ultimately leading you toward your destined purpose. Inspiration is a divine force — it takes you forward, uplifts you, and fills life with blessings.

Discipline is one of the most important pillars of human life. When we work with discipline, we move steadily toward our goals. Without discipline, peace disappears, and life becomes scattered. Living with

discipline not only keeps our path clear but also becomes a teaching for others. It inspires confidence, builds inner strength, and helps us trust the journey we are walking.

Life has many stages, and each stage guides us toward the right direction. When we walk with awareness, inspiration, and discipline, we slowly discover the real purpose and meaning of our life.

Live a Life That Inspires

Live a life that becomes an example for others – a life built on love, not hate. When your actions reflect kindness, purity, and compassion, you naturally create an environment of peace, joy, and true happiness. A life lived with goodness becomes a light for others, guiding them toward the right path and filling the world with positivity.

Life has its own divine meaning, a purpose woven by God long before we take our first breath. But that does not mean you cannot live it fully. In fact, you are meant to live it with awareness, faith, and gratitude. Every moment is an invitation to understand yourself, to grow, to rise above difficulties, and to walk on the path of truth. Life's meaning is not something you wait for — it is something you create through your actions, your thoughts, and your devotion. When you choose to live with sincerity and purity, life itself becomes meaningful.

Walking the Right Path in Kaliyug

Being human is not easy, but when we take inspiration from God and learn from His teachings, life begins to feel simple. In truth, life is as easy as the word itself — *life* — but we humans make it hard, harder, and hardest by the way we choose to live. We run behind comfort, take unnecessary risks

for money, and forget to create peace or live with purpose.

In the present time, being human feels difficult because many people have forgotten the right way of living. Yet, if we are able to find the correct path — the path shown by God — life becomes easier and leads us toward our true destination.

We live in **Kaliyug**, a time where the world often moves away from truth and purity. It may seem as if God is being pushed away from society because humans have started destroying peace and ignoring the divine principles of living. But even in Kaliyug, God is present — guiding, watching, and waiting for us to return to the right path.

Life is not meant to be lived in struggle just to inspire others. Life is meant to be lived the way God teaches us — with simplicity, honesty, discipline, and devotion. When we

follow His path, life becomes meaningful, peaceful, and filled with blessings.

Learning to Live Life the Way God Intended

Life becomes difficult only when we start walking away from God's guidance. When we return to His teachings, even the hardest situations become easier to understand. God never said that life would be without challenges — but He always shows us the strength to face them.

Example: The Potter and the Clay

Think of life like a potter shaping clay. When the potter presses the clay, the clay may feel pressure, heat, and discomfort. But the potter knows exactly what he is creating — a beautiful pot, a vessel with purpose.

In the same way, God shapes us through experiences.

Some moments feel tough, but they are shaping our strength, patience, and understanding. When we trust God's hands, we transform beautifully.

Why Humans Make Life Harder

God created life simple — but humans complicated it.

We chase money more than meaning,
comfort more than character,
competition more than compassion.

For example:

A person buys expensive things to show status, not happiness.

A person works day and night to earn, but loses peace at home.

A person tries to impress the world but forgets to impress their own soul.

This is how we make life harder, even when God made the path easy.

The Right Path vs. The Wrong Path

Life has two roads:

The path of truth, discipline, faith, and peace

The path of ego, greed, shortcuts, and harm

The first path looks difficult at the beginning but brings peace in the end.

The second path looks easy in the beginning but brings suffering in the end.

A seed must stay underground in darkness before it becomes a plant.

Similarly, we must stay patient, disciplined, and rooted in God's teachings to grow into our best selves.

Example: The River That Finds the Ocean

A river flows through stones, mountains, and obstacles.

It doesn't stop because the path is difficult.

It keeps flowing patiently — and eventually reaches the ocean.

In the same way:

If you keep walking with faith,

if you keep moving despite challenges,

you will reach your true purpose — the ocean of God's blessings.

Kaliyug and the Meaning of Life

In Kaliyug, people often ignore truth and chase illusion.

Humans destroy peace, spread negativity, and forget that God lives in every act of goodness.

But even in Kaliyug:

A single lamp removes darkness,

A single good person inspires hundreds,

A single truthful action can bring God's
presence back into the world.

God is not lost — humans have stopped
looking in the right direction.

Life becomes hard when we follow the
wrong direction.

Life becomes simple when we walk the way
God teaches.

Living the Real Meaning of Life

Life is not about suffering to inspire others.

Life is about *living with purity* so that your life
naturally inspires others.

Live with:

Discipline → it keeps your path clean

Devotion → it keeps your heart pure

Kindness → it brings God into your actions

Truth → it brings peace into your soul

When you live like this, you don't have to
teach anyone —

your life itself becomes a teaching.

CONCLUSION

Life is simple, divine, and meaningful — but only when we choose to walk the path God has shown us. In Kaliyug, temptations and distractions may pull us away, yet the light of truth is never lost. When we live with discipline, devotion, kindness, and honesty, life becomes peaceful and purposeful.

Your thoughts shape your path, your actions shape your destiny, and your faith shapes your future. You do not need to struggle to inspire others — just live with purity, and your life itself becomes a message. Walk with God, follow the right direction, and you will discover the true meaning of life.

14

**What Is the God's Way to Live
Life?**

Is there a right time to ask such a question?

Yes — every moment is the right time to understand the divine way of living.

According to me, God has the power to create peace and the power to destroy anything that harms peace. In human life, God Himself shows the path — the path of truth, courage, and protection of the good. God stands with those who speak truth, fight injustice, and live with righteousness.

So if we live with understanding, do things that bring peace, make other people's lives easier, and act with truth, then we are walking the path of God. By removing negativity and bad intentions from our actions, we follow the highest way of living.

God's way is simple. Even if He belongs to a *rajgharana*, a royal lineage, He still chooses to live like a simple human being. Through this He teaches us:

Do not run behind luxury; run behind real happiness and inner peace.

Because peace is the doorway to God's blessings.

The real meaning of life is to discover the **real meaning of life** – to live with purpose, peace, truth, and simplicity, just as God intended for us.

We can say that when we do good things that help everyone, when we destroy negative waves, and when we stand for truth, we come closer to the real meaning of life. God Himself lives in this way, and that becomes a powerful inspiration for us to follow the same path.

Every human has life and the freedom to live it in their own way. But if we choose to stand for truth, to protect peace, and to fight for freedom, then our life is moving in the right direction. On the other hand, if we forget the right path and start harming the

environment, hurting others, or destroying life, then clearly we are walking on the wrong path.

The decision is always yours — what do you want to create?

Work on the things that lift, heal, and help others, not on the unnecessary actions that destroy.

Love the way you live, and live in a way that becomes worth loving. But also remember to live a life that inspires others, that teaches others — because that is everything. Life is not only about what we do; it is also about **where our teachings and inspirations come from.**

If we start doing things without understanding their meaning, without knowing their impact on others, we may unintentionally destroy lives. This means we cannot take teachings from just anyone, and we cannot walk without a direction. When

we follow the wrong influences, we end up choosing wrong actions.

But when we learn from God — the greatest teacher — or from someone who teaches truth, peace, and purpose, our life begins to take shape in the right way. We start building peace instead of destroying it. We start living with purpose instead of confusion.

This is what reveals the meaning of life.

This is what shows the right path.

Teachings and inspirations are the most important forces in life. They guide us, shape us, and show us how to live. According to me, if we take our example from God, nothing can be better than that. No one can teach us more truthfully or more purely than God. So whatever we choose to do in life must align with His principles — because that is what helps us

fulfil the real meaning of life and inspires others to walk the right path.

If we choose our own way, then we must clearly understand the difference between right and wrong. The direction we choose is in our hands. If our vision is clear and our intention is right, then no one can stop us from walking towards the true purpose of life. A clear vision gives life its meaning.

When we take birth, we come with nothing except life itself. We do not know what will happen in the next moment. Yet the process of life is the same for everyone. This shows that every life has its own meaning, but the journey — the process — is similar. The difference lies in the decisions we make, the right and wrong we choose, and whether we can understand the deeper truth behind life.

If we can recognize truth and walk with it, we move closer to the real meaning of our life.

Life has its own meaning, its own flow. If we take the right examples, follow the right teachings, and learn from the right source, life becomes meaningful. Life is about facing the process, making our own decisions, and having the vision to choose the right direction. We will face difficulties, but in the end, we will fulfil our true purpose.

Yes — just like in the *Ramayana*, when Lord Rama accepted his exile without a single complaint. That moment was the perfect example of God's way of living. He had every right to question destiny, to resist, to fight for the throne. But instead, He chose truth, obedience, and peace. His life teaches us that when we stand with dharma, the path becomes divine even in the toughest situations.

Or consider the *Mahabharata*, when Arjuna stood confused on the battlefield, unable to decide between right and wrong. At that exact moment, Lord Krishna gave him the

Bhagavad Gita – the greatest teaching of life. Krishna did not give the knowledge earlier or later; He gave it when Arjuna's heart was ready. This shows that the right time to ask about God's way is when our heart truly seeks direction.

Both Rama and Krishna show us that God's path is:

choosing truth even when it is painful,

choosing peace even when life is difficult,

choosing duty even when the world questions you.

That is the spiritual example of the divine way of living.

Sita Maa – The Strength of Purity

When Sita Maa walked through the fire (*Agni Pariksha*) to prove her purity, she did not do it out of fear or weakness. She did it to show the world that truth shines even in flames. Her life teaches that when our heart is pure and our intentions are clean, even the hardest test becomes a path to divine strength. God's way is to remain unshaken in truth, no matter how intense the fire of life becomes.

Hanuman Ji – The Path of Devotion and Courage

Hanuman Ji shows us that devotion is not just prayer – it is action filled with courage. When he crossed the ocean in search of Sita Maa, he did not think about his limits; he thought about his purpose. His life teaches that when our devotion is pure and our goal is righteous, the impossible becomes

possible. God's way is to act with fearless faith and unconditional loyalty to truth.

Bhishma Pitamah — The Path of Duty and Discipline

Bhishma Pitamah, lying on a bed of arrows, still taught the greatest lessons of life to Yudhishtira. Even in pain, he remained calm, disciplined, and committed to dharma. His life teaches that duty and righteousness must be followed even when the body suffers. God's way is to stay committed to truth and discipline, regardless of circumstances.

Yudhishtira — The Path of Honesty and Moral Strength

Yudhishtira always chose truth, even when lies could have saved him from struggle. He lost everything in the gamble, yet he never

lost his inner dharma. His life teaches that truth may be slow and difficult, but in the end it leads to peace and victory. God's way is to stand with honesty, even when the world stands against you.

The God's way of living is simple — walk with truth, protect peace, and live with purity of intention. Whether it is Rama's obedience, Krishna's wisdom, Sita Maa's strength, Hanuman Ji's devotion, Bhishma's discipline, or Yudhishtira's honesty, every divine example teaches the same message:

Choose the right path, even when it is difficult.

CONCLUSION

Life becomes meaningful when we follow true teachings, make the right decisions, and live with a clear vision. When we act with truth and purpose, we come closer to God, and our life becomes a blessing for others.

15

Life and the Seasons:

Life is much like the changing seasons—sometimes warm like summer, sometimes cold like winter. Each season has its purpose, its challenges, and its beauty, just like life.

Life is like the rhythm of the seasons—ever-changing, ever-moving, guided by divine laws. In **summer**, the heat teaches us adaptation: we wear lighter clothes, drink more water, and take measures to stay comfortable. In **winter**, the cold teaches patience and resilience: we wear warm clothes, drink warm fluids, and protect ourselves from harshness. Nature itself provides lessons—without adjustment, imbalance and suffering follow.

Similarly, **human life has its own seasons**—moments of ease, joy, struggle, and challenge. Each condition is temporary, yet each carries an opportunity to grow spiritually. When we act in harmony with life's conditions, making decisions with clarity, wisdom, and inner guidance, we move steadily toward our

soul's true purpose. When we act against the natural flow—ignoring conditions or following selfish desires—we invite imbalance, pain, and disruption, not only for ourselves but for others as well.

In life, as in nature, **right action depends on timing and understanding**. A wise person discerns the moment and acts accordingly, even if the path is difficult or filled with obstacles. The challenges we face are not punishments—they are divine opportunities to strengthen the mind, purify the heart, and awaken awareness. Just as winter is necessary for the earth to rest before spring, hardships in life prepare the soul for growth, peace, and realization.

Spiritual insight teaches us:

Life is conditional, yet purposeful. Every experience—pleasant or difficult—is a lesson in disguise.

Decision-making is sacred. Choosing wisely in alignment with dharma (righteousness) transforms challenges into blessings.

Patience and awareness are essential. Like we naturally adjust to the seasons, we must adjust our actions, thoughts, and intentions according to life's circumstances.

The ultimate truth is: life's purpose does not change, but the conditions we face do. By cultivating discernment, clarity, and spiritual awareness, we navigate life like a seasoned traveler, flowing with the rhythm of existence rather than resisting it. Every right decision becomes a step toward divine fulfillment; every wrong choice is a lesson pointing us back to the path of righteousness.

In essence:

Life, like the seasons, is a sacred teacher. Those who understand its rhythm, embrace its changes, and act with wisdom, patience,

and positivity, fulfill their soul's purpose. Life is not a series of random events—it is a divine opportunity, given by God, to grow, evolve, and realize the ultimate truth within.

For example, imagine a person planting a garden. During summer, they water the plants frequently and protect them from the harsh sun; in winter, they cover the plants and provide warmth so they survive. If they act without understanding the season—watering too little in summer or neglecting the winter cold—the garden suffers. Life is much the same: every situation, every challenge, is a divine season. Acting in harmony with the circumstances, even when difficult, allows us to grow, thrive, and move closer to our purpose. Ignoring conditions or acting at the wrong time leads to struggle, imbalance, and wasted effort.

The spiritual lesson is clear: life's opportunities are always present, but success depends on **awareness, patience, and right**

action. By observing life's rhythm, understanding the conditions, and making decisions aligned with wisdom and dharma, we transform every challenge into a stepping stone toward fulfillment, peace, and the true meaning of existence.

Life, like the changing seasons, presents challenges and opportunities that test our wisdom, patience, and discernment. In the **Bhagavad Gita**, Lord Krishna teaches Arjuna on the battlefield of Kurukshetra that every action must be performed according to dharma, without attachment to the results. Even in the heat of battle—the summer of conflict—Arjuna is guided to act wisely, with clarity and focus. This illustrates that life's “seasons” are moments of trial or opportunity, and the right action aligned with dharma brings growth, peace, and purpose.

Similarly, in the **Ramayana**, when Lord Rama faces the hardships of exile in the

forest—harsh like the winter of life—he adapts, remains patient, and acts with unwavering righteousness. He uses wisdom and inner strength to overcome obstacles, illustrating that even in difficult conditions, disciplined action and alignment with divine principles guide one to fulfill life’s purpose.

From these examples, we learn that life’s changing circumstances—like summer and winter—require understanding, awareness, and correct action. Acting against the natural rhythm of dharma or ignoring divine guidance leads to imbalance, suffering, and destruction, while living in harmony with these lessons transforms challenges into opportunities for spiritual growth and fulfillment.

CONCLUSION

Life, like the changing seasons, brings challenges and opportunities that shape our growth. The Bhagavad Gita teaches that right action aligned with dharma leads to peace and purpose, while the Ramayana shows that patience, wisdom, and righteousness guide us through hardships. By understanding life's rhythm, acting with awareness, and making decisions in harmony with divine principles, every challenge becomes a step toward spiritual fulfillment and the true purpose of our existence.

16

The Art of Living a Healthy and Positive Life

A healthy mind and a positive heart create a powerful inner strength. With that strength, nothing can block the path that leads us toward the real meaning and goal of life.

If we learn the art of living a healthy and positive life, nothing can stop us from achieving the true goal of our existence. Living with joy, peace, and happiness is itself an art—an inner skill that guides us toward the purpose for which we were born. So, we can say that **life is an art**, and mastering this art brings us closer to our real destination.

Art is priceless. It cannot be bought, nor can it be forced. It must be cultivated within. When we develop good habits, meaningful hobbies, and positive practices, we naturally learn to use this art in our daily life. Through this inner art, life becomes easier, more peaceful, more joyful—for us and for everyone around us.

This art teaches us to live in the present moment. The past has already gone, and the future has not yet arrived; therefore, living in the present gives us clarity, smoothness, and emotional health. When we breathe in the present moment, we create a peaceful future without even realizing it.

So, we can say that life has its own purpose, but it is up to us to learn **how to live** in a way that brings blessings to us and becomes a source of support, positivity, and peace for others as well.

Art is not limited to paintings, music, or creative expressions. **Real art lives in the mind, flows through the heart, and expresses itself through our actions.** Whatever we think, whatever we feel, and whatever we do with purity becomes art. When we connect this idea with life, we understand that life itself becomes art when we add something meaningful, something

extra, something that brings beauty, clarity, and purpose to our actions.

In today's world, we use tools, technology, and advanced processes to make our work easier and more efficient. In the same way, **the art of living** is the skill of using wisdom, clarity, and positivity to achieve our goals in a smoother, healthier, and more peaceful way.

So we can say:

Art is doing things in a more efficient, meaningful, and beautiful way.

When we live life in an attractive and graceful manner, we inspire others. Our actions motivate people to think positively, live peacefully, and understand the real meaning of life.

But art has two sides.

If we use art positively, it brings peace, happiness, and harmony into the world.

If we misuse art to spread negativity, destroy

peace, or create suffering, we fall deeper into the darkness of Kaliyug. Misused art means we have forgotten the true purpose of life.

True art teaches us how to live.

It shows us how to act with wisdom, how to speak with kindness, how to move with purpose, and how to touch the lives of others in a positive way.

Art is a reminder that life becomes beautiful when we learn to express the best version of ourselves.

Example: The Monk and the Bowl of Water

One day, a young disciple asked his master, “Guruji, what does it mean to live life as an art?”

The master smiled and handed him a **bowl filled to the top with water.**

He said, “Walk around the ashram with this bowl and do not spill even a single drop.”

The disciple walked slowly, carefully, focusing on the bowl with full attention. After a few minutes, he returned without spilling a drop.

The master asked,
“What did you see while walking?”

The disciple replied,
“Nothing, Guruji. I was only focused on keeping the water steady.”

The master said softly:
“**This is the art of living.**”

Then he explained:

When your **mind is steady**, life becomes steady.

When your **heart is calm**, peace flows into your actions.

When your **attention is pure**, you walk your path without getting disturbed.

When your **focus is on the right things**, you reach your true goal.

The world is always full of noise, distractions, temptations, and negativity—just like the path is full of stones, people, and movement.

But the disciple didn't lose focus because he had **clarity**.

The master continued:

“Life is the bowl.

Your thoughts are the water.

Your actions are your steps.

If you learn to walk with balance, positivity, and awareness,

you master the art of living.”

The disciple bowed down, now
understanding that **true art is not outside—
it is within.**

It is:

the calm mind,

the peaceful heart,

the focused actions,

and the balanced way of walking through
life.

When we practice this inner art,
we create peace within ourselves
and spread peace to everyone around us.

The art of living is not found outside—it is created within. When the mind becomes steady, the heart becomes peaceful, and our actions become meaningful, life naturally flows toward its true purpose. Just like the disciple who carried the bowl of water without spilling a drop, we too must walk through life with balance, clarity, and awareness.

CONCLUSION

If we focus on what truly matters—positivity, inner strength, and pure intention—life becomes beautiful, purposeful, and peaceful. This is the real art of living: to stay calm in chaos, to walk with wisdom, and to spread harmony wherever we go.

17

Life: A Divine Opportunity

Life, in its deepest essence, is an opportunity. It is not just a journey we travel through—it is a divine gift that carries within it the real meaning of our existence. When we take birth, God gives us the greatest opportunity of all: the chance to live, to grow, to evolve, and to discover the true purpose for which we came into this world.

People often say, “I don’t have opportunities,” or “Life didn’t give me a chance.” But the truth is different. **Life itself is the opportunity.** It is always present within us, from the moment we are born until the moment we leave this world. Opportunities do not come from outside—they live with us. We just need the clarity to recognize them.

To fulfill the real meaning of life, we must face challenges, difficulties, and struggles. These struggles do not block our path—they *shape* it. They help us understand who we are, what we want to become, and why we

are here. When we walk through difficulties with courage, we walk closer to our true purpose.

Life gives us direction, but it is our responsibility to choose the right path. When we make the right decisions, we move toward the destiny we were born to achieve. When we take the wrong direction, we get lost in temporary desires—money, power, success, ego—and forget the long-term purpose for which our soul took birth.

Many people create or chase opportunities only for short-term comfort, success, or wealth. These are not the real opportunities of life; they are temporary illusions. True opportunities help us grow, help others, and bring peace to the world. False opportunities destroy peace—ours and others’.

We are not required to *create* opportunities. We are required to *recognize* them. They are already within us. Life and opportunity are

born together—they live with us and die with us. What we must do is live in a way that honors the opportunities we already carry.

Life becomes beautiful when we understand its purpose. When we begin to live our true opportunities, we walk in peace. We move forward with clarity. And we begin to recognize the divine path that leads us toward the meaning of our existence.

In today's world, life moves fast. There are countless opportunities everywhere, but the real challenge is choosing the right one. The right opportunity helps us grow spiritually; the wrong one pulls us away from our purpose. If we learn to distinguish between right and wrong, we can walk the path that aligns with our soul.

In simple words:

Opportunities live with us. We don't need to find them. We only need to understand them.

And when we do, life becomes meaningful, peaceful, and divine.

Life is not something we should chase through endless opportunities.

Life *itself* is the opportunity.

And if we learn to live it wisely, we discover the real meaning for which we took birth.

Life is an opportunity—not something we search for, but something we are born with. Every breath we take, every moment we experience, and every decision we make is part of that divine opportunity. God does not send us empty-handed; He sends us with lessons to learn, paths to walk, and a purpose to fulfill.

The Lamp and the Darkness – A New Spiritual Example
Imagine a person holding a small lamp in a vast dark room.

The room is filled with darkness—so deep that nothing is visible.

But the moment the lamp is lit,
the darkness around begins to fade.

The lamp does not remove the darkness of
the whole room at once.

But wherever the lamp goes,
light follows.

This is the **spiritual truth of life:**

We are the lamp.

**Life is the opportunity
to spread the light we carry within.**

The darkness represents:

confusion,

fear,

challenges,

problems,

and the unknown path ahead.

Many people keep looking at the darkness
and say,

“Life didn’t give me opportunities. Life is
difficult.”

But they forget one thing:

The lamp was already in their hand.

The opportunity was always inside them—
the opportunity to illuminate,
to understand,
to grow,

to heal,
to move forward.

The lamp does not fear darkness;
it lives to overcome it.

Similarly, **life gives us opportunities
through the darkness we face.**

Without darkness, the lamp has no purpose.
Without challenges, our inner strength has
no meaning.

Every difficulty is an invitation for the lamp
to shine brighter.

**Life is not asking us to remove the whole
darkness of the world.**

**Life is only asking us to walk with our lamp.
Light will follow us.**

This is the spiritual essence:

The lamp is our inner wisdom.

The flame is our courage.

The light is our clarity.

The darkness is the situation.

The journey is the opportunity to bring light
wherever we go.

When we understand this,
we stop blaming darkness
and start trusting the light within.

**Life becomes an opportunity the moment
we decide to switch on our inner lamp.**

CONCLUSION

Life is not something we wait for—it is the divine opportunity we already carry within. Just like a lamp shining through darkness, our inner wisdom and courage light the path ahead. When we recognize this light, every challenge becomes a chance to grow, every moment becomes meaningful, and our journey becomes sacred. Life itself is the opportunity—and when we live it with awareness, we discover the purpose for which we were born.

18

**Real Life vs. Philosophical Life
Through the Teachings of the
Bhagavad Gita**

The Bhagavad Gita teaches us that life is a battlefield—a **Kurukshetra**—where every person must fight their inner and outer wars. In books and philosophy, life appears calm, peaceful, and guided by ideals. But in the real world, life is full of challenges, fears, confusion, desires, and responsibilities. Arjuna too faced this same conflict: the difference between **how life should be** and **how life actually is**. In philosophy, the path is clear; in reality, the path is painful. Arjuna knew dharma, he knew right and wrong, yet he collapsed when life demanded action. This is exactly what we face today. Society pressures us, money controls us, and fear weakens us—just as Arjuna was weakened by attachment and doubt. The Gita teaches that true wisdom is not only reading life but **living it with courage**. Krishna did not tell Arjuna to run away from life; He told him to stand up, fight, and walk the path of righteousness despite fear, confusion, or pressure. Bookish knowledge shows us the

ideal; real life tests whether we can apply it. The Gita reminds us that balance comes when we bring wisdom (jnana) into action (karma). When we act without selfishness, without fear, and without attachment—that is when real life and philosophical life become one. The world may push us toward money and materialism, but the Gita teaches that our true duty is to live with clarity, purpose, and dharma. When we follow this path, even the chaos of modern life becomes meaningful.

Today, life has become much harder—there is more competition, less money, more hard work, more addiction, and less peace. Money is given more value than human life, and ordinary powerless people receive no respect. We ourselves make life harder and harder, until it feels like we live less and die more. Education has become just a time-pass process; there is no real value left for educated people, and even life itself seems to

have lost its worth. In today's world, only money has true value. If you have money, you can do anything; if you don't, nothing is possible.

“In my words, we have forgotten the real meaning of life. We do everything for money or for making more money, and the shortcuts we use to earn it only push us further away from life's true purpose.”

In the Bhagavad Gita, Shri Krishna again and again reminds Arjuna that the value of life does not come from wealth, status, or opinion of society—it comes from *dharma*, purity of actions, and the intention of the soul.

But today, we have shifted far away from this divine wisdom.

We try to make life easier with shortcuts, but in reality, we only make it harder.

We destroy the environment, harm others, and chase temporary pleasure, forgetting

that these actions only deepen our suffering. Krishna clearly warns:

“When desire takes over the mind, wisdom is lost. And when wisdom is lost, life falls into darkness.” (Gita 2.63)

Today, desire has become our master and money our new God.

Respect is given not to a good heart, but to a full pocket.

Devotion itself is measured by donations, not by purity.

Even the powerful truth that *God resides in every soul* has been replaced by the belief that *only wealthy souls matter*.

But the Gita teaches something very different:

“A person is elevated by his own mind, or destroyed by his own mind.” (Gita 6.5)

So when we blame God for our suffering, Krishna would simply ask us:

“Have you followed the path of dharma, or the path of greed?”

The painful truth is this:

We are the creators of Kaliyug.

Every time we harm nature, ignore humanity, or let greed rule our decisions, we increase the darkness we live in.

And every time we act with compassion, truth, and discipline, we reduce that darkness.

This is the real meaning of life according to the Gita:

Not to chase money, but to purify the mind.

Not to destroy life, but to rise spiritually.

Not to forget God, but to remember that *God lives in every human being.*

On the other hand, when we look at life through the language of scriptures and spiritual books, we find a very different truth. Life is described as **God’s gift**—simple,

sacred, and meant to be lived with compassion. “Live and let others live” is the core message. These words are as true as God Himself, yet very few believe them, and even fewer follow this divine path.

Today, people are creating their own hell. We harm others, destroy the environment, and chase money as if it is the only purpose of existence. Life feels hard, but the truth is that **we have made it hard**, not God. Through wrong decisions, greed, shortcuts, and selfish choices, we make our own life heavier and the world darker.

There is no clear direction left in society—no guidance to help us see the right path or understand the real meaning of life. Instead of moving toward truth, peace, and humanity, we move toward destruction, forgetting that life was never meant to become this way.

According to the *Bhagavad Gita*, life is not defined by money, power, or material success. Shri Krishna teaches that every soul is born with a *swadharma*—a unique purpose and duty given by God. When a person follows this inner purpose with sincerity, humility, and purity of intention, life naturally becomes meaningful, peaceful, and fulfilling.

In the *Gita*, Krishna clearly says that attachment to material gain leads to confusion, anxiety, and destruction of one's own inner peace. This is the mindset of **Kaliyug**, where people choose shortcuts, harm others, and destroy nature for temporary benefits. Krishna warns Arjuna that acting only for results—especially for wealth—creates bondage and suffering.

But when we act rightly, with a calm mind and honest intention, we walk on the path of **Dharma**.

And where there is Dharma, there is clarity, strength, and peace.

Shri Krishna says:

“Action done in purity, without greed or selfish desire, leads the soul toward its true purpose.”

This means that life becomes simpler and more meaningful the moment we stop worshipping money and start valuing life itself. God does not measure us by our wealth; He measures us by our *Karma*. When we choose the right decisions, follow the right path, and protect life rather than destroy it, we move closer to God and to our own spiritual destiny.

CONCLUSION

In real life, we run behind money, comfort, competition, and survival. We struggle, fall, fear, and often lose ourselves. But in spiritual books, especially the Bhagavad Gita, life is shown as God's gift—simple, sacred, and meaningful. The truth is that both worlds are real: the outside world pushes us toward greed, while the inner world calls us toward purpose. The difference lies in how we choose to live. When we let money lead us, life becomes heavy; when we let dharma lead us, life becomes peaceful. Real life tests us, but book life guides us. And when we bring the wisdom of the Gita into our daily actions, the two worlds finally meet—making life not just a struggle, but a journey toward clarity, strength, and spiritual freedom.

19

**Is Career More Important Than
Life? – A Deeper Spiritual
Understanding**

In today's world, people often believe that career is the most important part of life. Society teaches us that success, money, position, and recognition are everything. Because of this pressure, many forget that life itself is far more precious than any job or title. A career can be built again, but a lost life cannot be recovered. This truth is simple, yet often ignored in the race to achieve more.

A career gives us comfort, stability, and identity. It shapes our lifestyle and helps us fulfill responsibilities. But life is much bigger than a career. Life carries emotions, relationships, health, inner peace, and spiritual purpose. Without these, even the highest career position feels empty. We see people every day who earn more than enough but live with stress, loneliness, and confusion. Why? Because they lost themselves in the chase for success and forgot the meaning of living.

God did not send us to Earth only to work and earn. He gave us life to grow spiritually, to learn lessons, to experience love, and to become better human beings. A career is just a small part of the journey—a tool, not the purpose. Life is sacred because it carries the soul; career is temporary because it belongs only to this world.

A Story That Reflects the Truth

Imagine a man climbing a mountain. His goal is to reach the top because the world tells him that only the top has value. He climbs without rest, ignoring hunger, avoiding family, and pushing his body beyond its limits. As he reaches higher, the air becomes thinner, and his strength decreases. Finally, he reaches the peak, but he is too exhausted to enjoy it. He stands alone, tired and breathless, and realizes that he left behind everything that made the journey meaningful.

This is how many people treat their careers—chasing the peak while losing the joy of the climb.

The mountain peak represents success; the climb represents life.

If the peak destroys your health, your relationships, your peace, or your happiness, then reaching the top has no meaning.

The Balance God Wants Us to Learn

Life and career are not enemies. They are two sides of the same journey. God wants us to work, grow, and succeed—but not at the cost of our inner world. When career becomes more important than health, relationships, morals, or peace, it begins to control us rather than support us. A balanced life is God's plan: work with dedication, rest with peace, love with sincerity, and live with awareness.

A career can always be rebuilt—people change jobs, start new paths, learn new skills. But once physical health is damaged or mental peace is broken, the healing takes years. And once precious time with loved ones is gone, it never returns.

The Spiritual Perspective

From a spiritual viewpoint, life is the journey of the soul, and the soul's purpose is learning, growing, and rising. Career belongs to the material world; life belongs to the eternal world. A career will stay behind when we leave this Earth, but the actions, compassion, and peace we carry in our hearts go forward with our soul.

So, is career more important than life?

The answer is clear: Life is the foundation; career is just a branch. Without the foundation, the branch cannot stand.

The Ultimate Message

Live your life in such a way that your career supports your growth—not your stress.

Let your work bring peace, not pressure.

Let your success bring humility, not ego.

Let your decisions be guided by wisdom, not fear.

A blessed life is not the one with the highest career—it is the one lived with purpose, peace, and love.

In the modern world, we run endlessly toward a better career, believing that success lies only in wealth, status, and recognition. In this race, many people leave their families behind, ignore their emotional needs, and sometimes even compromise their values. Money has gained such power that we rarely pause to think before choosing a path—even if that path leads to harm, dishonesty, or the destruction of someone else's peace. We forget a simple truth: without life, no career

can exist, yet we sacrifice life's real meaning to build a career. In the desire to reach our goals quickly, we often choose shortcuts that damage our integrity and disconnect us from our purpose. A career should guide us toward who we are meant to become, but only when it is built on the right direction, right intention, and right effort. When our vision is clear and aligned with truth, the journey becomes meaningful; when it is clouded by greed or fear, we lose ourselves. The world may make it seem as if career is more important than life, but the soul knows otherwise. Life is the foundation, and career is just one of its many chapters. If we stay rooted in honesty, patience, and spiritual awareness, we can achieve our goals without harming others, without destroying nature, and without losing our inner peace. Success born from truth lasts forever, but success built on wrong actions collapses with time. In the end, the real purpose of life is not to run blindly, but to walk wisely—

toward a future that honours both our career and our soul.

Is Money Worth More Than Life?

In today's world, it often appears that money is worth more than life itself. We have reached a point where our value is judged not by our character, but by the weight of our bank balance. People exhaust their health, sacrifice peace, distance themselves from family, and even compromise their morals in the pursuit of wealth. Without money, survival feels impossible—so we begin to believe that life holds less value than the currency we chase. But this belief is an illusion created by society, not by truth. Life is God's greatest gift, a divine breath that cannot be bought, replicated, or replaced. Money is created by human hands; life is created by the Divine. Money may provide comfort, opportunities, and security, but it can never offer meaning,

love, or spiritual fulfillment. When we place money above life, we forget who we truly are. In reality, money has value only because life exists; without life, money loses all purpose. So, in my words, money will always have less worth than life—because life is sacred, while money is merely earned.

But in today's life, money has more value than life. We can say that money is everything; we can't even imagine life without it. Today, money gives us the meaning of life—if we don't have money, then the only meaning of life becomes earning it. You don't have value without money, no matter what you do. Even if you are well-qualified or educated, without money you will be called a loser and treated as if you have zero worth. No one helps you come out of such a situation because everyone carries one strong belief—**money**. People do things for money, not for living a healthy or meaningful life.

So we can say that we have forgotten the real meaning of life while running after money. Today, we live to earn money or to become rich, not to fulfill the true purpose of life. Life seems to exist only if we have money, and without money, we feel we have nothing. Even though we have a mind, we use it only to think about how to become rich or how to earn more. If you think differently or try to live life by fulfilling its real meaning, people call you a fool—because without money, life seems impossible. Your mental focus remains only on how to earn, and you cannot even think about life beyond money.

We ourselves destroy so many lives for the sake of money because we give more value to money than life. We forget the real meaning of life, which gives value to our existence. Life has its own purpose, but money hides it. We reach a point where we can't even think or breathe without money.

Today, we have created systems that run on money. These systems need money to function, and without money, they make you feel helpless. They fool people because we built these systems based on money. Humans are not always right; they make mistakes and choose wrong paths because humans are human—not God. Yet some people consider themselves God and create such nonsense systems, and everyone follows them blindly. Anyone who tries to do the right thing in the present situation gets suppressed by the system or by people who misuse power.

So we can say that life is good only when we take the right decisions in the wrong times and choose the right direction to reach the true path that fulfills the real meaning of life. But today's system does not allow this. It only allows us to earn money or live a life centered around earning money—nothing

more. And people follow this with closed eyes. So it is we who create Kaliyug, not God.

Today, people feel proud identifying with Ravan, because he had everything—power, wealth, luxury. But in the end, everything he had destroyed the real purpose of life and helped create Kaliyug. People follow Ravan's path because while his ending was bad, his life looked grand like a king. It seems easy to follow, and people hope to grow rich the same way. But is this the right way to live life? Is this the real meaning of life? Do we live just to complain that God is not helping us?

Life has meaning when we have a sound mind, good health, and an environment that allows us to fulfill its true purpose.

Today, money speaks more than life. Money has its own value and its own language. Those who follow it have a purpose, and those who do not are considered to have no meaning in their life and must work

endlessly to earn because they have nothing. Everything works according to money because **we** created a system that follows money.

In my words: If we have a mind capable of creating a system that follows money, we also have the mind to create a system where money follows human values. We need to work on that.

It is possible—we only need to destroy the “Ravans” within and open our eyes to the reality. Only then can we eliminate those things that destroy the true purpose of life. We can create peace and a system that values life. We just need to understand the situation, focus on the real meaning of life, and make decisions that lead us in the right direction.

So we can say that life has a meaning far greater than money.

In the real world, money and career seem bigger than life—but only because society has

blinded us. We created systems where money decides worth, not humanity. But the truth from every scripture, including the Bhagavad Gita, is simple: life is always greater than money, and the soul is always greater than any career. When we chase success without wisdom, we lose our peace; when we chase money without purpose, we lose ourselves. Real life may push us toward greed, fear, and competition, but spiritual life reminds us of clarity, balance, and dharma. The moment we choose the right actions over shortcuts, truth over selfishness, and peace over pressure, life regains its meaning. Career and money matter, but they are not life—they are only parts of it.

CONCLUSION

When we value life first, everything else falls into the right place.

20

**Ups and Downs, Highs and
Lows: The Sacred Balance of Life
Through Ups and Downs:
Walking the Spiritual Path with
Strength**

Life is simple—as simple as we choose to make it. This is true. But the ups and downs, the highs and lows, also have their own place and purpose. Everything in existence has two sides. Life may be simple, yet we cannot imagine it without challenges and changes. Ups and downs are not mistakes; they are a natural part of the journey.

No matter how simply we try to live, we will still face happy moments and difficult ones. But this does not mean we should leave the right path or choose the wrong one just to escape our struggles. The real test of life is how we walk through our highs and lows. The right direction gives us the strength to rise again, while the wrong direction can pull us deeper into confusion and suffering.

Life has its own meaning, but by taking the right actions during our lowest moments, we can transform our lows into highs and our downs into ups. Everything happens—ups, downs, highs, lows—but what truly matters is

the decisions we take during those moments. A right decision leads us toward the true purpose of life; a wrong one leads us into darkness, destruction, and a life without meaning.

Life becomes beautiful when our decisions are beautiful. Yet it is during our lowest phases that we often make the worst decisions, because guidance becomes limited, and loneliness becomes stronger. No one can always teach us what is right or wrong—it depends on our mental strength and clarity. If we understand the situation, we grow. But if we fail to understand—something very common in today's lifestyle where people chase money over peace—we fall into mental stress, wrong choices, and destructive actions that harm both life and nature.

Sometimes we destroy our own peace by choosing unhealthy ways to get what we want. In doing so, we lose the real purpose of life. But if we accept highs and lows as

part of our journey, we never lose hope. Hope guides us to the right path, helping us rise again and grow with understanding. The final choice is always ours.

During our lows, negative thoughts and energies pull us down, making us vulnerable to poor decisions and mental exhaustion. But if we learn to face negativity and convert it into positive strength, we can make better decisions, build a healthier life, and understand the true meaning of our existence.

Life depends on how we face our highs and lows. Every life has meaning, but only those who learn to stand strong in difficult times discover it deeply. Many say that our lows teach us the greatest lessons—and this is true. When we understand the process, the situation, and the purpose behind our ups and downs, we rise wiser and stronger.

Life has a divine purpose. If we walk through its process with the right decisions, we grow spiritually, emotionally, and mentally. Even during our highs, we must remain aware, because sometimes in joy we take careless decisions that may harm our future peace. Never forget the purpose of life, for it is a blessing. Let your decisions uplift you and others.

Some say life itself is the best teacher.

"In my words: if we learn from God, we become the best teachers of our own lives."

YOGESH SHARMA.

Never lose hope. Do your best. Seek God's guidance, for His teachings help us walk through every moment with clarity. When we follow the path that God has chosen for us, we become stronger, wiser, and more peaceful. There is nothing greater than God. If we seek His blessings and walk His way, life becomes meaningful.

We are the children of God, and it is our responsibility to understand His language—love, kindness, patience, and truth.

My message is simple:

Love life. Live it in a way that fulfills your purpose and brings goodness to yourself and others.

Life flows like a sacred river—sometimes calm, sometimes violent, yet always moving toward its purpose. Our ups and downs are like the changing currents of this river. When the waters rise, we feel powerful; when the waters fall, we feel weak. But the river never stops, and neither should we. The spiritual truth is that God shapes us through both the calm and the storm.

Take the example of a **lotus flower**. It grows in dirty, muddy water, yet it blossoms pure and untouched. The mud represents our lows—the struggles, disappointments, and painful moments we face. The lotus

represents our spirit, which has the power to rise above everything when guided by faith. The lotus never complains about the mud; instead, it uses it to grow stronger and more beautiful. Similarly, our difficulties are not meant to destroy us, but to prepare us for our higher purpose.

When life pushes us into darkness, it is God's way of teaching us to search for our inner light. When life lifts us up, it is His reminder to remain humble and grateful. The highs teach us joy; the lows teach us wisdom. Both are necessary. Just as the lotus trusts the process of nature, we must trust the process of God. He knows when to test us and when to bless us.

The spiritual message is simple:

Your ups and downs are not signs of failure—they are signs that God is shaping you.

Walk with faith, and even the darkest night will guide you toward your true light.

Life is like the moon in the sky—always present, always changing, always moving through phases. Some nights it shines fully, filling the world with hope. Other nights it becomes thin or disappears behind shadows, making us feel lost or uncertain.

But the moon never truly disappears—it only waits for its time to shine again.

Our lives are the same.

When blessings are bright, we feel confident and joyful.

When challenges appear, we feel dim and powerless.

Yet every phase serves a spiritual purpose.

The truth is: God shapes our soul through both light and darkness.

The bright phases teach us gratitude and celebration.

The dark phases teach us strength, patience, and inner wisdom.

Just as the moon trusts the rhythm of the universe, we must trust the rhythm of God.

He knows when to test us, when to hide us for growth, and when to lift us into full radiance.

Take the example of the moon in the night sky.

The moon does not shine on its own; it reflects the light it receives from the sun.

In the same way, our soul reflects the light of God.

But notice something deeper:

The moon goes through phases—sometimes it is full and bright, sometimes half, and sometimes nearly invisible.

Yet even on the darkest night, when the moon seems lost, it is still there—whole and complete. The darkness only hides it for a while.

These phases represent the **spiritual journey of life**:

When the moon is full, it symbolizes our **moments of clarity, success, and blessings**.

When the moon is half, it symbolizes our **periods of confusion and imbalance**.

When the moon is barely visible, it symbolizes our **deepest struggles—when we feel God is far or silent**.

But just as the moon never loses its light, **our soul never loses its connection with God**, even when life feels dark.

The moon never fights the darkness; it simply keeps orbiting with patience, trusting that the light will return.

Similarly, when life places us in difficult situations, it is God teaching us:

to trust His timing,

to hold on to faith,

to understand that darkness is temporary.

When life brightens again, it is His reminder to remain humble and grateful, because every phase has a purpose.

The full moon teaches us to celebrate.

The new moon teaches us to reflect and grow.

Both are necessary for the soul.

Just as the moon follows the path set by the Creator, we must follow the path God has written for us. He knows when to dim our light to teach us and when to brighten it to bless us.

Choosing the Wrong Path Leads Nowhere

Let us take an example from real life:

When a person is in a bad condition or chooses the wrong direction, they may still make plans, work hard, or put in great effort – but the truth is simple: **a wrong path can never lead to the right destination.**

No matter how much effort we put in, if the

direction is wrong, the destination will never come. Instead, we face more struggles, more confusion, and more pain. The problem is not our hard work – the problem is the path we choose.

Example from the Ramayan – The Downfall of Ravan

Ravan, the King of Lanka, had everything – power, wealth, knowledge, and strength.

He had the finest palace, the greatest army, and unmatched intelligence.

Yet, he chose the wrong path:

He tried to harm God

He destroyed the peace of others

He acted with ego, pride, and hatred

He won many battles, but in the end, **he won nothing.**

His wrong decisions led him to destruction.
This example from the Ramayan teaches us
that even if someone has everything, a
wrong path will take everything away.
What remains at the end is **nothing but
regret.**

God destroyed Ravan not because of power,
but because of **Ravan's own choices.**
This is a clear teaching for all humans:
**Do good, create peace, help others, and
you will gain blessings.**
**Do wrong, harm others, destroy peace —
and nothing good will remain.**

Understanding the True Meaning of Life

Life's real meaning is simple:
**Do things with love. Do what is right. Do
good for others.**
Even if we face failures, it does not mean life

is finished.

Failure for one person is not the same for everyone.

Hard times do not give us the right to spread negativity or create Kaliyug around us.

Life means:

Live, and let others live.

Always have faith in God. Faith gives strength in bad times, but the final choice is always ours.

If we follow God's way, we may face difficulties —

but at the end, God blesses us with peace, success, and protection.

If we choose the wrong way, life becomes harder, and eventually everything breaks.

When we have everything, the decisions we make at that moment show the **true worth of our life.**

If we understand God's teachings, we reach our destination.

If we ignore them, we reach nowhere.
At the end, only consequences remain —
God does not punish, but our own choices
do.

This example clearly shows:

**Life has its own worth — whether you are
rich or poor.**

**Those who understand the meaning of life
receive blessings.**

**Those who do not, face the results of their
own actions.**

Final Teaching

God helps those who help themselves.

Walk the right path, do good, stay pure — and God will always stand with you.

Life is a balance of highs and lows, a sacred rhythm created by God. Our struggles are not failures—they are lessons that shape our spirit. The real meaning of life appears when we make the right decisions, even in our darkest moments. Money and power may distract us, but faith, clarity, and purpose guide us back to truth.

Like a lotus that blooms from mud, we too can rise from our difficulties when we trust God's process. Every high teaches joy; every low teaches wisdom. When we walk with faith, life becomes meaningful.

CONCLUSION

Your ups and downs are not obstacles—
they are God's way of making you
stronger.
